



Bal Bharati
PUBLIC SCHOOL
ROHINI

Creative Reflections on Corona



SIDH WADHWA ,III -B

"While we try to teach our children all about life, children teach us all life is about."



During the lockdown period, all this while, when we are engaging our children in synchronous and asynchronous online teaching and are trying to ensure their academic, social and emotional well-being, our children are engaging with the tough times with their own worldviews and perceptions. It amazes me to see that that the children who we are trying to handhold with our experience and expertise, are the ones who can teach us such important life lessons. When the

publication committee conceptualized the idea of a creative release and decided to make it a compilation of creative write ups by students about Covid-19, I had no idea that children and their view of the world could be so inspiring and innovative. It is noteworthy that their expressions aren't about the disease, the fear or even worse, the suffering. Instead, they are about how the Covid-19 pandemic has created "The New Normal". Their creative reflections on corona validate the fact that students have the ability to look beyond today and imagine and create a better tomorrow. The creative expression of the children is not limited to poetry or articles but has extended to visual and performing arts. Not only this, the students have brought several laurels by winning prizes for their splendid creativity by participating in various online art competitions and these are at a glance for you on the next page.

The staff has also been working tirelessly to draw out the best of students' creativity by engaging them in multiple tasks. At the same time, they themselves have been utilizing this phase to hone their existing skills and learn new ones, bring forth their latent talents and creatively express themselves.

Dear Parents, Readers and my dear Children, during the compilation of this magazine, I was filled with positivity and with newer insights into the most dreaded word of the century, *Corona*. As Dr Henry Link said and I quote " *We generate fear when sit. We overcome them by action*". I am sure that our children, with their calculated actions under guidance of teachers and parents will emerge out of this challenge as winners, ready to conquer their dreams and achieve success.

I hope these creative reflections of our children and staff members fill you with wonder and give you an endless bounty of hope and sunshine.

Geeta Gangwani
Principal

Golu and Dadi learn about Covid19 Precautions



- By Hitesh Bhardwaj, X A

I'm coughing since night

Let's go and get you tested

Namaste Mrs. Sharma, your Covid19 test is negative but you need to be cautious.

Please tell me what to do, Doctor

To do list

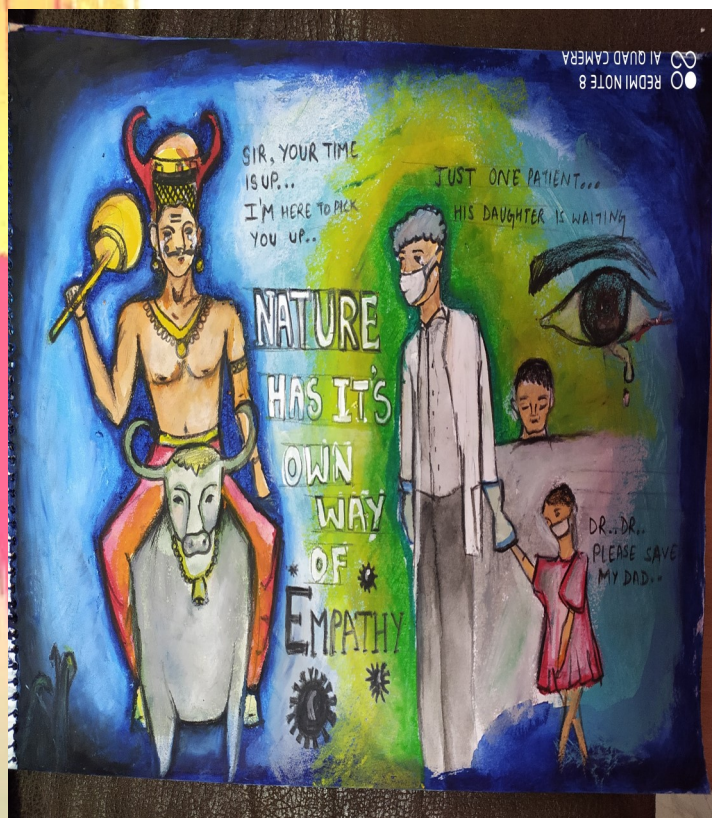
- 1 Wash hands after few intervals with an antiseptic soap or sanitizer
- 2 Hands should be washed for atleast 20 seconds
- 3 Avoid Crowded places. Better stay at home
- 4 Wear a mask if you step out
- 5 Wear gloves if you go out to buy grocery etc.
- 6 Eat Immunity boosting food

CANVAS OF CREATIVITY

*Drawing and Painting Competition organized by
Rajiv Gandhi Foundation*



I Position : ARJUN MALIK , IX - A



Consolation : DYUTI JAIN , X - B



Consolation : SHUBHAM SEHGAL , V -B

BEING CREATIVE IN LOCKDOWN

It is about lock down, Here I share,
What happened in my town.
It all started with "Janta Curfew"
The public of India was made to stay at home and
Working was allowed to just a few
Our PM announced the country to be locked down,
All the parks ,malls and shops, Were all shut down
Now the School is closed for a long time
I miss my Teachers, Friends, School prayers and
rhymes
How long will my life be on PAUSE,
I asked God
With my Fingers Crossed
Doctors, Nurses, Cleaners and Policeman
Serve the best they can
The good thing is that now family has
Time to spend together
Enjoy the breeze in pure and pleasant weather
Water in the River is now pure
Air is good to breathe for sure

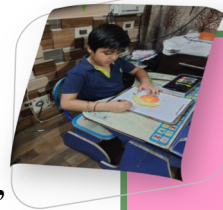


Vanshika Kalra
III -E

Never saw deep blue sky
Twinkling stars at night
Full moon so close to eye
Wash your hands frequently
Don't touch nose
And wear mask
Days passing fast
Day and night look alike
Missing loving teachers
Classmates out of sight
No Pizza, no burger
Daily roti pulse rice
Now corona go go
Bring everything, as was in life. III -C



KRITISHA AGARWAL



Sitting on my bed sometimes
I play games and eat fine
Can't go play outside,
But will stay safe inside
And will tell all to do
It is only for days so few

Arnav Bhatia
III -D

I would like to share a glimpse of my life during lockdown. I usually begin my day with some exercise. I help my mother with the household chores. I watch the videos provided by the teacher and try to complete the homework the same day. I also revise my homework again after completing it. My mother also helps me in my studies and I get to spend a lot of time with my grandpa. We chat together and play games. It is difficult to stay inside all day; I miss my school and my friends. I miss playing outside. But on a bright side, I am able to spend more time with my family. We enjoy loads of board games like ludo, the game of life, Uno etc.



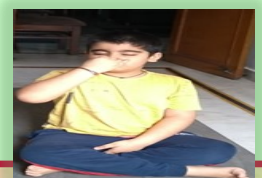
Nysa Suri
III -B

I am having a wonderful time, yes I miss my school and teachers but these memories will be my childhood memories forever. I can now do many fun activities with our family members. It is the "Family Time". I did many indoor Physical activities to keep myself fit like Yoga and footprint game. I played carom, Ludo, tic tac toe and many games with my family. I learnt to help my Mother in the kitchen and we made delicious food together. My mother taught me painting too, I made beautiful paintings. My father taught me computer and we played our favorite games too.

Whenever I miss my friends during this time I give them a video call and we play online "Ludo King" game too. It doesn't seem like we are at a distance. The best part of this Corona Time is that we have internet to contact our loved ones.

My message to everyone is to "Enjoy this time and Stay home Stay safe."

Mietul Sharma
III-B



BEING CREATIVE IN LOCKDOWN

I am so bored
Sitting at home
There is nothing much to do.
Corona is spreading,
In Paris and Rome,
And now in India too.
All my days
Feel the same
During this time.
I have played
Every game
Oh I hate quarantine!



