



**CHILD  
EDUCATION  
SOCIETY**



**Bal Bharati  
PUBLIC SCHOOL  
Rohini**

# **GAMES AND SPORTS**

## **International, National, State & Zonal Achievements**

**2022 – 2023**

# FELICITATION ON INTERNATIONAL YOGA DAY

School was felicitated on the occasion of International Yoga Day 2022 for appreciable efforts for promoting yoga by Bharat Vikas Parishad ,Delhi in a ceremony held at Prudence School,Ashok Vihar.







★ सम्पर्क

★ सहयोग

★ संस्कार

★ सेवा

★ समर्पण



# भारत विकास परिषद्

दिल्ली प्रदेश प्रान्त

## अन्तर्राष्ट्रीय योग दिवस



# REMARKABLE ACHIEVEMENT IN NATIONAL TAEKWONDO COMPETITION



**Toyesh Kumar , VII A** bagged **Silver Medal** in U-14 Boys Taekwondo North and East Competition 2022 organized by International Taekwondo Federation from 20 to 22 May 2022 at Dalhousie, HP.

## Taekwondo

# NATIONAL ACHIEVEMENTS

Sports/Games	Dates	Name of Participants Class/Sections	Event	Results
31st North & East Invitational Taekwondo Championship Venue: Dalhousie, HP Organized by TFD (ITF)	20.05.2022 to 22.05.2022	Toyesh Kumar Vaish VII A	Boys U-14	<b>Silver Medal</b>




**Toyesh Kumar Vaish**



## Table Tennis

# PARTICIPATION AT NATIONAL LEVEL

Sports/Games	Dates	Name of Participants Class/Sections	Event	Results
83rd Cadet & Sub Jr. National Table Tennis School Games 2022 Venue:Abhay Prashal, Indoor, (MP), Organised by MPTTA	26.05.2022 to 01.06.2022	Shubham Sehgal VII D 	Boys U-11	Participated
14th Asian Junior Table Tennis Sports Exchange Programme 2022. Venue: Thyag Raj Stadium INA New Delhi Organised by DOE	10.07.2022 to 12.07.2022	Nupur Sehgal X C Shubham Sehgal VII D 	B/G U-16	Participated

Nupur Sehgal

# SUMMER CAMP – 2022 :

## GAMES & SPORTS

S.No	Sports	Name Of Coaches / Organisation	Boys	Girls	Total Students Enrolled
1	Cricket	Mr. Udai Bhan	45	03	48
2	Volleyball	Mr. Radha Rawat	06	23	29
3	Football	Mr. Rashid Ali	73	03	76
4	Athletics	Mr. Bikram Verma	11	08	19
5	Table Tennis	Mr. Aashish	15	06	21
6	Teakwondo	Mr. Kiranpal	16	15	31
7	Badminton	Mr. Vivek	53	64	117
8	Yoga	Ms. Surendra	18	11	29
9	Rope Skipping	Mr. Ravi Paswan	15	10	25
10	Chess	Ms. Priya	20	08	28
		<b>Total</b>	272	151	423
11	Scouts & Guides Camp for students of Class V	Hindustan Scouts & Guides Association	46	42	88
		<b>Grand Total</b>			511





**Volleyball**







**Football**



**Athletics**







**Teakwondo**

**Table  
Tennis**







**Badminton**



**Yoga**







**Chess**



**Rope Skipping**







## Scouts & Guides Camp for students of Class V



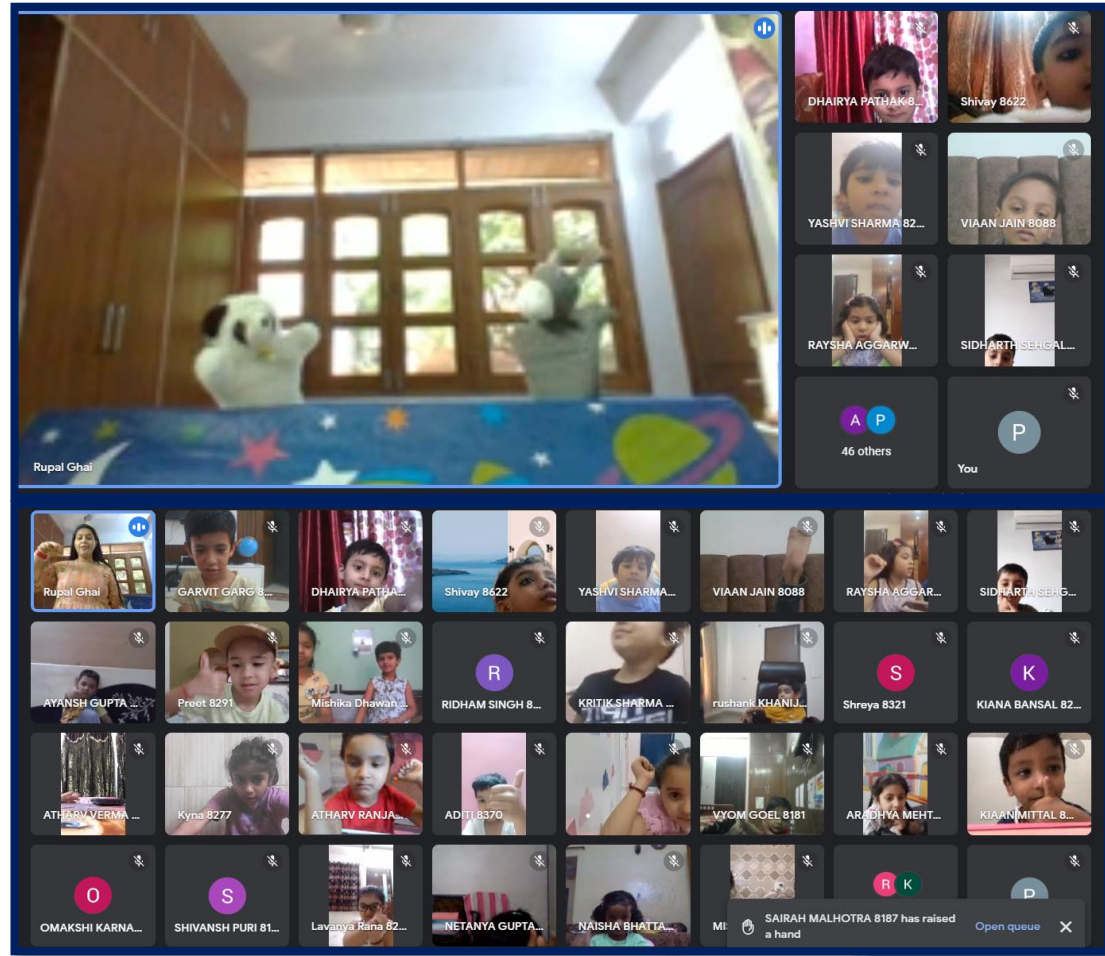
# Summer camp online - Recreate fitness and Mental Well Being

Organised by Sports Guru & School faculty

For Classes  
Pre-School & Pre-Primary

The programme focused on –

- Enhanced listening skills & moral values through short stories
- Honing imagination & abstract thinking skills
- Physical exercise in a structured manner
- Enhanced coordination, balance, confidence & fitness habits





# International Yoga Day 21 June 2022

#BBPSYOGASANKALP

#BBPSFORRYOGA

#BBPSIYD22

INTERNATIONAL YOGA DAY

ON.21.JUNE.2022



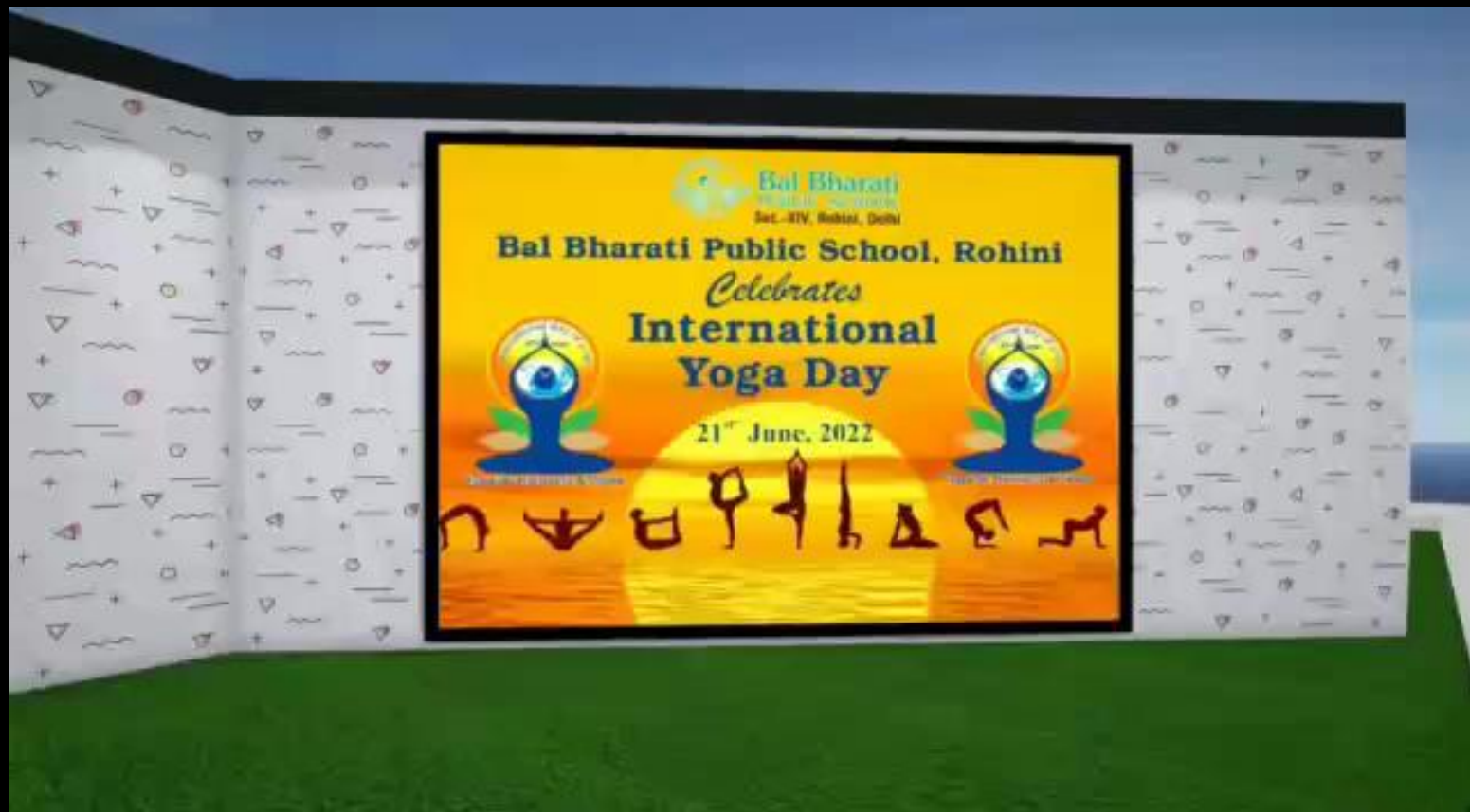
Calm Sage

# International Yoga Day 21 June 2022 Virtual Exhibition

#BBPSYOGASANKALP

#BBPSFOR YOGA

#BBPSIYD22





# INTRODUCTION OF SCOUTS & GUIDES CLUB

BBPS RH initiated the **Scouts & Guides (Cub/ Bulbul) Club** for students of Classes IV & V in collaboration with Hindustan Scouts and Guides Association. Students will be trained by a team of highly qualified trainers from Hindustan Scouts and Guides Association during the session.

The club aims to develop Physical, Mental, Emotional, Social & Intellectual Wellbeing among the learners. It also aims to instill love for community and country through well-structured activities.

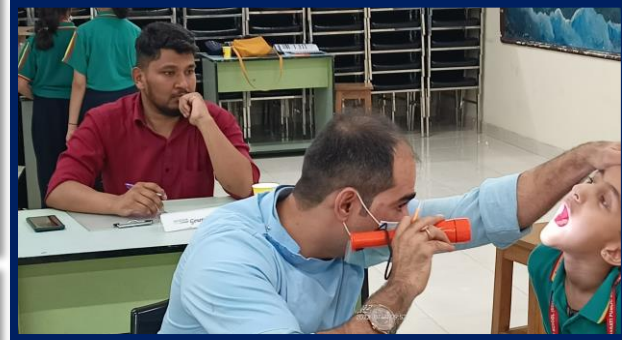
# INTRODUCTION OF SCOUTS & GUIDES CLUB





# IMPORTANT INFORMATION AT A GLANCE

Annual Medical Checkup Camp was organized by BBPSRH from 11 to 13 July 2022. They were screened on five different health aspects i.e. General Health, Ophthalmic Health, ENT, Oral Health and Skin. The health assessments were conducted by a group of General Physicians, Dentists & Optometrists. Diagnosis and remarks of the doctors were noted in individual Child's Health Record. A statistical report of the medical check-up camp will be provided to the school within 30 days of Medical check-up camp. Health discussions will be arranged between doctor & parents individually on need basis.





# Table Tennis

# INTER SCHOOL SPORTS COMPETITION

Game Venue/organiser	Dates	Name of Participants Class/Sections	Category	Results
<b>16<sup>th</sup> Ramjas Interschool Table Tennis Tournament</b> <b>Venue: Ramjas Public School, Ananad Prabat Delhi,</b> <b>Organised by RP</b>	<b>01.08.2022</b> to <b>08.08.2022</b>	Ayansh 1D Urvi 1D Arvit Suri 1C Arihant 1B	U-6 Mixed Team	I
		Dhwani IV B Alisha IV E Saanvi IV E Vanshika III B	U-10 Girls	I
		Avni dabas X C Diya goel VII E Pragya VII C	U-15 Girls	II
		Nupur sehgal X C Palak rathore X D Sharanya Rohatgi X D Taruni Singh X D	U-18 Girls	II



Game	Date	Participants	Category	Position
Interschool Promotional Badminton Tournament 2022  Venue: Sports Complex , Hari Nagar	18.10.22	Devansh Jangra IX C	U-17 Boys	I





# Rope Skipping

# NATIONAL LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Category	Result
<b>23RD NATIONAL ROPE SKIPPING Jump Rope Championship 2022</b>  <b>Venue: Talkatora Indoor Stadium Organised By: Jump Rope Association Delhi</b>  <b>From 17.10.2022 to 19.10.2022</b>	Virat Gupta VIII D	<u>U-11 Boys</u>	
		Speed Hop	<b>Gold</b>
	Nupur Sehgal X B	Speed Relay	<b>Gold</b>
		<u>U-17 Girls</u>	
		Double Under	<b>Bronze</b>
		Speed Relay	<b>Gold</b>
	Prisha Tyagi X C	Double Dutch Speed Relay	<b>Gold</b>
		<u>Above 17 Girls</u>	
		Speed Sprint	<b>Silver</b>
		Speed Relay	<b>Silver</b>
	Nirvani Saini XI C	Double Dutch Speed Relay	<b>Gold</b>
		Speed Relay	<b>Silver</b>
	Khushi Nain XI D	Double Dutch Speed Relay	<b>Gold</b>
		Speed Relay	<b>Silver</b>

# NATIONAL LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Category	Result
<p>Continued...</p> <p><b>At National Level, Students got 16 gold, 06 silver and 01 bronze medals.</b></p> <p><b>The girls &amp; boys teams secured first position.</b></p>	Bhumika X B	Speed Relay Double Dutch Speed Relay	<b>Silver</b> <b>Gold</b>
	Srijan XII D	<u>U-11 Boys</u> Double Under Relay Double Dutch Speed Relay	<b>Gold</b> <b>Gold</b>
	Aryan Gopinathan X B	Double Under Relay Double Dutch Speed Relay	<b>Gold</b> <b>Gold</b>
	Sheryan Gopinathan XB	Double Under Relay Double Dutch Speed Relay	<b>Gold</b> <b>Gold</b>
	Tarunya Jain XII C	Endurance Double Under Relay Double Dutch Speed Relay	<b>Silver</b> <b>Gold</b> <b>Gold</b>



# Rope Skipping

# STATE LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Category	Result
<b>15<sup>th</sup> DELHI STATE Rope Skipping Jump Rope Championship 2022</b>  <b>Venue: Igipess, Vikaspuri, New Delhi</b>  <b>Organised By: Jump Rope Association Delhi</b>  <b>On 17.09.2022</b>	Naisha	<u>U-11 Girls</u>	<b>Bronze</b>
	Jayati Bisht	Speed Hop	<b>Silver</b>
		Double Under Relay	
	Garvita		
	Samaira Diwan	Double Dutch Speed	<b>Gold</b>
	Eshayana Sethi		
	Jeevika	Speed & Double Under	<b>Silver</b>
	Naisha Roatgi	Relay	
	Jayapi Bisht		
	Netra Goel	<u>U-11 Boys</u>	
	Adil Jain	One leg 30 Sec.	<b>Silver</b>
	Ansh Goel	Speed Hope	<b>Bronze</b>
	Virat Gupta	Speed Sprint	<b>Silver</b>
	Akshat	<u>U-14 Boys</u>	
	Dipanshu Solanki	Double Dutch Speed	<b>Silver</b>
	Khagesh Gupta		

# STATE LEVEL ACHIEVEMENTS

Competition / held on	Name of Participants	Category	Result
Continued...	Nishka Garg	<u>U-14 Girls</u>	<b>Gold</b>
	Shagun Dua	Double Dutch Freestyle	
	Kashvi Gujrati	<u>U-17 Girls</u>	<b>Silver</b> <b>Gold</b> <b>Gold</b>
	Prisha Tyagi	Speed Sprint	
	Nirvani Saini	Double Under	
	Nupur Sehgal	Double Under	<b>Bronze</b>
	Bhumika Singh	Speed and Double	
	Saaj Parashar	Under Relay	<b>Gold</b>
	Nupur Sehgal		
	Misthi Gupta		
	Tarunya Jain	<u>U-17 Boys</u>	<b>Gold</b>
	Shreyan Gopinathan	Double Dutch Speed	
	Aryan		<b>Bronze</b>
	Tarunya Jain	Double Under	

**At State Level,  
students got 05  
Gold, 05 Silver  
and 05 Bronze  
medals.  
The Girls Team  
Secured Second  
position.**

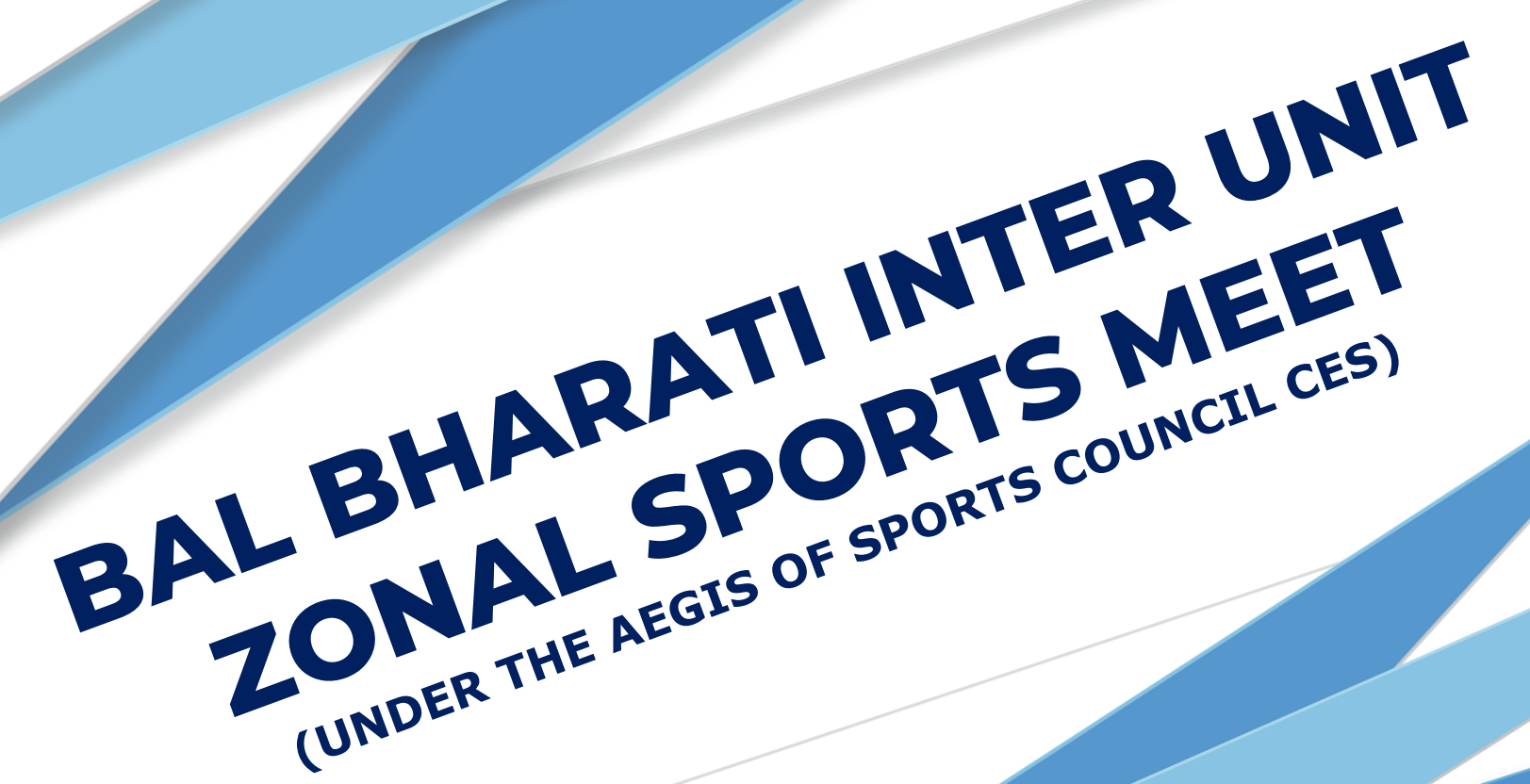


# ZONAL SPORTS COMPETITION

Game Venue/organiser	Dates	Name of Participants Class/Sections	Category	Results
Football Zonal at Sarvodaya Kanya Vidyalaya, Keshavpuram	16.10.2022	Under 15 Boys	U-15	I
Volleyball Zonal at BBPS Rohini	12.09.2022 & 13.09.2022	Senior Girls Team Junior Girls Team Sub. jr. Girls Team	U-19 U-17 U-14	I II III
Badminton Zonal at Delhi Heritage School	30.08.22	Girls Team	U-19	III

# ZONAL SPORTS COMPETITION

Game Venue/organiser	Dates	Name of Participants Class/Sections	Category	Results
Skating Zonal at Delhi Heritage School	31.08.2022	Jivika VI A	U-11 Girls 300m 500m	<b>Gold</b> <b>Gold</b>
Taekwondo Zonal at SV, Sector -06, Rohini	29.08.2022 to 31.08.2022	Ronit Jadon XI D	U-19 Boys	<b>Bronze</b>
Sqay Martial Art at SV, Sector 6 Rohini	14.09.2022 & 15.09.2022	Ronit Jadon XI D  Aditi Sharma VI D	U- 19 Boys  U- 14 Girls	<b>Gold</b>  <b>Silver</b>



# **BAL BHARATI INTER UNIT ZONAL SPORTS MEET**

**(UNDER THE AEGIS OF SPORTS COUNCIL CES)**



# BBPS INTER-UNIT ZONAL SPORTS MEET

Game	Date	Participants	Category	Position
<b>Swimming</b>  Venue: BBPS PP	08.08.2022	<u>Girls Team</u>	4×100m	III
		Mayra Kamara VIII B Janya Rana VIII D Sanvi Pahari VI A Adya Singh VII C	Relay, Freestyle	III
		Adit Singh X A	100m Freestyle	III
<b>Lawn Tennis</b>  Venue;BBPS PP	16.08.2022 & 17.08.2022	Lakshay Drall VII E Raghav X D	Jr. Boys	II

# BBPS INTER-UNIT ZONAL SPORTS MEET

Game	Date	Participants	Category	Position
<b>Athletics</b>  Venue; BBPS PP	16.08.2022 & 17.08.2022	Arjun Bhardwaj IX A	200m	I
			400m	I
		Naval Prasad X C	400m	II
		Mokshit Dahiya X D	800m	II
			1500m	II
		<b>Boys Team</b>		
		Mokshit Dahiya X D	4X200m	III
		Naval Prasad X C		
		Medhansh Khera IX A		
		Arjun Bhardwaj IX A		

**Boys team won overall second position**

# BBPS INTER-UNIT ZONAL SPORTS MEET

Game	Date	Participants	Category	Position
<b>Volleyball</b> Venue;BBPS Manesar	30.08.2022 & 31.08.2022	Girls Team	U16	III
<b>Volleyball</b> Venue;BBPSRH	02.09.2022 & 03.09.2022	Boys Team	U16	II
<b>Table Tennis</b> Venue: BBPSND	01.09.2022 to 03.09.2022	Girls Team	U16	II
<b>Chess</b> Venue;BBPS GR	24.08.2022 & 25.08.2022	Boys Team	U16	III



# BBPS INTER-UNIT ZONAL SPORTS MEET

Game	Date	Participants	Category	Position
<b>Rope Skipping</b>  Venue;BBPS DW	03.08.2022	Shreyan X C	Double Dutch single	
	&	Shivaan Kapoor VIII A	freestyle Boys	II
	04.08.2022	Sukrit Sindhu IX B		
		Ameyao Naarang IX A	Double Dutch single	II
		Bhumika Singh X C	freestyle Girls	
		Saaj Prashar XC		
		Akshat Bhasin	Single Rope Pair	III
<b>Both the Boys and the Girls team won overall second position in rope skipping</b>		Abhay Nain	Freestyle Boys	
		Aryan Gopinathan X B	Double under	I
		Nupur Sehgal X B	30 seconds	I
		Virat Gupta VIII D	Backward speed hop	II
		Prisha X C		I
		Shubham Sehgal VII D	One leg Switch	II
		Shagun Dua VII E		II



## BAL BHARATI INTER UNIT ZONAL VOLLEYBALL (BOYS) TOURNAMENT

In life, there are no Winners or Losers

<https://www.youtube.com/watch?v=J8cXPcHRhI0>  
[https://www.youtube.com/watch?v=HJOyIM\\_b-EA](https://www.youtube.com/watch?v=HJOyIM_b-EA)

❖ As part of 75 years of Indian Independence Day Celebrations, the Alumni Association organized various activities for the students of Primary classes - Kite Decoration activity for classes I & II, Kite making and designing for classes III- V. The Alumni students were invited as judges, they interacted with the students and distributed chocolates to all to show their Appreciation for their creative work. A Kite Flying Event was organized by the Alumni Association on 15 August to celebrate 75 years of India's Independence in the school ground for classes IX -XII.









## INTERNATIONAL LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Category	Result
<b>5<sup>th</sup> Open India International Taekwondo Championship 2022</b> <b>From 24.11.2022 to 26.11.2022</b>	<b>Keshav Panwar</b> <b>XID</b>	<b>U-17/B</b>	<b>Gold</b>
	<b>Ronit Jadon XI D</b>	<b>U-19/B</b>	<b>Gold</b>
	<b>Sayansh Mehra</b> <b>VIII E</b>	<b>U 14/B</b>	<b>Bronze</b>
	<b>Kairavi Saraf III A</b>	<b>U-10/G</b>	<b>Bronze</b>





