

2023-24/01 4 April 2023

"You can't put a limit on anything. The more you dream, the farther you get."

-MICHAEL PHELPS

Dear Parents,

Swimming is an exercise that increases flexibility, improves mobility and builds confidence. The school has a well-equipped and beautiful swimming pool to facilitate development of this life skill among students.

FOR CLASSES VI-VIII

The swimming classes will be common for both boys and girls. Kindly send the following items on the day of **swimming** and help in making their learning experience well planned and enjoyable.

- **❖** Towel
- **♦** A set of undergarments
- Comb
- Swimming Goggles
- Swimming costume with cap

Regards

Team BBPS, Rohini