I get homework
Every day
There is so much of it!
In my home,
I have to stay,
Which I don't like a bit.
My mother cooks
Loads of tasty food
And my sister plays with me
Right now my family is
The only thing that's good.
Go corona! Let me be free!

Akshita Arora
IV-C



The parks are vacant
And the roads deserted.
Where are my friends
With our games perfected?
It's restricted us to our homes
Far away from the school.
Yet given us time
To excel the skills so cool.
I can now at a stretch,
Skip a hundred times.
And read to my sister
All her nursery rhymes.
It is indeed the time
To hear the birds chime,
To Flaunt My Chefs Apron
And line up my books for a reading
run.
It's brought me all the opportunities
To learn lives nitty grittiest.
And all I want to pray
Is to make corona go away.



Abbir Dhawan
IV - A

When the whole nation is under a lockdown,
I enjoyed a lot by spending time with my sister and parents in town.

I just hope everyone is safe,
And fighting this like brave!
I miss my friends and playing outside,
But soon will see a different side.
I salute all Corona Warriors for their help
My God keep you healthy and well.

Eshanya Sethi
IV -D



My Hope...

Not all things are good
Not all things are bad
Everything has a lesson to teach
To stay away from virus corona's reach
Social distancing is the only cure
If we stay home we will stay safe for sure
Challenge is to be mentally tough
COVID -19 infection can have consequences rough
But there is nothing to fear
Positive attitude puts life in speedy gear
This phase too shall pass
Soon we will be back to school in our class.

Vidushi Chawla
V -B



SHUBHAM SEHGAL, V -B

I wonder what's the age of time,
Whether it is nine or ninety nine?
For days are giving a tedious feel,
But that's not the entire deal.
For this slow moving sphere has enlightened me with the power of generating happiness,
And be contented in less.
It gives me immense pleasure to see a cheerful smile on everybody's face,
Despite of the arduous circumstances that we have to face,
Also, it gives a break from running in everyday's race.
It feels so serene while watching the clean nature,
And those little and lovely creatures.
Time is moving so slow,
And so is the life's flow.
But this global pandemic has given us the laughter of a generation,
Which is beyond our imaginations.
These are memories which I won't forget for years,
For they are full of laughter and tears.
AND SO IS MY LIFE IN CORONA TIMES.

Divyansh Trehan
V -D



When I heard about the lockdown, initially, I was very excited. I loved the time my family and I got to spend together. I made a routine-I woke up at 6:00, did yoga at 7:00 and had yummy breakfast at 10 o'clock, everyday. Then my study time used to start from 12 till 2pm. I enjoyed my online studies during these days, and I attempted all my assignments that came from my school .Then, I used to help my mom in the kitchen and house hold chores. She became very happy to see me helping her. I even made a list of fun filled activities for myself. I enjoyed the cooking experiments, too, but now I wish that this lockdown period finishes soon because I want to fly like a bird to meet my friends and teachers. **I hope they all are safe and healthy in their homes.**

SONAKSHI SAINI

V -B



अनुभूति

कभी न सोचा था कि परिस्थितियां इतनी आश्चर्यजनक होंगी,
हवा शुद्ध, परन्तु चेहरे पर मास्क लगाना फिर भी आवश्यक होगा।
सड़के खाली, परन्तु लॉग ड्राइव पर जाना असंभव होगा।
जब सालो बाद, गंगाजल शुद्ध हुआ तो,
उसकी एक बूंद भी पाना नामुमकिन सा होगा।



कभी ना सोचा था कि, संपूर्ण शिक्षा प्रणाली इस छोटे से फोन में समा
जाएगी।

जिन दोस्तों से रोज़ मिलकर इतने पंगे लिए जाते थे, उनकी भी कितनी याद
आएगी।

रोज़ - रोज़ ऑफिस के काम से ऊब जाने वालों को भी, उन लंबी इमारतों की
याद आएगी।

गरिमा श्रीवास्तव
बारहवीं 'ए'

विश्व विजेता- भारत

भारत को विश्व विजेता बनाएं।
आओ ऐसा कुछ कर दिखलाएं।।
बच्चा- बूढ़ा योग दे जिसमें,
कोरोना को हम दूर भगाएं।
आनलाइन हम बात करें,
आनलाइन ही करें पढ़ाई।
दूर से करें सादर नमस्ते,
नहीं किसी से हाथ मिलाएं।
भारत को विश्व विजेता बनाएं।।
बीस सैंकेंड तक हाथ धोएं हम,
चेहरे पर हम मास्क लगाएं।

घर में बनाएं, घर में खाएं,
व्यायाम करें और सेहत बनाएं।
भारत को विश्व विजेता बनाएं।।
घर में बैठ कर करें देश सेवा,
क्यूं हाथ से यह वक्त गंवाएं।
सोशल डिस्टेंसिंग का पालन करके,
भारत को कोरोना मुक्त बनाएं।
आओ ऐसा कुछ कर दिखलाएं।
भारत को विश्व विजेता बनाएं।।



आशी गुप्ता
पाँचवीं 'बी'

अरे, दोस्तों यह कैसे दिन आए ?

ढेरों छुट्टियां आईं

पर मना नहीं पाए,

गर्मियां आईं, आइसक्रीम लाईं,

पर खा नहीं पाए।

पापा लाए नई गाड़ी,

पर हम कहीं घूमने जा नहीं पाए।

रोज़-रोज़ स्कूल जाने से कतराते थे,

पर अब घर में रहकर भी भर पाए।

साफ, स्वच्छ हो गई हवा और वातावरण,

पर चैन एक पल भी आ ना पाए।

नानी रोज-रोज बुलाती है, बर्गर भी बनाती है,

पर हम जा नहीं पाए।

पर, कोरोना का यह समय भी चला जाएगा,

नया सवेरा, जरूर आएगा,

जिंदगी की रेल पटरी पर आ जाएगी,

उम्मीद, हौसला और साहस ही हमें
विजयी बनाएगा।



आदिशक्ति चौहान
पाँचवीं 'बी'

आया आया कोरोना आया

सारे संसार को समझ में नहीं आया

कोई बोले चीन से आया कोई बोला

अमेरिका से आया

चारो तरफ उत्पात मचाया

आया आया कोरोना आया

सबको घरों में बंद कराया

डॉक्टर, पुलिसवालोंको 24 घंटे काम

पे लगाया

स्कूल, कॉलेज भी बंद कराया

देश की अर्थव्यवस्था को भी धीमी

कराया

सबकी जुबान पे इसी की बातें

टीवी, अखबार में इसी की खबरें

दवाई कोई बना नहीं पाया

नहीं इसका कोई तोड़ निकाल पाया

आया आया कोरोना आया

प्रिशा अग्रवाल
आठवीं 'ए'



तालाबंदी-अपने से समन्वय

हूँ मैं उदास, हूँ मैं परेशान,
कोरोना ने किया है दुनिया का नुकसान।
स्कूल की छुट्टी करवाई, बंद करवाई
ट्यूशन,
बच्चों को मिल गया मस्ती का नया
मिशन।

मॉल भी बंद करवाए, सिनेमा भी बंद
करवाए,
बिठा दिया मम्मी पापा को भी घर
हमने की मस्ती, हमने की शैतानी,
मम्मी की हुई छुट्टी तो याद आई हमें
हमारी नानी।

कैसी है मजबूरी, कैसा है विचार,
नहीं करनी है हमें लक्ष्मण रेखा पार।
बहुत हुआ अब, बस करो सताना,
जाना है स्कूल, कोरोना को है हराना।

