

Connect Times

The Newsletter of Interact Club BBPSRH

November, 2021

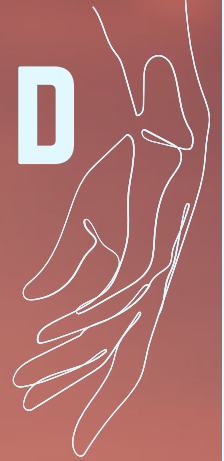
Volume V, Issue XII

We, unaccustomed to courage
exile from delight
live coiled in shells of
loneliness
until love leaves its high holy
temple
and comes into our sight
to liberate us into life.

Love arrives
and in its train come ecstasies
old memories of pleasure
ancient histories of pain.
Yet if we are bold,
love strikes away the chains of
fear
from our souls.

We are weaned from our
timidity
In the flush of love's light
we dare be brave
And suddenly we see
that love costs all we are
and will ever be.
Yet it is only love
which sets us free.

TOUCHED
BY AN
ANGEL



- Maya Angelou



CONTENT

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TEACHER'S DAY

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ENTERTAINMENT FOR AWARENESS

The club tried implementing the same via Instagram reels & the idea proved itself to ...



DIWALI DONATION

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PLASTIC DONATION DRIVE

A 10-day plastic recycling drive called "Recycology"....



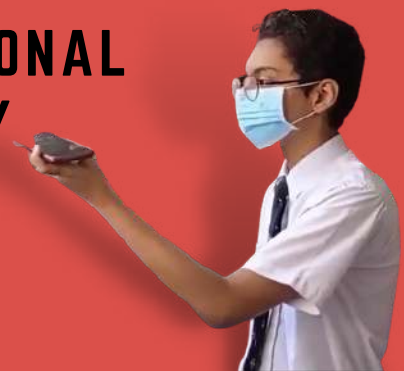
DONATION OF BOOK SETS

Old curriculum books from the students of our school which they



INTERNATIONAL PEACE DAY

An on-ground interview keeping all the Covid-19 protocols in mind ...



INTERNATIONAL MEET

A collaboration with interact clubs of over 18 different countries ...



CONTENT

PRIDE DAY CELEBRATION

The series was introduced with an aim of spreading awareness about the LGBTQI+ community...



POWER OF PONYTAILS

3 interactors from BBPSRH donated over 12 inches of their hair...



PAWSITIVE

A drive to spread awareness about animal welfare was initiated...



SUN TO LOH

A campaign on mental health awareness among the youth...



The best way to find yourself is to lose yourself in the service of others.

- Mahatma Gandhi



STUDENT CREDITS

Design- Ashmita Dua (X-C)

Content- Adeetya Kakkarr (IX-C)

FROM PRINCIPAL'S DESK

Ms. Geeta Gangwani

"The great aim of education is not knowledge but action." - Herbert Spencer

Education is about life and therefore, the connections drawn between our classroom activities and real life makes the learning process meaningful and deep rooted. I recently read about Education 5.0 which calls for rehumanising education in the age of Machine. I couldn't agree more with the fact that machines in the modern times have alienated human being from each other and therefore, education must endeavour to bring them back to each other, to the community. As we get our children ready for the challenges of the future world, we need to ensure that they aren't just successful and entitled adults. We also need to establish their value enrichment and strong personal as well as community ethics. I believe that the root of the entire process of education is the Value addition to student's existing pool of knowledge. It reminds me of the famous analogy of wings and roots for our students- wings to fly as high as possible and roots to stay grounded.

At BBPS, Rohini, our focus has always been to strengthen the fibre of values and ethics in the tapestry of learning that we weave. Values and ethics cannot be taught, they must be absorbed by experiential learning. Action and experience are pivotal to value education. And, therefore, the school has created multiple platforms like Interact Club, Students Council, Circle Time etc to help students explore the course of action which is exciting as well as enriching. In this edition of the e-newsletter, we have showcased the activities of the Interact Club of our school. The elemental thought behind Interact Club is the urgent need to make a difference. The activities of the club provide opportunities not just to spread awareness but to initiate action as well. The activities promote 'Compassion in Action', not just words.

The students are engaged in meaningful campaigns, Donation Drives, Ration Collection & Distribution etc. Also, the issues covered are compelling and of wide variety which engages children with passion and commitment. What is the most heartening is the impact these endeavors have on our children's value system and understanding of the world. They imbibe the most valuable lesson that education can give them – Engage to make a difference. I hope you enjoy browsing through the e-newsletter. We look forward to your opinions and suggestions.



