

BBPSRH/Parent/2023-24/45

28 July 2023

**Dear Parents** 

As the school cares about your ward's health and well-being, we would like to advise you on conjunctivitis, also known as "pink eye." Conjunctivitis is an inflammation or irritation of the conjunctiva, which covers the white part of the eye ball. It is caused by allergies, bacterial or viral infection.

Here are some important points to remember to avoid inconvenience caused by the infection.

- 1. Recognizing Symptoms: Conjunctivitis can cause redness, itching, and a discharge from the eyes. If your ward experiences these symptoms, inform the class teacher immediately.
- 2. **Avoiding School:** If your ward has conjunctivitis, make him/ her stay at home and do not send him/ her to school until the infection clears up. Follow your doctor's advice regarding when it's safe to return.
- 3. **Contagious Nature:** Conjunctivitis is highly contagious, and it can spread through direct contact with infected eye secretions or contaminated objects. Avoid touching eyes and sharing personal items like towels, lenses or glasses.
- 4. **Hand Hygiene:** One must maintain good hygiene, which includes washing hands and avoid touching eyes with bare or unwashed hands.

Remember, taking these precautions will help prevent the spread of conjunctivitis and protect the health of your ward, your family as well as fellow students & staff at school.

Stay safe and healthy!

Warm Regards TEAM BBPSRH