

<b>WORKSHOP RECORD</b>				
<b>AUGUST-OCTOBER 2023</b>				
<b>S.NO</b>	<b>DATE</b>	<b>TOPIC</b>	<b>PARTICIPANTS</b>	<b>RESOURCE PERSON</b>
1	8/2/2023	"SUSTAINABILITY"	VIII-A,B,C,D	MR.SAKET (World of circular economy)
2	8/4/2023	"GENDER SENSITIZATION"	IX-A,B,C,D	SCHOOL COUNSELOR
3	8/10/2023	"HYGIENE,GROOMING AND PERSONALITY"	VIII-A,B	SCHOOL COUNSELOR
4	8/11/2023	"POWER OF SILENCE"	X-A,B,C,D	SCHOOL COUNSELOR
5	8/16/2023	"BODY-IMAGE"	VI-C,B	SCHOOL COUNSELOR
6	8/17/2023	"BODY-IMAGE"	VI-E,D	SCHOOL COUNSELOR
7	8/21/2023	"HYGIENE,GROOMING AND PERSONALITY"	VIII-C,D,E	SCHOOL COUNSELOR
8	8/22/2023	"IDENTITY-BUILDING"	VII-E	SCHOOL COUNSELOR
9	8/25/2023	"BODY-IMAGE"	VI-A	SCHOOL COUNSELOR
10	8/28/2023	"SURVEY ON STUDENTS' SCREEN TIME"	IX-A,B,C,D	AIIMS RESEARCHERS
11	9/21/2023	"DEFENCE FORCE AS CAREER"	XI&XII	Mr Sandeep Bansal (asst commandant BSF)
12	9/22/2023	"NAME CALLING AND TEASING"	IV-A,E; VI-B	SCHOOL COUNSELOR
13	9/25/2023	"CAREERS IN PSYCHOLOGY"	XII-A,D	SCHOOL COUNSELOR
14	8/25/2023	"NAME CALLING AND TEASING"	VIII-A,X-C	SCHOOL COUNSELOR
15	9/26/2023	"CAREERS IN PSYCHOLOGY"	XI-A,D	SCHOOL COUNSELOR
16	9/27/2023	"CAREERS IN HUMANITIES"	XII-B,D	SCHOOL COUNSELOR
17	9/29/2023	"NAME CALLING AND TEASING"	VII-B	SCHOOL COUNSELOR
18	9/29/2023	"CAREERS BEYOND IIT"	XII-A,B	SCHOOL COUNSELOR
19	10/4/2023	"HOW TO CRACK CUET"	XI&XII	PRATHAM
20	10/5/2023	"FORTIS ONLINE QUIZ"	PARTICIPANTS XII	FORTIS HOSPITALS
21	10/5/2023	"MENTAL HEALTH AS A HUMAN RIGHT"	VIII-A	SCHOOL COUNSELOR
22	10/10/2023	"NAME CALLING AND TEASING"	VIII-E	SCHOOL COUNSELOR
23	10/10/2023	"CAREERS AFTER 12TH"	XI-A;12-D	SCHOOL COUNSELOR
24	10/11/2023	"AGGRESSION"	VII-A,E	SCHOOL COUNSELOR
25	10/17/2023	"STORY TELLING ON MENTAL HEALTH"	VI-A,B,C,D	MS AKHILA+COUNSELOR
<b>SESSIONS BY VISITING COUNSELOR-MS.SAANEYA KAPOOR</b>				
1	8/9/2023	SESSION ON 'KINDNESS,RESPECT,MENTAL HEALTH'	VI-A,B,C,D,E	MS. KAPOOR
2	8/23/2023	UNDERSTANDING PERSONAL BOUNDARIES THROUGH RESPECT	VIII-A,B;VII-B,C,D	MS. KAPOOR
3	9/20/2023	SELF-ESTEEM; BULLYING	VII-B,VIII-C,E	MS. KAPOOR
4	9/27/2023	KINDNESS ACTIVITY,UNDERSTANDING CURRENT EMOTION	VI-B,D,E	MS. KAPOOR
5	10/4/2023	REFLECTING ON MY KIND ACTS',UNDERSTANDING BULLYING AND DISCRIMINATION	VIII-A,B,E	MS. KAPOOR
6	10/11/2023	REFLECTING ON THINGS THAT MAKES ME FEEL BETTER	VI-A,VII-D,VIII-C	MS. KAPOOR
7	10/18/2023	LIFESTYLE AND MENTAL HEALTH	IX-A,D	MS. KAPOOR
<b>PSYCHOLOGY CLUB ACTIVITIES:</b>				
1	7/17/2023	MENTAL HEALTH AWARENESS THROUGH MOVIE SCREENING	CLUB STUDENTS	SCHOOL COUNSELOR
2	7/31/2023	NUKKAD NAATAK ON 'STIGMATISATION OF MENTAL HEALTH'	CLUB STUDENTS	SCHOOL COUNSELOR
3	8/7/2023	ROUND TABLE CONFERENCE ON CRACKING 'NITIN DESAI SUICIDE'	CLUB STUDENTS	SCHOOL COUNSELOR
4	8/21/2023	CASE HISTORIES OF FAMOUS PEOPLE WHO SUFFERED MENTAL ILLNESS	CLUB STUDENTS	SCHOOL COUNSELOR
5	9/25/2023	BRAINSTORMING ACTIVITIES FOR MENTAL HEALTH WEEK CELEBRATIONS IN SCHOOL	CLUB STUDENTS	SCHOOL COUNSELOR
<b>ACHIEVEMENTS:</b>				
1	Aug-23	KASHVI ARORA	100 PERCENTILE IN HIS,POL SCI,PSY IN CUET	CAREER LAUNCHER
2	Oct-23	EVENT-"MANOSAMVAAD" AT BBPS GR	FIRST POSITION-DEBATE	
			SECOND POSITION POSTER MAKING	
			SECOND POSITION-CANVAS AMKING	