घर पर हो रहे हैं बच्चे बोर,
मिस कर रहे हैं क्लास का शोर।
अब घर बैठे हुए बहुत दिन,
कैसे करें पढ़ाई, टीचर के बिन।



आरना धवन
पाँचवी 'ए'

सुनो बंधुओं पूरे जग में आज आपदा
आई है, समझो इसकी भीषणता को, यह
दानव अंगड़ाई है। घर में संयम से
रहकर कोरोना दूर भगाना है।

सुनो बंधुओं पूरे जग में आज आपदा
आई है, समझो इसकी भीषणता को, यह
दानव अंगड़ाई है।

इटली-अमरीका जैसी तक को इसने
तड़पाया है, चीनी दानव-दल देखो अब
भारत में घुस आया है।

हाय कोरोना हाय कोरोना
चीन लेकर आया यह कोरोना,

सारी दुनिया शांत हो गई,
हवा भी अब साफ हो गई,
जीव जंतु खुलेआम हैं घूमते,
झरने नदियां भी अब साफ हो गई।

धरती माँ को मिला चैन है,
लोगों की थकान हटी है,
घर में अब ज्यादा आराम है।

परिवार मिलकर खेल रहे हैं,
एक दूसरे से जुड़ रहे हैं,
दूर होकर भी पास हुए हैं,
खूबसूरत यह एहसास हुए हैं।

रुकना यू संभव ना था,
ईश्वर का है यह खेल निराला,
धूप कड़ी है पर छांव भी है।
जल्द ही वह दिन आएगा,
फिर सुबह होगी वह,
जब कोरोना को हराकर,
भारत की विजय होगी।



अनन्या सोनी
छठी 'बी'

जिसने भी इसकी अनदेखी की वो मौत के
पास खड़ा, दिखता नहीं प्रत्यक्ष ये दानव
पर इसका आघात बड़ा।

करते सबल इसे हम अपने स्वार्थ-लोभ-
मजबूरी से, इसको केवल रोक सकेंगे हम
आपस की दूरी से।

मोदी जी के संदेशों को जन-जन तक
पहुँचाना है, घर में संयम से रहकर कोरोना
दूर भगाना है।।।



निव्याक्षी भारद्वाज
नवी 'बी'

हमें कोरोना को हराना होगा,
कोरोना को भारत से जाना होगा,
सबको मास्क लगाना होगा,
अगर बाहर जाना होगा,
घर में ही समय बिताना होगा,
परिजनों में प्रेम बढ़ाना होगा,
कोरोना शंका में डॉक्टर पर जाना होगा,
लॉकडाउन में ना घबराना होगा,
हाथ धोने का समय बढ़ाना होगा,
स्वच्छता का मंत्र फैलाना होगा,
पुलिस का हाथ बटाना होगा,
डॉक्टर का सम्मान बढ़ाना होगा,
मोदी जी का कथन अपनाना होगा,
उज्ज्वल भारत बनाना होगा,
कोरोना को नहीं फैलाना होगा,
मजबूर के लिए हाथ बढ़ाना होगा,
हमें कोरोना को हराना होगा,
कोरोना को भारत से जाना होगा।



शुभम सहगल
पाँचवी 'बी'

तो भी क्या दिन थे

मम्मी की गोद और पापा के कंधे
ना पैसे की सोच और
ना ही लाइफ के फंडे,
ना कल की चिंता और
ना ही फ्रियुचर के सपने,
पीछे मुड़ के देखा तो
बहुत दूर थे वो अपने, मंज़िलों को
ढूँढ़ते - ढूँढ़ते कहाँ खो गए हम
क्या सच में इतने बड़े हो गए हम



लावण्या कुमार
पाँचवी 'बी'

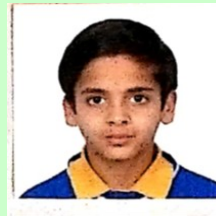
अनुभूति

मिलकर दोस्तों से ग़म जाता था भूल,
मेरे मन को बहुत भाता था स्कूल।
पर इस कोरोना वायरस ने जीते-जी मरवा दिया, पूरे देश
में ही लौकडाउन करवा दिया।
देर से सोने और उठने की आदतें पड़ गई गन्दी, सबको
घर में कैद करा कर बना दिया बंदी।
फिर से कब निकलेंगे होकर हम तैयार, खेलना कूदना
माल में घूमना छूट गया सब यार।
अपना घर ही बना घोंसला और मैं नन्हा परिंदा, मम्मी
पापा दादा दादी के प्यार से हूँ बस जिन्दा।
शुद्ध हवा है खुला गगन है और पंछी इतराते,
हो जिस हाल रहें सब खुश हमको यही सिखाते।
हर समय खुश रहना सीखें ओनलाइन हुई पढ़ाई, बहन
भाई संग खेलने की फुर्सत इस लौकडाउन ने लौटाई।
रामायण और महाभारत से मिलता अपनी संस्कृति का
ज्ञान, मम्मी के हाथों खाने को मिलता रोज़ नया पकवान।
तला भुना बाजारी खाना खाये हुआ ज़माना,
मां के हाथों का पौष्टिक खाना है सेहत का खजाना।
प्रदूषण का नाश हुआ लंबा बहुत अवकाश हुआ,
बुरा वक्त भी शिक्षा देता अब हमको विश्वास हुआ।



कुश
पाँचवी 'ए'

इतना डरा हुआ था कोरोना के डर से
दुबक गया मैं माँ की गोद में ।
समझ कुछ नहीं आता था
कमरे में ही बंद रह जाता था ।
तब माँ ने समझाया , पापा ने बहादुर बनाया
कोरोना से तुम डरो ना सिर्फ कुछ सावधानियाँ
बरतो ना ।
सिर्फ कुछ सावधानियाँ बरतो ना ।
घर में ही कुछ समय बिताना है
कैरम ताश लूडो घरवालों के साथ खेलना है ।
नई - नई पुस्तकों को दोस्त बनाया है
योगा और ऐरोबिक्स ने भी खूब साथ निभाया है ।
मम्मी का साथ देता हूँ घर के कामों में
दीदी के साथ भी मस्ती करता हूँ शामों में ।
सीखा है जीवन का एक नया सबक
घर पर रहना भी है कभी - कभी सुखद ।



युवांश जैन
पाँचवी 'बी'

सुबह सवेरे उठकर लेती मैं प्रभु का नाम,
और करने लगती जल्दी जल्दी काम।
नहाने मैं ना चलता कोई बहाना,
क्योंकि दसबजे मैडम ने है गूगल पे आना।
सारी पढ़ाई होती इंटरनेट से,
बचगए स्कूल जाने के झंझट से।
पढ़ाई खत्म होते ही मम्मी का होता फरमान, खाना बनाना
और सफ़ाई को दो जल्दी अंजाम।

हायरे कोरोना, अब तुम हमारा पीछा छोड़ो ना,
सीख लिया हमने यह पाठ सलोना।
साफ़ और प्रदूषणरहित रखेंगे अपनी धरा,
जिसको अभी तक गंदगी से है भरा।
डॉक्टर, पुलिस ,नर्स ने दी महान सेवा,
भगवान देना उनको इस अच्छे काम का मेवा।



नव्या मिनोचा
नवी 'बी'