FROM VICE- PRINCIPAL'S DESK

Ms. Bandhana Sharma

"Educating the mind without educating the heart is no education at all." - Aristotle

This statement is so true in the present times. In times of over-exposure to gadgets and virtual teaching, our students are losing the humane connection. Locked within four walls of the house, our students have very limited social engagement. The tough situation has become tougher with Covid 19 Pandemic. We, as educators, were as it is struggling with keeping the student connected with the community strong and now, with Covid 19, it's even more of a daunting challenge to keep the association going.

Therefore, our endeavor perse Interact Club was to ensure that the limitations of the current times do not curtail our spectrum of activities and engagement. We have had a very active Interact Club activities charter but keeping it active and driven in the past few months has taken a great deal of effort and commitment. The online platform helped spearhead campaigns but also limited the chances of one interaction. The technology-enabled and empowered students tried to compensate for the missing element of physical engagement with more informal interactions on a virtual platform. Having personally monitored the activities, I have realized that even if the challenges seem intimidating, they are surmountable and can be overcome with intention and innovation.

Interact Club not only strengthens the value system of our students but also make them realize that they are the catalysts of change in society, rendering them an altruistic and conscientious nature. The values like compassion, empathy, kindness, etc are reinforced through multiple experiences. Also, these experiences ensure that our children don't grow up to take their privileges for granted but remember their role in social transformation.

Congratulations to the team and many more such achievements in the future.



FROM THE DESK OF INTERACT CLUB INCHARGE

Ms. Komal Chawla

“The purpose of life is to live it, to taste it, to experience to the utmost, to reach out eagerly and without fear for a newer and richer experience.” – Eleanor Roosevelt

It is a fact that our personality determines our approach, our perspective towards life, towards professional and personal tasks. Everything we do reflects our attitude and personality. Therefore, my journey as an educator has been marked by my earnest desire to taste life, experience it to the utmost. When I was made the in-charge of Interact Club, I was overjoyed as this was an opportunity to enrich children with meaningful activities and life lessons. I had two guiding principles that governed my functioning- one was to keep all activities action-oriented and second, to let my students run the show. And, therefore, even in the midst of creative chaos, the students were driven by their innate passion and ambition to make a difference.

As we celebrate our students endeavour through this e-newsletter, I would like to bring to the front students’ diligence and pragmatism. There were many challenging situations posed by COVID 19 and ensuing limitations. However, the morale and the enthusiasm of the students wasn’t deterred by these impediments. In fact, their innovative approach towards problem-solving was a revelation to me as well. Apart from this, the club members made use of social media space so exhaustively that the engagement of non-members was also impressive. The Instagram page of the club has regular stories dealing with issues and days of relevance.

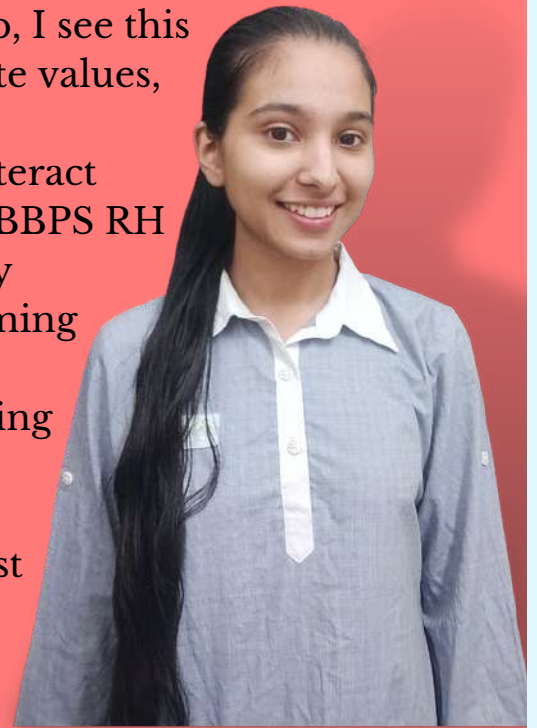
It is true that to teach the young, we got to speak the language of the young. I am thrilled to have made such deep-rooted connections with my students and learnt to speak their language too. This journey of creating an impact has endless possibilities and opportunities. I am sure the years ahead will bring in new collaborations, newer prospects and the greatest zeal to the forefront. I take this opportunity to thank all my mentors for their guidance & support and express my gratitude to the cosmos for momentous and metamorphic experiences. Happy reading!



THE PRESIDENT SPEAKS

Pavi Gupta

Being elected as the President of our interact club, I see this as a great opportunity; an opportunity to inculcate values, discipline and harmony in the lives of others; an opportunity to lead by example. Although the Interact District 3012 has recognized our interact club of BBPS RH as the Gold Club twice. With a new year, new jury members, come great expectations. I believe coming together is the beginning, keeping together is progress, working together is success. For me, being the President has not been about position or the title but about action and an example that can make a difference. I have stood as a leader not just to lead you but to work in collaboration with everyone to achieve the best for our school.



