



# SKILLS BYTE

## THE OAK TREE

A mighty wind blew night and day  
 It stole the oak tree's leaves away  
 They snapped its boughs and pulled its bark  
 Until the oak was tired and stark  
 But still the oak tree held its ground  
 While other trees fell all around  
 The weary wind gave up and spoke.  
 How can you still be standing Oak?  
 The oak tree said, I know that you  
 Can break each branch of mine in two  
 Carry every leaf away  
 Shake my limbs, and make me sway  
 But I have roots stretched in the earth  
 Growing stronger since my birth  
 You'll never touch them, for you see  
 They are the deepest part of me  
 Until today, I wasn't sure  
 Of just how much I could endure  
 But now I've found, with thanks to you  
 I'm stronger than I ever knew

JOHNY RAY RYDER JR.



## FROM THE PRINCIPAL'S DESK

*"The aim of education should be to teach us rather how to think, than what to think rather to improve our minds, so as to enable us to think for ourselves, than to load the memory with thoughts of other men."*

Bill Beattie



One of my deepest convictions, especially for my senior students, has been the ardent belief that if students are empowered with the right tools and skills of leadership and accountability, they can think independently and act responsibly. The only thing that they need is to get enough opportunities to translate their powerful thoughts and intent to concrete and effective action. From Youth Leadership Summit (YLS) to greater responsibilities in Prefectorial Board, the purpose of all initiatives and events has been to nurture their leadership skills for action and change. They are our beacon of hope, our path to change.

The students of class XII were amongst the first group to start with online classes in March, 2020 and deserved a little respite from the continuous drill of classes and assignments. When they were to be given a short break, it was decided to make the last week of online classes from 8 to 12 June 2020, an entertaining and empowering experience for them. Since the students have been active partners in the discussion on online teaching learning process and articulated their views about the process with clarity through feedback forms, a special meeting called Student Led Conference (SLC) was organised with the Principal to let them steer their course of learning and be the captain of their ship. In the meeting, they systematically elaborated upon their learning hurdles and suggested corrective measures.

Apart from the SLC, the week long events included sessions on Stress Management and Self Growth, recreational activities- Music & Dance extravaganza etc. All activities saw huge participation of class XII students.

The endeavor, our maiden effort, was a small step to usher our students to the path of self realization and empowerment. I pray for more power to the young for they are the future of our country and the world

Geeta Gangwani

Principal

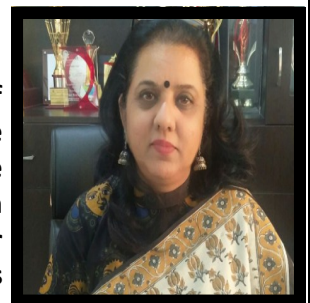
## FROM THE VICE PRINCIPAL'S DESK

Having started online classes quite early in the period of lockdown gave us an advantage of comfortable position with respect to syllabus covered in the online classroom. However, the concern that kept rising in all deliberations with stakeholders was the increasing cognitive burden on senior children. The students were battling with adults in the grim Covid situation and their distress was bothering us. After lengthy deliberations, an outline of program for last working week of June was curated. The objective was to break the monotony of syllabus transaction and also fulfill the goals of Socio Emotional learning.

The continuous spell of online classes was halted and replaced with a relaxed environment, and cultural extravaganza for the students. The entire program was an eclectic mix of cultural performances, workshops, conferences and PTM. All events were grand success and students enjoyed the journey of de-stressing and relaxation.