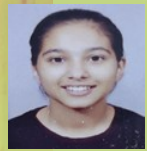
लॉकडाउन - एक अवसर

कुछ दिनो गर घर रहें तो घर सभी बच जाएंगे,
जो रहे मिलते-निकलते फिर न मिलने पाएंगे।
फ़ासले अच्छे नहीं होते कहा था हमने भी,
फ़ासले गर ना हुए तो फ़ासले हो आएंगे।
ये हैं बादल दुःख, पीड़ा, मौत औ बर्बादी के,
गर हुई नादानियाँ तो देर तक ये छाएंगे।
अपने भारत में ये पहुँचा कुछ जनों की भूल से,
वैसे ही इंसों इसे अब आगे भी पहुँचाएंगे।
जाति-पाती-कौम-मज़हब कुछ नहीं ये देखता,
क्या पता आगोश में अब कौन-कौन समायेंगे।
फिक्र भी करनी है हमें मज़लूम और लाचार की,
कुछ निवालों की व्यवस्था करके ही हम खाएंगे।
बात मानों डॉक्टरों की ,मोदी जी की भी सुनो,
मिलके जो आगे बढ़ेंगे कोरोना को हराएंगे।



हिताक्षी भारद्वाज
ग्यारहवीं 'सी'

कभी सोचा न था ये दिन भी आएगा,
सभी के जीवन में दुःख लाएगा।
हर तरफ ये खबर है छाई,
कोरोना जैसी बीमारी कभी न आई।
कोरोना - कोरोना सुन लो ना
हमसे दूर चले जाओ ना।
बाहर का खाना खा न सके,
पर घर पर ही पकोड़े तले।
स्कूल भी हम जा न सके
दोस्तों के बगैर दिन यह कैसे गुज़रें?
हालाँकि परिवार के साथ वक्त मिला,
और साथ साथ प्रदूषण भी घटा।
लेकिन खेल कूद हमारा बंद हुआ
दिन भर घर बैठे यह दिल तंग हुआ।
कोरोना - कोरोना सुन लो ना
हमसे दूर चले जाओ ना।
घर पे रहकर इसे हराओ,
और जीवन में सुख - शांति और खुशियाँ लाओ।
अपने हाथ सैनिटाइज़ करो,
बीस सेकंड तक अपने हाथ धोते रहो।
कोरोना को हराने का यह ही है मन्त्र
कर दो दुनिया को कोरोना से स्वतंत्र
कोरोना - कोरोना सुन लो ना अन्वेषा पोलमराजू
दूर चले जाओ ना हमसे। छठी 'बी'



यह सुनी सुनी सड़कें और अगर इस वक्त कोई भी बाहर जाता है तो सारे लोग उन्हें घूर के देखने लग जाते हैं कि यह कौन है जो अपनी जान खतरे में डाल रहा है और साथ में हमारी भी। मुझे तो लगता है कि कोरोना वायरस अपने साथ सकारात्मक नजरिया भी लाया है। जो लोग नास्तिक थे वह आस्तिक बनते जा रहे हैं। जो लोग सोच रहे हैं क्यों हो रहा है क्या हो रहा है तो मैं बता दूँ कि यह सही वक्त नहीं है यह सब सोचनेका। यह हमारे कार्यवाही के ही परिणाम है। कुदरत हमसे उसका स्पेस रिकलेम कर रहा है।

जैसे प्रदूषण- जो 1 साल पहले बहुत ही बड़ा मुद्दा था जो कंट्रोल ही नहीं हो रहा था। लेकिन कुदरत ने केवल 4 दिनों में उसको बराबरी पर ला खड़ा कर दिया। पर अब आप खुद भी देख सकते हैं कि प्रदूषण का लेवल खतरनाक स्तर से उच्च श्रेणी पर आ गया है। ईश्वर भी हमारी मदद करना चाहते हैं वह देख रहे हैं कि हमारा जीवन चक्र कितनी तेजी से भाग रहा है और हम थक गए हैं ऊपर से धरती भी बीमार पड़ रही है उसमें भी गंदगी आ रही है तो क्यों ना इनके जीवन चक्र को थोड़ा विराम दिया जाए ताकि यह खुद के बारे में भी सोच सके और धरती के बारे में भी। कोरोना वायरस जैसी बीमारी पहले भी आई थी जैसे कि स्मॉल पॉक्स ,चेचक , प्लेग तो ईश्वर कहीं ना कहीं यह चीज फिर से दोहरा रहा है ताकि हमारी जन्म दर और मृत्यु दर बैलेंस हो सके जोकि बहुत अच्छी बात है।

ईश्वर हमको सिखाना भी चाहते हैं कि चाहे इंसान के पास कितने भी संसाधनों को उपलब्ध करने की क्षमता हो लेकिन अगर हमारे पास वह अनुमति और आजादी ना हो उन सारी चीज को इस्तेमाल करने की तो वह सारी चीजें बेकार हैं और यह भी बताना चाहते हैं कि ऐसे वक्त में हमारे परिवार से जरूरी और कुछ नहीं है। मुझे भी एहसास हो रहा है कि ट्यूशंस लेते वक्त और काम करते वक्त में अपने परिवार के साथ वह कीमती वक्त गवा देती थी और उनके साथ समय बिता नहीं पाती थी जिसका मुझे अफसोस है परंतु अब समय है उनके साथ समय बिताने का और हर घर में मां ,बहन ,बेटी तो जरूर है तो कृपया करके उनके साथ समय बिताया ,आपस में प्यार भावना बढ़ाए और उनको खास महसूस करवाइए।और सरकार बहुत अच्छा और बड़ा कदम उठा रही है तो कृपया करके उनकी बात मानिए। अपने घर में ही रहिए और प्रधानमंत्री को सपोर्ट कीजिए। और मुझे लगता है कि लॉक डाउन के बाद हमारी जिंदगी की एक नई शुरुआत होगी।

पवि गुप्ता , दसवीं 'बी'



A vibrant, hand-drawn poster on a yellow background. At the top, the text 'AVOID CROWDED PLACES' is written in large, bold, black letters. To the left, there's a small illustration of the Indian national flag (saffron, white, and green with the Ashoka Chakra) and a group of diverse people. Below the flag, a hand is shown being washed under a faucet. To the right of the title, there's a drawing of a person wearing a blue face mask, with the word 'MASK' written next to it. Below that, a pink tissue box is labeled 'TISSUE PAPER'. In the top right corner, the text 'BIOHIM NOT 8 B' is written vertically. The bottom half of the poster features the text 'WASH HANDS REGULARLY' in bold, black letters. Below this, there's a large illustration of a globe with a green, multi-limbed virus-like creature on it. To the right of the globe, there's a drawing of a person with long brown hair wearing a purple face mask. In the foreground, two people are shown wearing face masks: a person with long blonde hair wearing a blue mask, and a person with dark hair wearing a purple mask. To the right of the masks, there's a drawing of a red disinfectant bottle with a spray nozzle. Above the bottle, there's a drawing of a hand being sprayed with disinfectant. In the top right corner, there's a circular inset showing a close-up of a face with a red 'X' over it, indicating that one should avoid close contact with others. The overall theme is about maintaining hygiene and avoiding crowded places to prevent the spread of viruses.

A young boy with dark hair and a pink shirt is holding a green poster. The poster has a cartoon Earth character with a face, arms, and legs. The Earth character is holding a pink clock face. The text on the poster includes "EARTH DAY 22 APRIL" and "GO CORONA GO". The background is a dark, textured wall.

[illegible]

COVID-19

DEATH

LOCK DOWN

DEATH

COVID-19

QUARANTINE

BAGWAN HAI KAHAI RE TU...

REDMINGER & PRO
ALQAD CAMERA

A young boy with dark hair is holding a drawing of a globe. The globe is blue with a yellow sun in the center. Several small figures of people are walking around the globe, each carrying a flag of a different country. The text 'USE LOCAL' is written on the left side of the globe, and 'GO GLOBAL' is written on the right side. Below the globe, there is a green banner with the text 'You're Change Can Make a Change'. The boy is wearing a black shirt. In the background, there is a framed picture on the wall and a white electrical outlet.