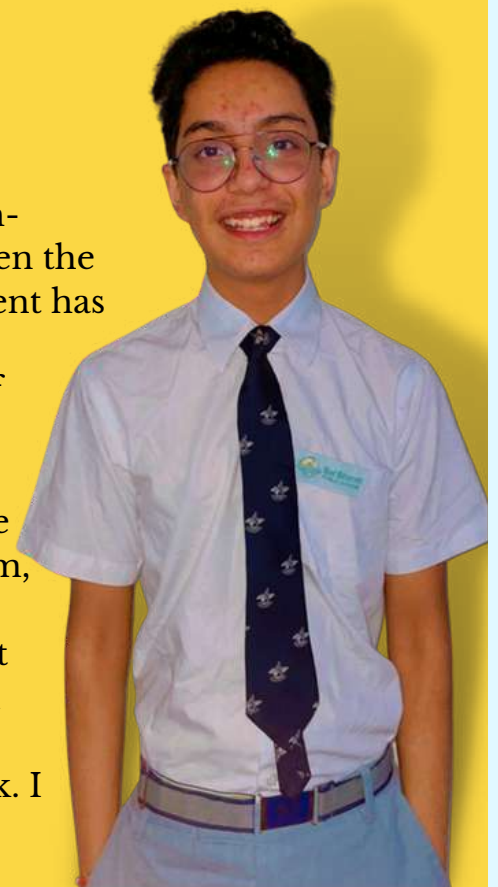
THE VICE-PRESIDENT SPEAKS

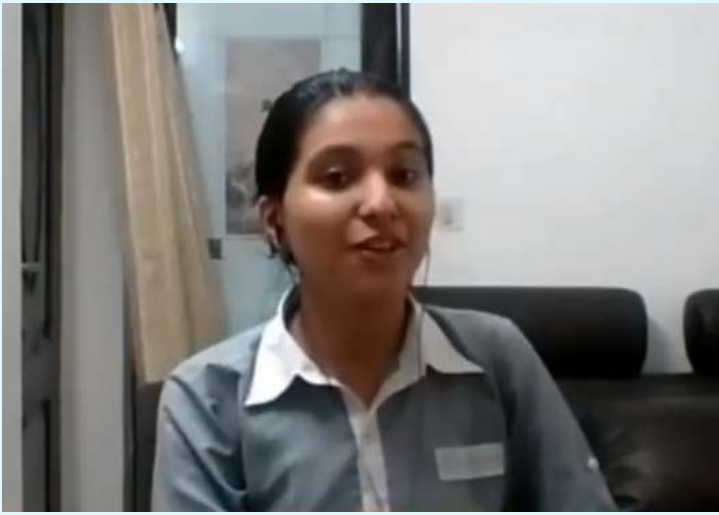
Adeetya Kakkarr

'Wisdom is learning what to overlook.'

-William James

Interact has edified me a lot, be it munificent or the much-needed adeptness of delegating work in a team. Being given the amazing opportunity to accommodate as the Vice-President has granted me a space to work for my society & of course to ameliorate myself as an individual who is a component of the community. I never believed that a single group of individuals can change me so much, but the team that the Interact Club gifted me with, authentically did confute me for the better. Not only the student team but Komal ma'am, as the club in charge, has taught me some truly precious lessons, which are not only going to avail me in school but will go along with me through my whole life. I am blissful that *'The Connect'* has been introduced, it will for sure give the interactors a platform to showcase their altruistic work. I hope you relish reading the newsletter ahead.





SERIES- LET'S TALK IT OUT

The series was introduced with an aim of spreading awareness about the taboos in our society. The interactors believed that talk would be a great way of getting something in front of the masses.

The first episode of the series was named "Let's Talk Red". The episode aimed to spread awareness about Menstruation. The episode featured- Pavi Gupta (XI)- Club President & Adeetya Kakkarr (IX)- Vice President. Both of them talked about how Menstruation actually became a taboo & how it shouldn't be one. A very open discussion including a question-answer round, testing the knowledge of the co-interactor about Menstruation.

The first episode was released on 17th September on all the social media platforms such as Facebook, Instagram, Youtube & Twitter as well. It was well appreciated & received recognition from the Rotaract & Interact district- 3012.

