

**BAL BHARATI PUBLIC SCHOOL , ROHINI**  
**SANSKRITI & SANSKAR CLUB-Classes IV and V**

**DATE-13.09.2024**

**Activity: Happiness Rainbow Making**

**Brief introduction-**

Today, the students explored happiness by creating rainbows, with each color representing a positive emotion or joyful moment. As they worked, they reflected on experiences that made them smile, from kindness to gratitude. Through this creative activity, they deepened their understanding of happiness and celebrated its colorful, ever-changing nature, much like a rainbow after the rain.

<b>LEARNING OUTCOMES</b>	<b>ACTIVITIES INVOLVED</b>
The students will	
<ul style="list-style-type: none"><li>develop effective communication and expression</li></ul>	<b>BRAIN STORMING-</b> Emphasize the goal of encouraging students to reflect on their own emotions and find joy in everyday moments. Relate the rainbows to life's ups and downs, showing how happiness can be found in various forms, even during challenges.
<ul style="list-style-type: none"><li>appreciate the nuances of various genres</li></ul>	<b>DEMONSTRATION-</b> "Students used crafts to create colorful rainbows, with each color representing a positive emotion. They shared personal stories of happiness, visually expressing their emotions and deepening their understanding of joy."
<ul style="list-style-type: none"><li>develop a sense of artistic expression</li></ul>	<b>ACTIVITY METHOD-</b> The learners created their own artistic representation of Happiness rainbow using various materials and techniques.

- develop confidence and creative expression

**SPEAKING ACTIVITY-** Students build confidence and express creativity by designing, experimenting, and presenting their work. This hands-on project enhances their pride and self-assurance in their artistic abilities.