A young boy with dark hair and a blue shirt is holding a white piece of paper with a drawing. The drawing features a green and blue circular shape representing Earth, with the word "EARTH" written above it and an arrow pointing to it. To the right is a red sun-like shape with the word "CORONA" written below it and an arrow pointing to it. At the bottom of the drawing, the words "GO CORONA GO" are written. The background is a plain, light-colored wall. In the bottom left corner, there is a camera icon and the text "SHOT ON MI A2 MI DUAL CAMERA". In the bottom right corner, the date and time "2020/5/1 08:35" are displayed.

A young girl with dark hair is holding a drawing of the Earth. The drawing features a green and blue globe with the text "Keep Earth Clean" written across it. A small figure of a person is standing on the globe. The girl is wearing a white t-shirt and green shorts. The background is a plain, light-colored wall.

JEEVIKA
IV -D

GLIMPSES OF MY LOCKDOWN DAYS

Corona virus please go away,
Can't see people dying everyday.
It is sad to read about the pain,

Doctors are trying hard but all in vain,
I am sure there will be solution soon,
Time is a constraint as people are dying day, night
& noon.

We are suffering due to all man made destruction,
We need to change & find a solution,
Mistakes are made along the way,
Learn from them & don't repeat again.
I pray to lord almighty to helps us out,
As we can't see people dying everyday,
Give us forgiveness for all our sins,
& give us powers to fight this & win.

**Divish Kathpalia
VI-A**



Ameyao 'a's

Lockdown period has made me learn,

Four 'a's I have earned.

First 'a' says to accept,

Staying home and washing
hands is correct.

Second 'a' says to adjust,

Adjust with social distancing,

Life without school, park and parties I'm
experiencing.

Third 'a' says to adapt,

Virtual classes, house party let me interact.

Fourth 'a' means to appreciate,

This lockdown period let me create and innovate.

Every situation teaches us a new a lesson,

Live life to the fullest without any tension.

4a's have become the thumb rule of my life,

Accept,adjust,adapt and appreciate is my advice.

**Ameyao Naarang
VII -A**



So , as we all know that because of the Corona virus pandemic , our daily lives' schedule and the world has come to a stop. Suddenly Disney is out of magic ,Paris is no longer romantic .And New York doesn't stand up anymore..! Even after all this we all have a story of our own lives to tell about .

So here's mine -

The day lockdown started , I decided that I would make my time useful. I have been always very fond of animals but due to daily busy routine , I am never able to spend time with them. Because of this pandemic , the animal's survival has become tough specially those who are on the roads and depend on humans for food.. Everyone has stopped feeding them suddenly because of fear of outbreak.



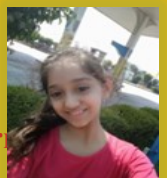
One fine day , I heard a loud cry of a dog and I went rushing to see what's happening. I saw a medium sized dog who was dying from hunger and at that moment I decided that I will take her to my locality and take care of her , as it is the time to help each other.

Thus , since that day I have been taking care of that cute dog on my own , trying to give her the best of everything.

**Lipika
VI-A**

The shelter is nice,
If at home, e-study thrice.
But I can't be in for so long,
I need to be strong.
Lockdown can't go down in creation,
Sit at home and listen to explanation.
Can't go to the market or swim,
Because of the virus, can't go for a trim.
Everywhere I go on TV, phone, on everyone's
mouth,
It there in north, east, west and south.
As I woke up, the birds started to chirp,
It was as quiet as a massive curb.
Wash hands hundred times a day,
They have become as dry as hay.
May be god is giving us a sign,
Let us all pray and be safe.

**Bhoomi Shar
VI-A**



GLIMPSES OF MY LOCKDOWN DAYS

In my life I never thought,
That anything ever could make us stop.
Man being a social animal I felt,
He is always free to move, as what his heart felt.



But then came 2020 in all our lives,
Which brought with it corona vibes.
It curtailed all inside our home ,
Giving us a feel of being alone.
My school was closed, my park was locked,
My mom and dad too stuck to home.



That makes me think a lot and lot,
It is that nature is trying to talk.
It want us all to remember what we lost,
And gives us a time to acquire that back at a cost.

The cost being to love our mother nature,
And keep aside human's selfish feature.
Let us all come together,
And throw away this corona matter.

While sitting at home safely,
Let's promise to be nature friendly.

Nishka Sharma
VI- A

During the lockdown period I personally experienced many changes in my life I learnt how to cook some easy recipes . I also learnt how to do some household chores that normally our mother or our maids do like sweeping the floor dusting and cleaning the dishes and many other things.I also found my new passion of reading books , cooking, and drawing. While staying home ,indoor games like Ludo ,Snakes and ladders ,table tennis are the best ways of spending quality time with the family. Medical staff ,policemen ,Sanitation departments are not thinking about themselves but serving the whole country upon risking their lives. Government and private institutions are supplying ,food and medicines to the needy. Emphasis were made to implement social distancing ,maintaining personal hygiene are one of the best way of avoiding the virus. Scientists all over the word are working tirelessly in finding Vaccine and cure for worldwide crisis.

Swayam Grover

VII -B

While enjoying holidays after my annual examination,
One day, there was an announcement of National Lockdown.

It had taken everyone with a storm , a weird situation,
Full of anxiety , fear and everyone had a frown.

Longing for outings , jogging and cycling,
Confinement was becoming a source of tension.

But I decided to find ways of reducing,
This frustration and depression.



My family motivated me to deal with the crisis creatively,
Having a positive attitude and grabbing new opportunities.

It was time to enhance my skills and stay lively,
Focusing on long forgotten passions and hobbies.

Amidst virtual classrooms and online learning,
Reading books, gaming and chatting with my friends.

I developed a passion for bird watching ,
Saw them chirping and hopping in corners and bends.

Through online tutorials, I learnt to play guitar,
Which was for a long time hidden in its case.

Daily practising and aiming to be a star,
Preparing well for life's race.

Old family albums had come alive and strengthened relations.

Having fun while playing indoor games and spending quality time.

Gradually, we all had found our joys .

Skipping , chatting , dining together and eating lime.

The need of the hour was to support one another,

Practising yoga with my family gave me immense pleasure.

Sharing old memories and watching favourite movies together.

Jointly cooking, cleaning , washing was never a pressure.

It is my strong belief that this is just a temporary fuss,

Which will very soon perish.

But these lifelong memories will stay with us ,

That we can always cherish . **Samyak Sharma**

VII-B

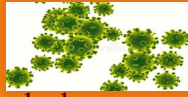
In the days of this black bane,
We have suffered a lot of pain.
Several of scintillating smiles,
Have gone away millions of miles.

In these deserted times,
Many are lacking dimes,
I and innumerable sitting slack,

Are missing the alleys pack.
In this phase of foreign body invasion
Only air has experienced noble isolation.

On the whole, in this corona rife,
I have experienced the true essence of life.

Soumil Aggarwal
VIII -A



It all started in the first quarter of the year 2020. If I remembered correctly, precisely in the month of March, it was flaring and it seized everything. Suddenly, the high pace of the life came to halt with the exploding news of "Lockdown amid Corona". It surprised me to the extreme of a shock. The next big thing I heard from my parents was that I will be in house arrest!! It was my vacation time with lots of plans that came to a tragic end. My dream to go to mall, movies, relative home stay; all were wiped by the corona scare. Initially, I consoled myself that this will be over soon but as the days passed I was disheartened. Then came the day, when the result of my annual examinations was to be declared. My emotions of happiness were shattered when my mother told that the result will be showcased online with no interaction with teachers. I was promoted to new class with no celebrations. Life has become a boredom with movements confined to the rooms of our house only. .