As an interactor, I stand for
**Goodwill and
Peace**

-Poonji Thakkar

As an interactor, I stand for
Forbearance

-Adeetya Kakkarr

As an interactor, I stand for
**Wisdom and
Unity**

-Rishika Chaurasia



Interact
Club



BBPS
ROHINI

PRESENTS

"Teachers: Our Pole Star"

As an interactor, I stand for
Equality

-Vashnavi Sharma

TEACHERS' DAY CELEBRATION

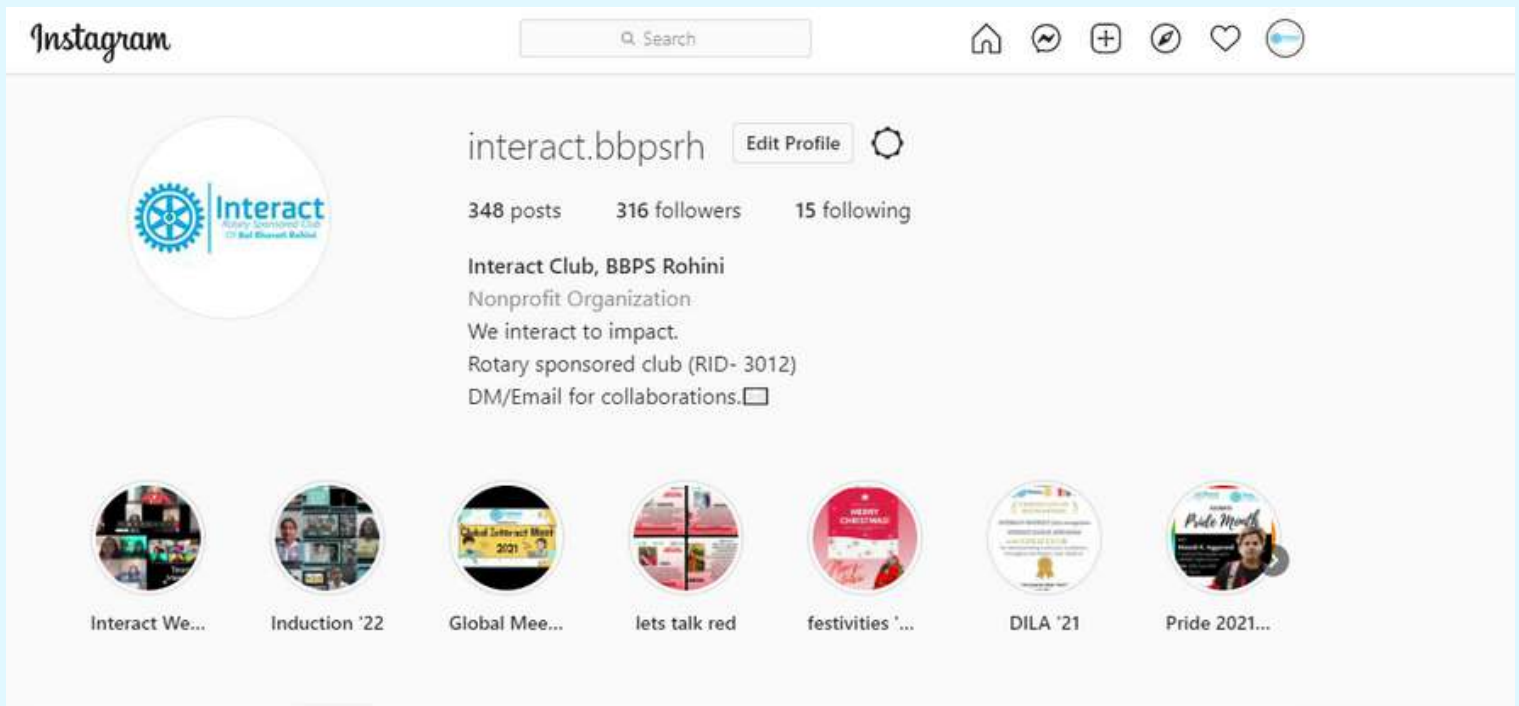
This year the interactors decided to celebrate Teachers ' Day in a different way. The students brought out the real side of teachers' lives by enacting in a short film, "Teachers':Our Pole Stars" created by them.

As an interactor, I stand for
Team Work

-Nandit Singhal

The interactors showed how the online classes were conducted with the earnest efforts put in by the teachers. The trials and tribulations of a teacher's journey during the Pandemic were explored.



