

## BBPSRH/Parent/2023-24/56

Dear Parents/Guardians,

Millet Awareness Day - Friday, 25th August 2023

We are thrilled to announce that our school will be observing Millet Awareness Day on Friday, 25<sup>th</sup> August 2023, in alignment with the Indian government's declaration of the year 2023 as the International Year of Millet.

The primary objective of this event is to promote millets as highly nutritious cereals and raise awareness about their numerous health benefits. Throughout the day, students will have the opportunity to enjoy millet-based recipes during lunchtime and showcase the nutrient value of their dishes through creative placards. This fun-filled activity aims to encourage and instill healthy eating habits among our students.

Your support and participation are crucial in making this event a resounding success. We kindly request you to motivate your child to actively take part by bringing a millet-based lunch and guiding them in creating their placard. This will not only provide them with valuable learning experiences but also help them comprehend the significance of millets in maintaining a well-balanced diet.

Together, let's empower our children with knowledge about nutritious food choices and contribute to building a healthier and more sustainable future for all.

We sincerely appreciate your cooperation and involvement in this meaningful initiative.

Regards Team BBPSRH