I was sitting in my room,
When I heard a sound boom,
It was dad I assumed,
Then I went downstairs,
To see the mom and dad on chairs,
Watching the news they got shocked!
The whole country was blocked??
I asked "momma what happened?"
She said nothing but was frightened,
We got normal as the days passed,
But the virus got surpassed,
Holidays got extended,
Staying home was recommended,
Now the question raised,
How to pass the time inside??
Now the classes were online,
We were busy till lunchtime,
We played board games together,
It was such a pleasure,
I made my granny play ludo,
She was enjoying it you know!
I made new dishes,
My momma taught me,
Father gave me wishes,
And brother caught me,
In between all this,
I am missing my school,
Now it's time to cure corona
And make sure we follow the rules

Hemakshi Prasad
VIII- A



The whole street now looks deserted everyday which was always lively due to hawkers, neighbours etc. I was feeling as if in some sort of hibernation where we have to remain in our burrows (houses). The only task was munching and sleeping. In the month of April, another missile was shot onto me. The name was "ONLINE CLASSES". Myself being ignorant to all this, and often rely on my parents to all computer related stuff, have to handle the gadget standalone. Although, the Corona epidemic have deprived me of my freedom to meet physically but it has groomed my other talents.

Weeks and weeks of isolation
But still no change in position

Hope in my heart
That this will stop

Missing my school; my friends
The way we used to enjoy ourselves

Classes are going online
My screen time has increased high-time

Playing carom, ludo, tambola
I am also having fun in corona

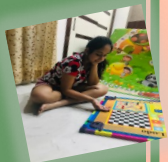
Dishes which I use to eat out
Now I learn to cook them in the house

Washing hands now and then
Learnt to do this activity again and again

Don't go out
Take care of health
At this time, this is the true wealth

Siya Garg

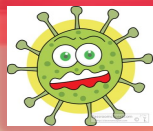
VIII -C



Due to my online classes, I have transformed into a tech savvy student. It also gave me a platform to explore my artist aptitude by participating in various competitions. The various activities by floated our school gave me a feeling of connect with my peers in the virtual world. A new up-bringing has evolved in the crises that is from conventional learning to blended learning. Last but not utmost, the physical touch void cannot be filled with the virtual world because "Human is a social animal!"

Nupur Sehgal
VIII - B





Corona is a form of death that is spreading,
 Destruction is the word on which it is leading,
 Situation is getting worse, is not less than a curse,
 As it keeps the loved ones away
 Doctors and nurses are the real angels, I must say
 Now we fear to get out from our home during night and day,
 I request the divine to bless us all,
 Please don't let anymore get under the fall,
 Everyone is suffering,
 Everyone is crying,
 Thanks to the doctors who are saving the lives of dying,
 In 2020 the word which is negative, is none other than 'positive'.
 Oh GOD! Please feel the pain of our tear,
 Its an appeal to end the situation of breathing in fear.



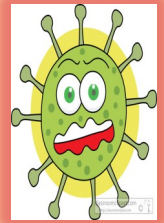
PRAGYAT GURHA
 IX-C

A peep into my life is a laugh in exultation,
 Amidst this lockdown situation.
 Which gives a sigh of bliss,
 Despite of the global pandemic crisis.
 It gives pleasure to see my family coming together and singing,
 For we have grown so used to bad news,
 But now, good news is in the making.

My worries still exist,
 But there is a sense of belief,
 That we will overcome this,
 For now, Mother Earth has begun to breathe.

I know that life without being social is a crying,
 And yes, there is isolation and panic buying.
 But opening the windows of my soul has made me realize
 That standing still
 Is way better than making others ill.

But there is always a hope
 That time will be good,
 Where the air will be kind
 But humans won't be blind.



Families will come closer,
 But why did it take a virus to bring us all together?

HIYA TREHAN
 IX-C

Soon.....

Those were the days
 When people thronged the pathways
 Suddenly came the corona virus evil
 Spreading over the globe like blanket devil.

Reminiscing those fearless days
 Merry making and the maddening craze.
 Memories only in the photographs are trapped.
 I wonder when this virus' contagious web will be snapped?

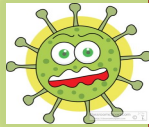


Hope is what keeps us alive.
 In positive thoughts let us take a dive.
 All things good and bad come to an end
 Blessings from heaven god will send.

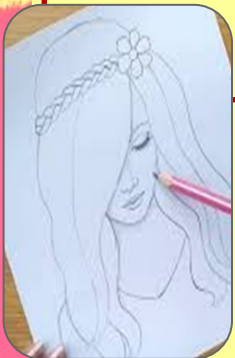
Soon the sun would shine bright.
 Soon a rainbow would be seen scattering light.
 Soon people would throng the pathways.
 Soon the life would return to normal with the maddening craze.

Ritisha Kathuria
 IX-B

I wish today sadness dwindles
 I wish today suffering ends
 I wish this lockdown doesn't extend
 I wish we could make amends
 to bring this pandemic to an end.
 I know it may not go all away
 It does have its own part to play
 Forcing us to the heavy prices we have to pay.
 And the role it dawns comes at a price
 With tears and screams and even stifled cries.
 We don't know how much will it rise
 People need back their normal lives.
 Sadness and sufferings have been friends
 I wish this bond could end
 I wish today sufferings end.
 I wish we could go to school
 But now we must follow the rules.
 This is the time we join our hands
 And take a stand
 This is the need of the hour
 Our world needs more power
 Let's make the most out of time
 Do some fun rhythm and rhyme.
 Good old days will come back
 If washing our hands we do not lack.
 After that we will rise.
 And rise we will and be so wise.
 Come, let us appreciate the helpers
 Who are sweating day and night in various
 sectors.
 I wish today sadness dwindles
 I wish today sufferings end.



Arshiya Goyal
 IX-C



The lockdown has brought me a lot of opportunities to learn many new things such as cooking, drawing, enhancing my knowledge of computer etc. Every day I dig out my indoor games that I have not played in a long time. Every day I learn a new recipe from my mother. I also fine tune my sketching skills.

Due to lockdown, we cannot even go to school but my school has devised another method of reaching us, through online classes. The only silver lining to the corona pandemic has been the time that I have got to spend with my family. I salute the spirit of our corona warriors and their selfless service. I pray to god that we all come out of this calamity safe and healthy.

Khushi Sharma
 IX-A

It all started after my exams got over. I was having a lot of fun until this corona virus came. My mother started panicking but I was a bit happy as I got some extra holidays. I could play video games all day long. Then I realised that there was nothing to be happy about.



Our PM, Mr Modi announced a complete lockdown all over the country. From then I was in complete shock. I realised that I won't be able to meet my friend and relatives.

But, the biggest problem was that both my parents were doctors. I was constantly worried about their health and safety. Fortunately, everything is fine and I hope everybody remains safe till the time this virus disappears. I would like to thank and salute all the doctors who are risking their lives to keep us safe and healthy.

Nikhil Johri
 IX-C

2020 a pandemic year
The year of distress and fear.
We were running we were flying
But something happened that left us dying.
A disease spread and punished mankind
For the greed which made us blind.
Now we are caged in our home
While, animals can freely roam.
Take it as a warning, stubborn creature,
That we are always ruled by mother nature.

Vardaan Vig
X-B



DIYUTI JAIN
X -B

Locked inside my house,
I wonder how the citizens
can be so stupid?
This thought make me rouse.
The cases increasing are so rapid,
Why don't people confine to their
own house?
Why don't people start social
distancing,
Will people only listen to the
government
When there is a mere chance of
living?