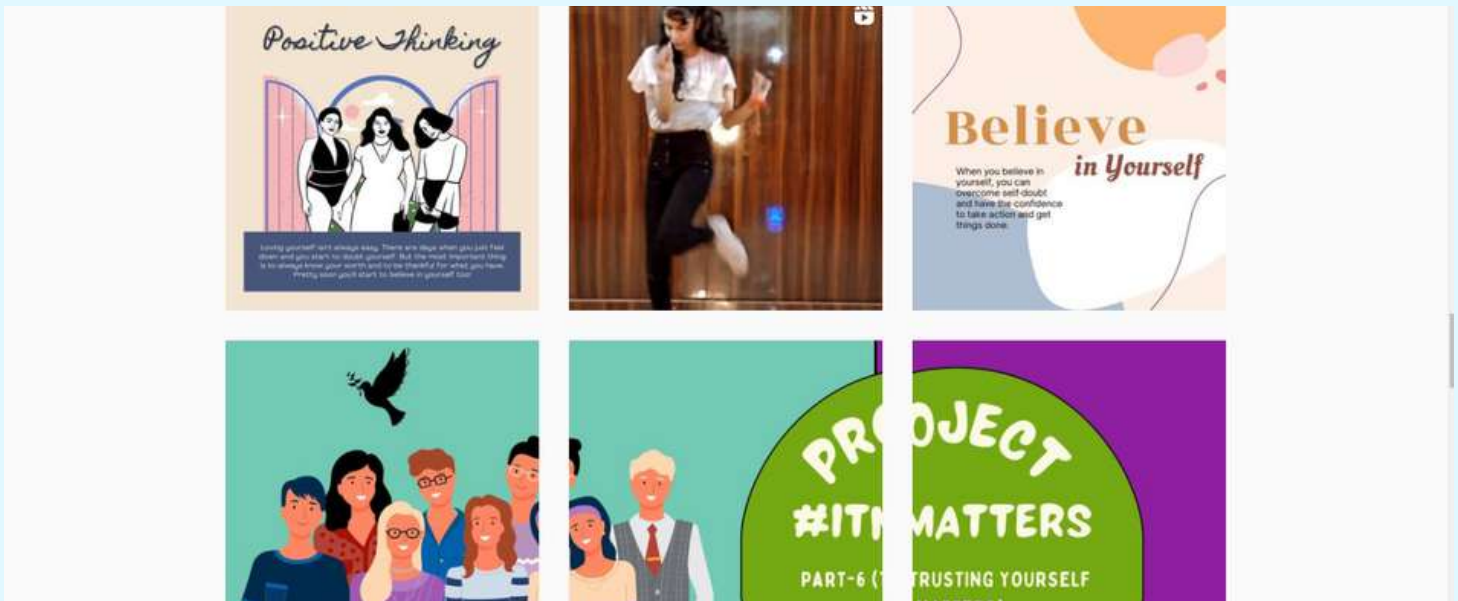


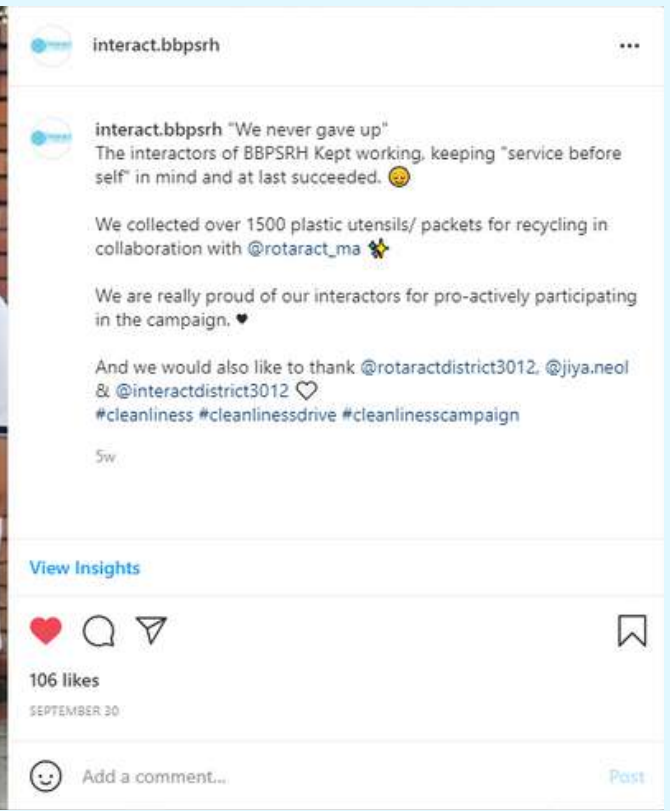
ENTERTAINMENT FOR AWARENESS

Interact Club, BBPSRH believes that entertainment can be a really good way to spread awareness, especially among the youth. The club tried implementing the same via Instagram reels & the idea proved itself to be really promising, and the engagement on the reels for sure passes the same message. Some of the reels got over 8000 views & were really appreciated by everyone.

The Reels covered all the different types of social issues including Racism, Asian Hate, Body Positivity, LGBTQI+ Community, Gender Pronouns, Mental Health, etc. All this was covered under the project #ItMatters.

Other than Instagram Reels, Youtube played a vital role in spreading awareness. Be it the awareness about mental health or knowledge about how great the Indian Air force is. The new concept adopted by the club proved to be a big success.

