

**BAL BHARATI PUBLIC SCHOOL , ROHINI**

**SANSKRITI & SANSKAR CLUB**

**Class-IV**

**DATE-13.12.2024**

**Activity: HARVESTING GRATITUDE- SPREADING THANKFULNESS**

**Brief introduction-**

In this activity, Students create a visual representation of gratitude in the form of a tree. Each "leaf" on the tree represents something they are thankful for, helping them recognize and appreciate the good things in their lives.

<b>LEARNING OUTCOMES</b>	<b>ACTIVITIES INVOLVED</b>
The students will	
<ul style="list-style-type: none"><li>develop effective communication and expression</li></ul>	<b>BRAIN STORMING-</b> Students improved their communication skills through the Harvesting Gratitude Tree activity, where they shared reflections on gratitude and kindness. By expressing what they were thankful for, they practiced clear communication, boosting their confidence and fostering a deeper appreciation for the positive aspects of their lives.
<ul style="list-style-type: none"><li>appreciate the nuances of various genres</li></ul>	<b>DEMONSTRATION-</b> Students engaged in hands-on crafting to create their Gratitude Trees, with each leaf representing different aspects of gratitude, kindness, and thankfulness. They practiced their artistic skills while reflecting on the meaning behind each word or message, reinforcing the importance of appreciation and positivity in their lives.
<ul style="list-style-type: none"><li>develop a sense of artistic expression</li></ul>	<b>ACTIVITY METHOD-</b> Students brought their cutouts to create representations of gratitude leaves

	<p>for the Harvesting Gratitude Tree. Each leaf reflected different aspects of thankfulness, such as kindness, family, health, and personal growth. While crafting, students discussed the meanings behind each expression of gratitude, reinforcing the importance of these values and fostering a deeper sense of appreciation in a creative way.</p>
<ul style="list-style-type: none"> <li>• develop confidence and creative expression</li> </ul>	<p><b>SPEAKING ACTIVITY</b> Students shared what they learned from the Harvesting Gratitude Tree activity, discussing things they were thankful for and how gratitude affects their lives. They reflected on positive qualities like kindness and mindfulness and how these traits help them grow. This sharing allowed students to express their thoughts and reinforced the importance of gratitude in their daily lives.</p>

## Activity Highlights:



