

BAL BHARATI PUBLIC SCHOOL, ROHINI			
		SESSION 2023-24	
LIST OF JUMP BUNCH(SPORTS GURU ACTIVITIES)			
MONTH	S.No.	CLASS II	Skills to be developed
Apr-23	1	HOPPING BALL	<p>Development of Gross Motor Skills Improving eye hand coordination, eye foot coordination, agility & balance. Improving Eye Foot coordination Running Skills Collabroration Team work Sportsmanship</p>
Jul-23	2	RUGBY - TOUCH DOWN	
	3	RUGBY - HICKING & DROP KICK	
	4	TARGET NET	
	5	JAVELIN	
	6	PARACHUTE	
Aug-23	7	AGILITY LADDER	
	8	3 LEG RACE	
	9	OBSTACLE COURSE	
	10	FRISBEE	
Sep-23	11	BASKETBALL DRIBLLING	
	12	SOCCER - RECEIVE & PASS	
	13	SOCCER - DRIBBLE & WALK	
	14	SCOOP TOSS	
Oct-23	15	BUILDER & BULLDOZER	
	16	MIND YOUR STEPS	
	17	SPEEDCUTE PARACHUTE RACE	
	18	RING TOSS	
Nov-23	19	SNATCH THE CONES	
	20	BALLOON BURST	
	21	SPEED-CHUTE	
Dec-23	22	FISHING	
	23	ICE CREAM TOSS	
	24	HOCKEY	
Jan-23	25	SHOOTING STAR	
	26	POGO JUMPPER	
	27	SHUTTLE RUN	
Feb-23	28	TUG OF WAR	
	29	CRICKET- DRIVE	
	30	BATON RELAY	
	31	CATTERPILLAR RACE	
Mar-23	32	BUGS CATCHING	