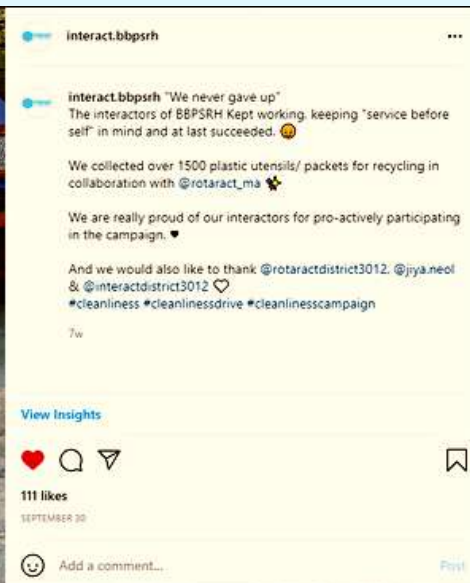




RECOLOGY- PLASTIC DONATION DRIVE

The Interactors of Bal Bharati Public School, Rohini Collaborated with the Rotaract Club Of Maharaja Agrasen for A 10-day plastic recycling drive called “RECOLOGY”. The Interactors Participated with zest & zeal and collected over 2000 plastic utensils/ packets for Recycling. The Plastic was handed over to Rotaractor Devansh. Our Club’s target given by MAPS Rotaract Cub was 80 packets, but we never limited ourselves and thus collected over 2000. BBPSRH Interact Club was highly appreciated by the respective Rotaract Clubs.

Rotaract District 3012 even posted a special appreciation post for BBPSRH Interact Club for their amazing contribution to this project.



As an interactor, I stand for
Loyalty
-Samridhi Gupta

As an interactor, I stand for
Originality
-Arshita

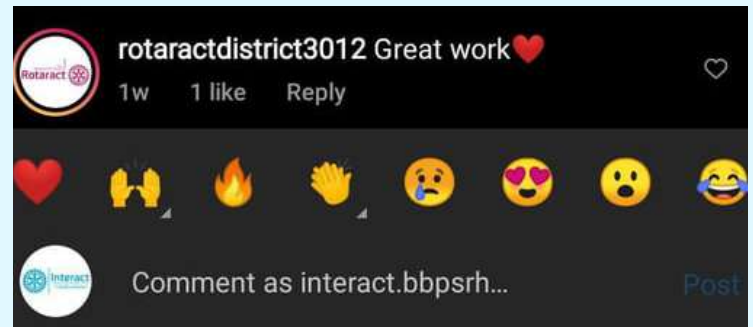


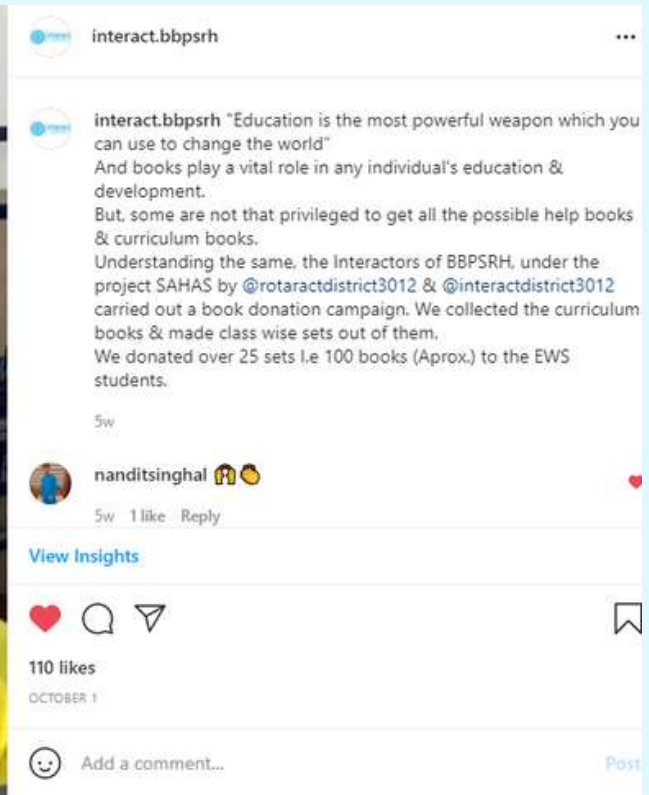
DIWALI DONATION

The interactors were encouraged to donate basic ration material such as rice, sugar, wheat flour, salt & pulses. The campaign was a huge success, under the guidance of Ms. Bandhana Sharma, Vice-Principal & Ms. Komal Chawla, Club-In Charge.

All the collected ration was then donated to the school support staff.