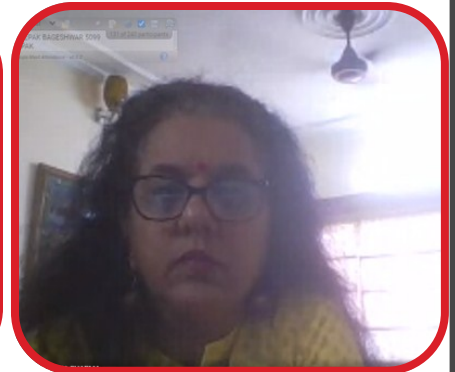
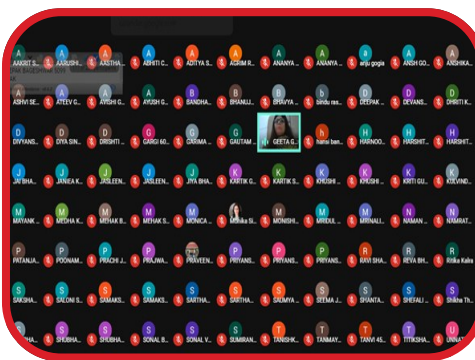
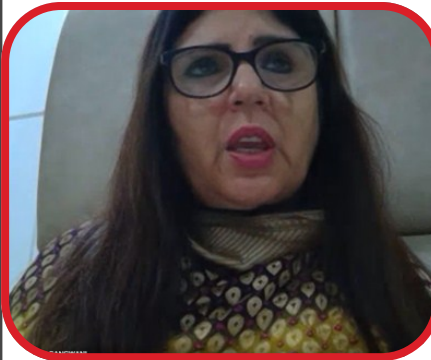
Bandhana Sharma

Vice Principal



## STUDENT LED CONFERENCE: STUDENTS LEAD THE WAY

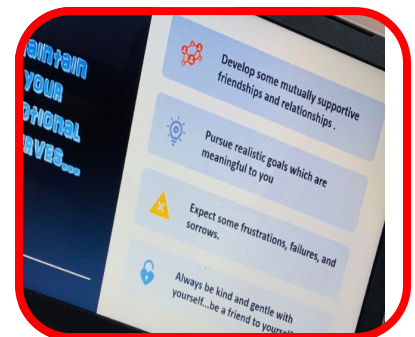
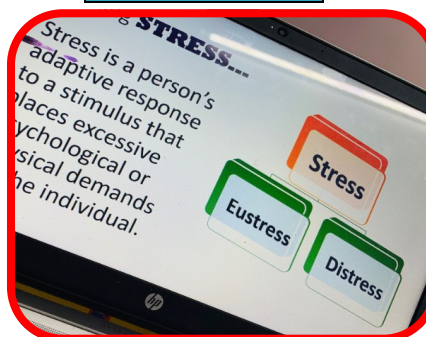
8TH JUNE 2020



Student led conferences-SLC is a special format of meeting in which a student plays a crucial role. Student takes the responsibility of analyzing his own performance and also, the process of learning. BBPS, Rohini, organized the similar format of meeting with students of class XII to address their concerns. The purpose was to bring them to forefront in the discussion on learning and let them take the onus of the same. The meeting started with Principal's address and thereafter, the students took the stage. The issues raised by them were deliberated on by the faculty. It was a first of its kind initiative and was successful.