**NATIONAL LEVEL ACHIEVEMENT**

<b>Competition / held on</b>	<b>Name of Participants</b>	<b>Category</b>	<b>Result</b>
<b>CBSE ROPE SKIPPING NATIONALS organized by Pathaniya Public School at Rohtak From 01.01.2022 to 04.01.2022</b>	<b>Kaashvi Gujrati VIII A</b>	<b>U-14 girls Freestyle</b>	<b>Bronze</b>
	<b>Virat Gupta VIII D</b>	<b>U- 14 boys Speed hop</b>	<b>Gold</b>
	<b>Prisha Tyagi X C</b>	<b>U-19 girls Speed sprint</b>	<b>Silver</b>
	<b>Shubham Sehgal VII B Abhey Nain VII B Virat Gupta VIII D Dipanshu Solanki VIII D</b>	<b>U-14 boys Double Dutch speed relay</b>	<b>4 Gold</b>
	<b>Shubham Sehgal Abhey Nain VII B Virat Gupta VIII D Dipanshu Solanki VIII D</b>	<b>U-14 boys Double Dutch Pair Speed</b>	<b>3 Bronze</b>





Competition / held on	Name of Participants	Category	Result
<b>CBSE ROPE SKIPPING NATIONALS</b> organized by Pathaniya Public School at Rohtak From 01.01.2022 to 04.01.2022	Nirvani Saini XI D Khushi Nain XI C Nupur Sehgal X B Prisha Tyagi X C	U-19 girls Double Dutch Speed Relay	4 Gold
	Nirvani Saini XI D Khushi Nain XI C Nupur Sehgal X B Prisha Tyagi X C	U-19 girls Speed & Double Under Relay	4 Silver

**At National Level, Students got 9 Gold, 5 Silver and 5 Bronze Medals**





# Football

## INTER STATE LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Category	Result
13 <sup>th</sup> SK Sharma Memorial Inter State School's Football Competition 2023 Venue: Mamta Model Sr. Sec. School, Vikaspuri New Delhi From: 06.02.2023 to 08.02.2023	Boys Team	U-10 boys	II Position



Competition / held on		Name of Participants		Category		Result
Table Tennis Inter Zonal Competition (Zone 13 ) 2022 at Tyagraj Stadium INA, Delhi  on 24.12.2022	Shubham Sehgal	VII D	U-14 boys		II	
	Nupur Sehgal	X B	U-14 girls		II	
	Palak Rathore	X D				
	Avni	X C				

Competition / held on	Name of Participants	Category	Result
<b>Inter zonal chess competition 2022-2023</b> <b>Venue -</b> <b>Chhatrasal Stadium model town, Delhi</b> <b>Organised by:</b> <b>DOE</b> <b>From: 23.12.2022 to 28.12.2022</b>	Himanshu Jain, VII A	U-14	III Position
	Navya Bhasin, VIII D	U-14	V Position (Both Selected for the SGFI National Competition)



Himanshu Jain



Navya Bhasin



# Football

## INTER SCHOOL LEVEL ACHIEVEMENT

Competition / held on	Name of Participants	Result
<b>Mahavir Cup 2022</b>  organized by <b>Mahavir Senior Model School</b>  From 16.12.2022 to 19.12.2022	<b><u>Boys Team,</u></b> U-17 boys Keshav Panwar XI D   Naval X C Sameer X D	<b>WINNER</b>  <b>*Golden Boot Trophy</b> <b>*Man of the match in two matches.</b> <b>*Match Hero Trophy</b> <b>*Highest Goal Scorer Trophy</b> <b>Man of the match trophy (Semi-Final)</b> <b>Golden Ball Trophy</b>





**Bal Bharati**  
PUBLIC SCHOOL  
ROHINI

January

Republic Day





## • Visits to Experiential Learning Centre, Solan



DATE	CLASSES	TEACHER ESCORTS
5.11.22 -8.11.22	77 Girls of Classes VII A, B , C , D , E and VIII C	Ms Anita Desal, Ms Priti Dhingra, Ms Seema Chadha , Ms Sushma Mishra





## FREEDOM CUP 4.0 on 26 January 2023 (BBExSA)





**Flood lights in  
Volleyball Court &  
around cricket  
pitches: sector 14**





**Renovation of Swimming Pool – Outer Shower Area**



# PP Modular Tiles in Badminton Court



2022/05/21 13:25



**Synthetic Six layered surface with Asphalt sub-base**





**EPDM SURFACE, SWING AREA,  
SECTOR-14, ROHINI**





**Bal Bharati**  
PUBLIC SCHOOL  
Rohini



**THANK YOU**