The campaign was even appreciated by the Rotaract District 3012 via comments on the Instagram post.





BOOKS' DONATION DRIVE

BBPSRH Interact Club organized a book donation drive under the **Project Sahas** by the Rotaract District 3012. Old curriculum books from the students of our school which they were not using anymore were collected by the interactors. Then, the Interactors made class-wise book sets out of the books. Prepared book sets in good condition were handed over to the EWS Students.

This whole event was a 10 days campaign. The drive was successful with the help of creativity, hard work, and enthusiasm shown by the interactors. Later, via an Instagram story, the work done by BBPSRH Interact Club was appreciated.



As an interactor, I stand for
Empathy

-Siya

As an interactor, I stand for
Hardwork

-Pragya Vats



Ms. Surbhi Kathuria (Teacher-English)



(Parent)



Mr. Patanjali (Teacher- Political Science)



Ms. Sapna Rajput (Teacher- History)



Ms. Mridu Marwah (Teacher- Science)

INTERNATIONAL PEACE DAY

Club President- Pavi Gupta & Vice President- Adeetya Kakkarr conducted an on-ground interview keeping all the Covid-19 protocols in mind with the teachers, Vice-Principal, and the parents of BBPS Rohini asking what peace meant to them. The parents were also asked about their understanding of the mental health of their wards and how they made efforts to maintain that.

The teachers also participated with full zest and zeal talking about the various techniques they used to encourage the students to speak up with them, one of the ways suggested by the teachers include a positive environment where students can freely express themselves.



Ms. Bandhana Sharma (Vice Principal)



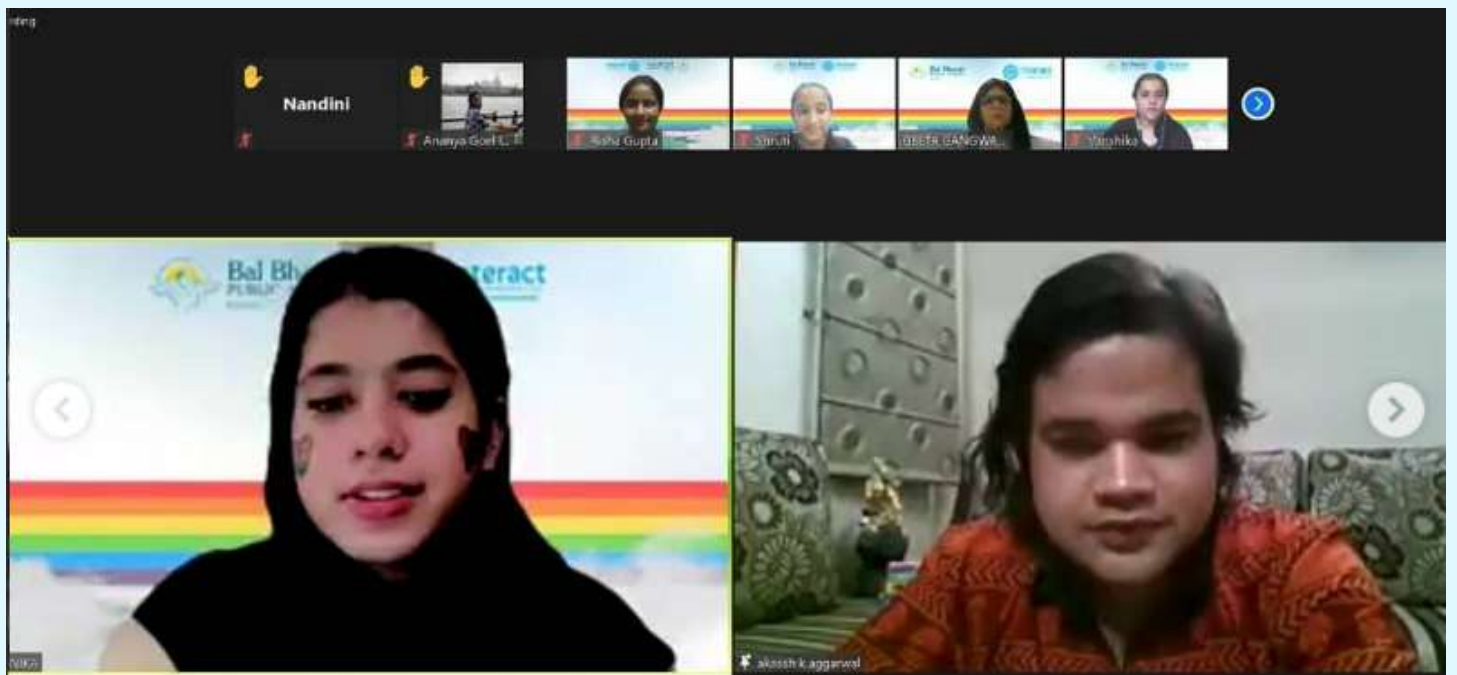
THE INTERACT INTERNATIONAL MEET

The students of BBPSRH Interact Club initiated a collaboration with interact clubs of over 18 different countries, including Iran, Egypt, Bulgaria, Tunisia, Peru, Guatemala, Romania, Turkey, Macedonia, Croatia, Italy, France, Austria, Brazil, etc.

