

## REPORT - 23/08/2023

**Date:** 23/08/2023, Wednesday

**Topic:** Understanding Personal Boundaries through Respect

**Classes Covered:** 8B, 8A, 7D, 7B and 7C

**Modality used:** Discussion & Short film

### **Summary of the Session:**

The topic for the session was chosen keeping in mind values that children should focus on while growing up. The value chosen for the session was respect. The value was discussed using an age appropriate framework. Reflective activities were a part of the classroom discussion. Children were asked how they displayed this value through their lives.

While understanding the value of respect the concept of boundaries was also discussed.

### **Learning:**

- Understanding respect
- Understanding respecting oneself and other living beings regardless of their age.
- Learning the concept of boundaries in different relationships.
- Learning the concept of personal boundaries, why are they important and how to maintain them.