Tisshya Sharma
X-D



Hey!Hey! Covid-19
Why you made us quarantine
You tried to make our life a hell,
But we suffered it very well.
Our compassion got stucked into the strings,
According to what WHO brings.
Isolation became a major factor,
Which opened our life's another chapter.
Sanitation became our necessity,
That helped us to reduce our tensivity.
Doctors and cops tried their best,
To give this pandemic a rest.
Still lives of many people came to a cease,
May their souls rest in peace.
As the day passes from the dawn till dusk,
People kept praying with a trust.
Hope this will end soon,
Giving no further boom.
Hey!Hey! Covid-19
Why you made us quarantine

MILI AGGARWAL
XI-C

Life has come to a stop,
I wish we could sweep this virus with
a mop,
Everyone has to stay at home,
And there are people who are living
alone,
Over-hoarding is making food scarce,
But, still no one cares,
Everyday people are dying
And the government is not lying,
We need to co-operate,
Because it is for our health sake,
So please maintain social distance,
It's not the time to show your
resistance.

KESHAV GUPTA
X-C

Those days were a blessing,
When we could go out dining.
Yes we miss all of that,
Plans of times we had.
Those Monday morning blues,
And how we were out for no use,
The world was calling us ,
And now, everything is haunting us.
Can we please get those days back ?
When the school bag felt like a sack.
Everything was open nothing was away,
All is near but still there's no way !
Whenever it all is normal,
We won't be so formal.
We'll enjoy every moment,
And wonder how all this went.
We all are trapped within the four walls,
Still together but only with calls.
The good days will return,
And we'll meet everyone !!!

Saloni Sehgal
XII-D

Humans locked in animals surfing out
Will Earth ever be same? Alas I doubt
The bird at my sill sings a merry din
For my loved ones, she asks me to stay in
Clap your hands, light your room
I plead the almighty to take away the gloom
We will survive this I believe, this pandemic
soon shall leave

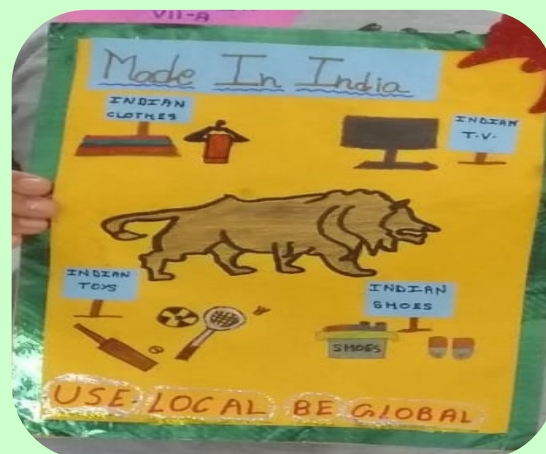
Mahima Minocha
XII -C

Drawing Competition organized by
Siemens



II Prize : AASHI GUPTA ,V -B

Art Across Curriculum



ARJUN JAIN
VII -A



MAHATVA
VII -B



VIDHI JAIN
V -B

TEACHERS' VERSION OF LOCKDOWN

जब मैं घर पर आया , कोविड को अपने सोफे पर पसरे पाया ।

वह मुस्कुराया और बोला स्वागत है मेरे भाई !

गले मिलो मेरे भाई , गले मिलो मेरे भाई !

मैंने कहा तुम कौन और किसके भाई ?

कोविड बोला , मैं तुम्हारा चीनी भाई ,

याद नहीं हिंदी चीनी भाई - भाई ।

यह सुनकर मेरी आंखें भर आई ,

मैं बोला तुमने फिर वही चाल दिखाई ,

पहले विश्वास जीता फिर घर में संध लगाई ।

लेकिन , अब हम तुम्हारे बहकावे में नहीं आएँगे ,

तुम और तुम्हारे चीन को सबक सिखायेंगे ,

जीतेंगे यह जंग मिलकर हर एक के संग ,

फिरसे नई दुनिया बसायेंगे ।

जो होगी रंगो और खुशबु से भरी ,

और याद रखना अपनी गलतियाँ नहीं दोहरायेंगे ।

अंजु मिश्रा

प्राथमिक अध्यापिका



Year 2020 brought with it

A novel Virus COVID.

Adults of the world and all the kids

gave up work, in houses they hid.

COVID19 spread like a Gale

Science and medicine all fail.

In the world of fairytales

happy-ending always prevails.

Wish we could go in that time

bring Pied Piper from the rhyme.

Promise we would pay in guilder

once he has magically killed her.

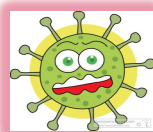
Let him blow his charming pipe

eliminate forever this Carona type.

Drown it in river or keep in locks

though unreal, my idea rocks.

Poonam Mehra
(PGT-Economics)



Make the best of everyday
Social Distancing will surely not keep hearts away.

Reading, listening, watching and lots more to do
Whether its a big family or just two of you.
Revisiting Ramayana and Mahabharata-the great epics

Stories of love, sacrifice, courage determination and much more it depicts.

Difference we all know.

Curfew on the roads when we watched long ago.
Enjoying the great epics due to the present lockdown show.

Not bound in any routines and not chasing alarms
Exploring ,Soul-Searching,Recreation will surely won't harm.

Its a low cost holiday package within your own home

Surely not from Make My Trips on Google Chrome.

Sight seeing, window shopping and dip in the pool is missing.

Blessings to the health care workers, armed forces and others who are risking.

Domestic help,Swiggy,Myntra,Hair Salons,Gyms and Cineplexes are of course cherished a lot.

Claps,ringing bells,lighting candles actually makes me give it a second thought.

Make the best of everyday

Social Distancing will surely not keep hearts away.

It's not a fight of a country or two

The whole world has to face this issue.

When countries such as Italy ,US showing their shocking statistics

We need to be optimistic, realistic and futuristic and not any more materialistic.

Could pounds ,dirahams and euros help the ill and weak.

Let's not get intp castesim ,communlasim and orthodox beliefs

Be united,be together to make this country unique.

No honking,clear skies,pollution free places

Video chatting, virtual teaching actually displaces.

Make the best of everyday

Social Distancing will surely not keep hearts away.

Human race is at par:rich,poor and elite

No rat race, lost pomp and show ,nobody has to compete

A life full of simplicity and patience with no trick or treat.

The whole nation is at a standstill, none in the street.

Will we be able to conquer this killing disease?

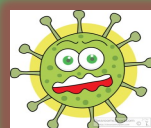
Will there ever be a vaccine?

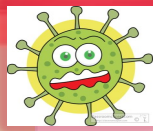
Surely we will fight it with a strong believe in the almighty supreme.

MS.MONICA NARANG

ASSTT.TEACHER(ENGLISH)

PRIMARY DEPARTMENT





TEACHERS' VERSION OF LOCKDOWN

Lockdown period-When Time and memory seem to have lost all meaning.

In March, the days seemed incredibly long interspersed by daily news that had radical effects on our lives', I found myself saying things like, "Can you believe it's only been three days since we went into lockdown"? Now, after a couple of months, the converse is often true when I find myself trying to remember whether it has been two, three or five weeks since all this started. No matter who you are, the life has probably quite suddenly changed from a diverse range of experiences-going to work, socializing, and going to events. Often when we perceive time, what we actually perceive is change.

The present time has given me opportunities to unlock and rekindle my hidden expertise from sketching to enhancing my culinary skills to graphic designing...and to find solace in reading few of my favorite authors on kindle. Online courses have quenched the curiosity, improved my functional expertise and soft skills have now further been improved for work and leisure. ... this is a time I have found to invest in myself, to prioritize my wellbeing and to enjoy the niceties of day today life along with my family.