In the session, held on 6 November 2021, the interactors had a discussion about different cultures, customs, traditions, tolerance & the role of educational institutions in developing a child's future personality. Many further projects were discussed.

The virtual meet included a 3-hour meeting with over 80 interactors.





PRIDE MONTH CELEBRATION

The interact club celebrated Pride month by inviting Akash K Aggarwal to express himself unequivocally. He is a TEDx SPEAKER, an LGBTQIA+ Rights Activist, who through the power of his heart-rendering “LifeStories” has helped society identify and confront its biases towards the community.

He was invited to give a talk on the LGBTQI+ community in India and what problems are faced, while also addressing various doubts of the students as well via interacting with them.

As an interactor,
I stand for
Courage
- Pavi Gupta





POWER OF PONYTAILS

A hair donation campaign for cancer warriors was initiated by Rotaract District Organization 3012 in the month of November 2020 in which our Interact Club took part enthusiastically by making donations and helping in collecting them as well. Varnika Dhyani, Trisha Garg, Aashna Gulati & Hiya Gandhi from BBPSRH Interact Club contributed by donating 12 inches of their hair for making natural wigs.

This campaign helped in increasing empathy and extending a helping hand towards cancer warriors.



AN ACT OF KINDNESS

by Varnika Dhyani

"I am doing this for someone who might never have the opportunity to grow their hair back", I told myself whilst standing in front of the mirror with a pair of scissors in my hand. I could see my long and thick hair which I have been growing for 3 years and often received compliments on how pretty they looked. But, now is the time to cut 35cm (from the length of my waist till my ears) of my hair and donate it to cancer warriors to get them natural wigs. It was a moment of having good intentions and great courage. I did it, I chopped off my long hair, I did a good deed. Special thanks to Rotaract Club for connecting me with the NGO that helped Cancer warriors. It indeed wasn't an easy job but once done it brought me the greatest joy. I held the ponytail in my hand, placed it gently in an airtight container and couriered it to Tamil Nadu. I also got to share my story with my peers and inspire them. It was one of those times where one little act of kindness brought mammoth joyous emotions. Now everytime I look at my short hair, I take my moment to feel blissful.

Name: Varnika Dhyani

Class: 12/D

Donated Hair (35cm) to cancer patients



PAWSITIVE

Interact Club of BBPSRH initiated the 'Project Pawsitive' to show how all stray animals are adorable and deserve our respect and love. Interactors of BBPSRH also shared some of their pictures showcasing how stray animals can be so enchanting and delightful.

Under the same project, the Interact Club of BBPSRH also made a reel, which was posted on our official Instagram page.

As an interactor,
I stand for

Respect

-Nupur Sehgal





SUN TO LOH CAMPAIGN

The Interact Club of BBPSRH initiated the project 'Sun To Loh'. In this project, the interactors of BBPSRH talked about how adolescents go through many problems mentally and all they need is a shoulder to lie on or just someone to talk to, who would listen to them without any judgment.

The video was liked by many people and currently has 1.5k+ views on Instagram. Moreover, the video got recognition by a renowned singer- Avanti Nagral, having over 124K followers, whose song- 'Sun To Loh' was even used in the campaign video. Moreover, she even appreciated the video via her instagram story.

← **avantinagral** ✓



896 Posts **124K** Followers **1,887** Following

Avanti Nagral
Artist
songs, stories & conversations 🌍🎵
🇮🇳🇺🇸 | @harvard 🎓
✉️: mgmt@avantinagral.com
🎧 music, merch & more 🙌
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[@bbpsrh_interact_club](https://www.instagram.com/bbpsrh_interact_club)

 2:53

Project: Sun To Loh | Mental Health Awareness
bbpsrh_interact_club



interact.bbpsrh

Message



360 posts

324 followers

15 following

Interact Club, BBPS Rohini

Nonprofit Organization

We interact to impact.

Rotary sponsored club (RID- 3012)

DM/Email for collaborations.

Followed by ashmi_dua, kaashvid_6, tidy.projects +4 more



Interact We...



Induction '22



Global Mee...



lets talk red



festivities '...



DILA '21



Pride 2021...

SOCIAL MEDIA PRESENCE OF INTERACT CLUB

