REPORT

Date: 10/01/2024, Wednesday

Topic: Substance Abuse

Classes Covered: 11A, 11B, 11C, 11D

Modality used: Presentation & Discussion

Summary of the Session:

The aim of the session was to understand and raise awareness regarding substance abuse. Adolescence is a stage driven by curiosity and as an institution we recognize that raising awareness and educating them about the repercussions of using substances is our responsibility. A session on substance abuse was conducted for the students of class $11^{\rm th}$. The session covered topics such as understanding substances, the different kind of substances, the harmful effect of using substances and techniques to prevent the use and abuse of substances. The entire session was discussion based and used real life examples to understand every sub-topic.

Students' involvement:

The session conducted was interactive. Activities were used as tools to engage students. The students were participative and also asked a number of questions through the session.



SAY NO TO SUBSTANCES