This break has taught me to evolve, upgrade and accept the realities of life with a high degree of resilience and to appreciate the value of coexistence and our connection with nature. The lockdown could also have longer term implications for how we remember time, the unprecedented situation we now find ourselves in will inevitably be recounted again and again once it's over.

Manisha Mathur

PRT Maths

THROWBACK

**Throwback to the life of pre lockdown
days**

Looking for the kids all the ways.

**The chirping classes and
equipped playground,**

Jovial faces all around.

**Our students are our dedication, devotion
is to them.**

**To us each student is unique, Special and
a beautiful gem.**

**Missing the classroom where reading is
fun and maths is cool.**

Teachers doing their best

To stimulate student's interest.

Learning is still on

Now cameras are on

From classroom to Google rooms the

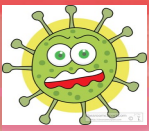
"Learning is still on"

**We urge to look soon for the days
When kids will again be there in corridor
ways.**

**From meeting students in person,
Lockdown changed it to only virtual connec-
tion.**

**Throwback to those pre lockdown days
We are missing our kids and creative plays.**

**RUPAL GHAI
Pre Primary Dept.**



TEACHERS' VERSION OF LOCKDOWN

20

It was quarantine of months
 So, I stayed at home
 Like Everyone did for everyone else.
 With this thought of rootedness
 I had quick change of moods
 From loneliness to the need of being alone.
 At times standing at the door,
 I stared into blankness for long
 But then it's just a matter of body, mind and soul
 To let some imbalance be caused too.
 So, I started finding my Joys in small things
 Things that were always there,
 But just escaped my notice.
 So, all this while I -
 Learnt new Silence
 Learnt new skills
 Learnt new Viewpoints
 Forgot few pains
 Forgave few People
 Spoke to my mates
 Watched pending movies
 Skipped n Hopped about
 Read those books which had
 never got attention beyond title covers
 Scrubbed all floors and utensils
 Wore no make- up nor ornament
 Looked up to that power
 Took deep breaths
 Saw human emotions twirl in their own accord
 Texted long lost buddies
 Cooked umpteen meals
 Beat coffee grains hard
 Like my feelings tossing in a jar
 Wrote pronounced poetry
 Shared ample jokes and one-liners too
 Cried remembering all that I have ever lost
 Got completely numb, got uncontrollably amused
 Lockdown has given us many moments to live
 the life we only live in moments.....

#stayhome
 #selfhealing

PURTI KHANNA

PRT English

यह सोच अक्सर सुबह जल्दी आँख खुल जाती है
 तुम भी तो घर की दिनचर्या में लग गए होगे ।
 आज जब पेड़ों में पानी डालने छत पर चढ़ी
 पड़ोसन को अपनी बिटिया से लाड़- लड़ाते देख ,
 अपनी यादों में मैं भी उड़ चली ।
 तुमको दो गिराई दाल - चावल खिलाने
 बगीचे में दो - दो घंटे मोर -चिड़ियों के साथ
 बिता देती थी ।

और तुम्हें दाल - चावल खिलाकर
 स्वयं तृप्त हो गई ऐसा अनुभव कर जाती थी ।
 आज भी जब टेलीफोन की घंटी बजी
 'तुम्हारे मम्मी कैसी हो ?' पूछने से पहले ही
 मेरे सवाल की झड़ी लग गई ----
 तुम हल्दी दूध लेते हो न ! मसाला टी बड़ी
 फ़ायदेमंद है ।

तुमने फिर हाँ - हूँ के बाद मुझे हमेशा की तरह
 आश्वस्त किया -

'माँ सब कुछ करता हूँ।' जैसा बताती हो उससे
 ज़्यादा ही करता हूँ ।

बोला -आज हम चारों दोस्तों ने चना -पूड़ी बनाई
 इतवार की पार्टी तुम्हारे खाने को याद करके ही
 बिताई ।

सुनते ही लगा अपनी पीठ में खुद ही ठोंक रही हूँ
 बेटे को बेटा जैसा 'समर्थ' बना दिया ऐसा गर्व
 महसूस कर रही हूँ ।

शालिनी सिंह
 PRT हिंदी





TEACHERS' VERSION OF LOCKDOWN

My takeaways from Coronavirus.
Lessons learnt from Covid-19

Life is the one teacher that conducts a test first and give lessons later. Hard times teach us some invaluable lessons, the lessons that go a long way in making our lives peaceful and happy. In my brief and personal experience with coronavirus, I have learnt these three important lessons.

Lesson 1 - Keep it Simple.

Life offers so many extravagances, choices and luxuries. However, when times get challenging, all of these are taken away. What one basically needs to survive are simple ingredients that are enough to fill our stomachs, our hearts, our minds and souls like home cooked food, lots of time with family, minimal engagement with the malls, tempting merchandises and maximum engagement with self. Life has been simple and peaceful during lockdown and in absence of unnecessary interactions. Friends, I sincerely hope that we can keep our lives very simple and reduce our consumptions to basics.

Lesson 2 - Family and Friends matter the most

There are times in life when career takes the front seat in our journey. We are so exhumed and consumed by the desire to prove ourselves to the world that we forget that time flies by so fast. I still regret not spending little more time at bedtime stories with my children, not having that cup of tea in my balcony on a summer morning. Therefore, when I was forced to isolate myself, I did manage to sit down with my cup of tea and had this conversations with myself. The time spent with family playing games and watching movies has been the most precious memory of this lockdown period.

Lesson 3- hobbies are our saviours.

It is very important to have hobbies to let us explore within and to spend time with ourselves. As we grow older and as our engagement with the world around goes down in terms of their expectations and demands, we have more time at disposal. I have noticed that my love for music, for books and for journalling has been my saviour. Never ever give up on the activity that gives truest, purest and the most honest pleasure. As we grow older, we will need them for happiness.

Man's short memory is often key to moving on with life but forgetting lessons learnt can also be an unforgiving act. Hope Mankind and I remember our lessons from the momentous rendezvous with Coronavirus.

Namrata Markan
PGT English

“Children lets make a promise today”

नई किरणों के संग नई दुनिया में कदम बढ़ाना है

नई नियमों का पालन कर जीवन को स्वस्थ बनाना है

Save my India,

Long live India,

Love my India, Save my India

Mask लगाना, Gloves पहनना, वरना घर से नहीं निकलना

Junk food भूलके हमें, पौष्टिक आहार पे आना है

Sanitizer का use हमें करना है,

अपने हाथों को बार-बार धोना है

छः फीट की दूरी में रहना, भीड़ से तुम अलग ही रहना

किसी चीज़ को नहीं है छूना, Elbow को हमें use में लाना

Social Distance का पालन है करना

सबका हाथ जोड़ कर स्वागत है करना

Immunity को बढ़ाना है, खाना हमें वो खाना है

हो जाए बुखार या खाँसी, फिर तुम Quarantine में रहना,

काम जो करते थे पहले, तरीका अब बदलना है

Work from home भी करना है

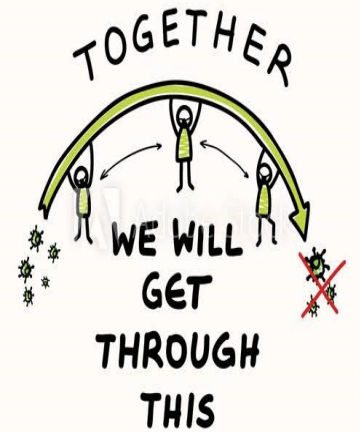
Corona से नहीं डरना है

Brinda Ghosh

PRT Vocal Music

IT ALWAYS
SEEMS
IMPOSSIBLE
UNTIL
IT'S DONE.
-NELSON MANDELA

**What feels like
the End is often
the beginning...**



#331225752

STAY SAFE , STAY HOME !