## WORKSHOP ON STRESS MANAGEMENT

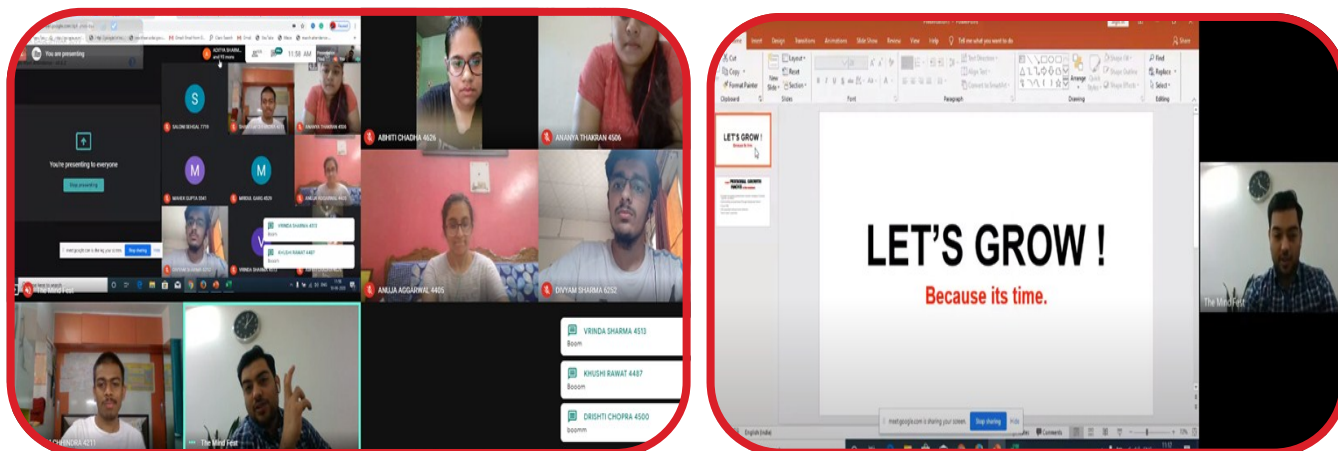
9TH JUNE 2020



The lockdown due to the pandemic has indeed proven to be a testing time for our students. They are struggling to adapt to the new virtual classrooms, teaching methodologies and their new routine. In the view of adapting to the new, they somewhere tend to feel stressed, feeling that they are not able to manage time properly which does affect them. Also, they are stressed as they are constantly under pressure of performing academically well in class XII. Hence, a session aiming to orient them towards stress management was taken by the school counsellor, Ms. Niharika. She discussed various strategies, skills and steps for effective stress management like planning, study time, and using real life examples. The workshop concluded with a doubt clearing session with the students in which she addressed all their queries and concerns.

## SESSION ON SELF DEVELOPMENT: PERSONAL GROWTH HACKS

10TH JUNE 2020



Mr. Kunal Arora conducted a session for class XII students on 10<sup>th</sup> June 2020 mentoring them about how to use social media for their benefit and connect with people who can help them get a job in their desired company.

### ◆ IDENTIFY OBJECTIVE OF SOCIAL MEDIA AND DETERMINE THE TARGET AUDIENCE

- ⇒ Leveraging the existing communication channels such as LinkedIn, Instagram, Twitter, Facebook etc.
- ⇒ Identifying the specific group of people they would want to reach out and present their work.

### ◆ BUILD A PERSONAL BRAND

- ⇒ Creating an account on LinkedIn and Twitter to reach out to anybody and everybody and to widen their network.

### ◆ CAREER DNA

- ⇒ Defining their key responsibility areas and key performance indicators. While KRAs follow directly from the job description of an employee, KPIs document the specific area in which an employee is expected to work.
- ⇒ Building a profile defining their skill set and experience in a particular field.
- ⇒ For example, if a person wants to become an HR Manager-
- ⇒ KRAs would include – Recruitment, Training and Development etc.
- ⇒ KPIs would include – Average number of training hours per employee etc.

### ◆ LIST THE AREAS OF INTEREST

- ⇒ Prioritizing their areas of interest to get a better idea of what career they want to pursue further.
- ⇒ Applying for online courses in the field they are interested in.
- ⇒ Many courses are available at Udemy, Coursera etc.

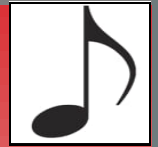
### ◆ INTERN, INTERN AND INTERN

- ⇒ Internship is important to get an experience of the field they are getting into.
- ⇒ Through LinkedIn, connect with people who can help them get a job at the company they want to work in.

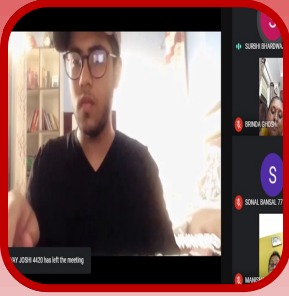


# MUSICAL EXTRAVAGANZA

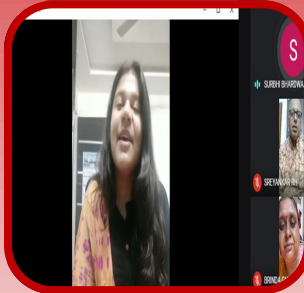
(SYMPHONY OF SONGS, MUSIC AND DANCE)



11TH JUNE 2020



**AGRIM GOEL**  
XII-A (2019-20)



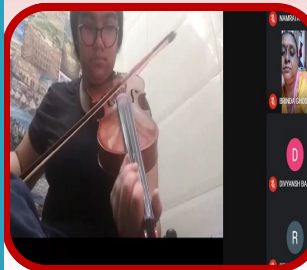
**ANANYA CHANDNA**  
XI-A



**MR. SANTOSH VISHKARMA**  
TGT, MUSIC



**SANA NAJAM**  
XI-D



**KAVERI**  
XII-D (2019-20)



**NAMEESH SACHDEV**  
X-C



**ARUSHI POLAMRAJU**  
IX-B



**MS. BRINDA GHOSH,**  
PRT MUSIC



**ANVESHA POLAMRAJU**  
VI-B



**AABHYA THYAGARAJAN**  
VI-C



Musical Extravaganza was a kin of therapeutic session for students. It was a spectacular effort by the school to entertain and relax the students. Some peppy to some heart touching songs made this session thrilling and enjoyable. The experience of virtual concert was new and joyous. The event concluded with a dance performance depicting human's fight against virus which further increase the level of optimism amongst the audience. In nutshell, it was an enthralling experience.

## PARENT-TEACHER MEETING

12TH JUNE 2020

Five day special programme for the class XII culminated with PTM. The section based PTM was chaired by Vice-Principal, Ms. Bandhana Sharma and was conducted by the Class Teacher. The meeting was structured to apprise parents of all that has been achieved in the first phase of online teaching and pedagogy involved. The PTM ended with an openhouse wherein the parents raised their concerns which were duly addressed.

## PLAUDITS FROM THE STUDENTS

Staying away from the most loved place of our lives, SCHOOL, has been the hardest thing to cope with. Everyday only one question arises from within "When will the school reopen?".

During this miserable time of Covid 19, I am proud to say that my school teachers have not even failed an inch to make it all easy for the students. May it be academic or an extra-curricular activity. The last week of online classes included wonderful sessions about everything but studies. The first day was an extremely important Student Led Conference accompanied by all the teachers and respected authorities of the school for the review of all the classes in which the forefront voice was of the students.

After that, workshop on Time Management and Stress Management was taken by the school Counsellor Ms. Niharika which helped every student to manage the crisis better. Then we had a session with the Mind Fest led by the alumnus of our school Mr. Kunal Arora. It talked about how can we use our time at home productively on social media. The last day was musical session with school artists and young singers.

Overall, the last week was full of happiness and hope with everything positive. Together, we all can and will come out of the crisis of Covid-19. Thank you so much to the Institution and my dear teachers who have put their heart and soul to make us realize that anything is possible and we have to be positive.

**VRINDA SHARMA**

(XII-D)

As the coronavirus pandemic raged over the entire world, shifting to online education was a totally new experience for most of us. With waves of uncertainty and nervousness all around, even little things became stressful at times.

Thanks to these recreational and counseling session that helped me de-stress from deep within. The Student Led Conference was a great initiative as I realized from deep within, that we're all in this together and we have no barriers if we support each other. Also, the session on Stress Management was very relatable and solution-oriented. Since, we did have a little more time in our hands during the vacations, thanks to Kunal Sir for giving us the right guidance at the right time about exploring our interests and doing internships.

It was immensely pleasurable to attend these one of a kind sessions and I look forward to more of them in future.

**GARIMA SRIVASTAVA**

(XII-A)

## PLAUDITS FROM THE STUDENTS

The last week of online teaching before summer break was really relaxing and informative. The session with Principal ma'am really gave us clarity about our queries. The stress management workshop by Niharika ma'am was very beneficial too for helping us organize our day and keep our minds calm during the lockdown. The third day with Kunal Sir was very informative and inspiring. And the last musical fest day was very enjoyable and soothing for us. The whole week just helped us break the monotony of our daily lives.

**ABHITI CHADHA**

(XII-D)

The five-day online program started on 8<sup>th</sup> June 2020 wherein a Student Led Conference was organized for the students of class XII with Ms. Geeta Gangwani, our Principal. It was a very fruitful session as the queries of all the students were heard and looked upon. Our feedback was considered necessary to progress with the planning of future online classes. The program was followed by various counselling and recreational sessions on Stress Management, Skills for Lockdown, Musical Stirrings and PTM. The students were told to utilize this time productively along with taking care of their mental health. It was a really enriching experience for all of us.

**SABHYA GUPTA**

(XII-D)

The e-session comprised of Student Led Conference with Principal ma'am wherein our feedbacks about the ongoing e-classes were taken. We also immensely enjoyed the Stress Management and skills for lockdown session by our counsellor and musical shows by our juniors. The overall session was recreational and helped us de-stress.

**MAHIMA MINOCHA**

(XII-C)

The session was very good. These were a nice and required change from the daily subject classes we used to have. The sessions were very interactive. We got to learn a lot about many things besides the usual studies. They were relaxing, entertaining and very beneficial for all the students who attended.

**BHAVYA BHATIA**

( XII A)