



# **FACILITATION MODULE**

# PRE SCHOOL

GUIDELINES TO NURTURE EARLY LEARNING <u>1<sup>st</sup> October 2021- 31<sup>st</sup> October 2021</u>

THEME OF THE MONTH- THINGS WE SEE IN THE SKY



Dear Parents & Facilitators,

Childhood is the golden period in one's life. As observed & mentioned in the NEP 2020, 85% of brain development in a child takes place before six years of age. We have always tried to strengthen the bond with every passing day in our journey of learning in these extraordinary times. We extend our heartfelt gratitude to all the co-facilitators who have given in their precious hours during these tough times in making the learning useful & fruitful for our little ones.

"Bal Bharati" appreciates your constant support & enthusiasm in the virtual sessions.

We append another learning programme in line with our theme of the October month- "THINGS WE SEE IN THE SKY" with the aim to foster happiness and give the children the opportunities to explore, to learn.

Let us come together to provide our children a happy and joyful learning experience.

Each activity designed & planned in the module is in accordance with the NEP 2020 which caters to all the domains of learning- physical development, motor development, cognitive development, socioemotional development, language development, aesthetic development, and literacy & numeracy readiness.

Our main aim behind planning these activities is to focus on the holistic development of the child to the extent possible. Let's make them learn and become skillful through first hand experiences/ activities, exploration & rationalizing instead of rote-learning.

Thank you for your cooperation. Looking forward to a wonderful handholding in your child's education... always.

Warm Regards.

#### THEME OF THE MONTH- THINGS WE SEE IN THE SKY

#### > FESTIVAL OF THE MONTH-

• Gandhi Jayanti, Dussehra, Durga Puja.

#### > VALUE/SOCIAL SKILLS-

• Happiness.

#### > LANGUAGE AND COMMUNICATION-

- News of the Day.
- Things we see in the sky.
- Birds.
- Vocabulary bag- Birds, Balloon, Butterfly, Up, High, Kite, sky, moon, stars, aeroplane.

#### > LITERACY ENGLISH-

- Letter sound recognition-Ee, Vv.
- Sight word-He, She, We.

#### > LITERACY HINDI-

- शब्दावली बाजरा ,पंख , चोंच, उड़ान, घोंसला, मकई का दाना, पेड़ , तिनका ।
- मौखिक ध्वनि विश्लेषण अक्षर 'ई' और 'ऐ' की पहचान ।

#### > BLOCKS AND MATHS-

- Sorting & pairing activities.
- Puzzles (2-4 Pieces) & Odd one out.
- Pre number concept (Far/Near) & Shape (Rectangle).
- Recognition of numbers 1-9 and co-relation with objects.
- Zero lesson.
- Oral counting 1-10.(Revision)

#### > WRITING READINESS ACTIVITIES-

- Colouring in an enclosed figure.
- Dressing up using press-studs & zips.

#### > GROSS MOTOR SKILLS-

• Hopscotch on numbers.

#### > CREATIVE EXPRESSIONS-

- Weaving activity.
- Paper plate craft-Sun, Moon & Star.

The National Education Policy 2020 has given the highest priority to building strong foundations early in a child's life. Dear facilitators,

The activities planned in the module have been divided into three weeks to strengthen these early learning experiences in a child's life from known to unknown, simple to complex, and from concrete to abstract.

### 1st Week (1st Oct-10th Oct)

News of the day, Gandhi Jayanti, Things we see in the sky, Vocabulary bag (Birds, Balloon, Butterfly, Up, High, Kite), Letter Ee, Sight words-He & She, अक्षर ई, Sorting Activity, Paper plate craft (Sun, Moon, Star).

#### 2nd Week (11th Oct-24th Oct)

Dussehra, Durga Puja, Dressing up using Press studs & Zips, Letter Vv, Sight words- We, Colouring in an enclosed figure (Bird), Odd One Out, Recognition of number 9, अक्षर ऐ, Hopscotch on numbers.

### 3rd Week (25th Oct-31st Oct)

Happiness, Birds(Sound discrimination), Vocabulary Bag (Sky, Star, Moon, Aeroplane, Butterfly), Weaving Activity, शब्दावली (बाजरा ,पंख, चोंच, उड़ान, घोंसला, मकई का दाना, पेड़, तिनका), Puzzles, Shape-Rectangle, Recap of numbers 1-9 & co-relation with Objects, Zero lesson, Oral Counting 1-10 (Revision), Bird Feeder, Spindle box (Improvised), Smiley faces with Zero.

### NAMASKAR

What was initially considered to be a Hindu customary, non contact form of greeting and honoring the other person is now practised all over the world. This gesture is widely used as a greeting. We at Bal Bharati, make sure of giving respect to each other and for this there is no better way than greeting each other by saying



Namaskar... this we encourage our children to learn from an early stage.

For the video link, kindly refer to the previous modules.

### PRAYERS HAVE POWERS



A prayer brings a sense of spiritual or loving presence and alignment with God. Prayer is rooted in the belief that there is a power greater than oneself that can influence one's life.

So, let us all begin our day by taking the Almighty's blessings and make our children learn this good habit as well.

For the video link, kindly refer to the previous modules.

### MANTRA CHANTING

Chanting of Mantras has been prevalent in Indian culture and is an integral part of Bal Bharati's daily routine. It is believed that the positive effects of mantras on the brain are permanent.

GURAVER SARVA MANTRA-The mantra is in praise of Lord Shiva.

<u>Guravey sarva lokaanaam</u> <u>Bishajey bhava rohinaam</u> <u>Nidhaye sarva vidyanaam</u> <u>Shree dakshinaa moorthaye namaha</u>



<u>**MEANING-**</u> We bow to the universal Guru who is the teacher of the entire world & the healer of all diseases.

Facilitators are requested to chant this Mantra with the children during the virtual circle time.

### HAPPY US, HEALTHY US



We all know that there is a positive correlation between health & happiness. Greater the happiness better is the health. It is no surprise that children who are happy tend to laugh more and have a more positive outlook. Happiness often leads to enthusiasm & creativity. This, in turn, encourages free exploration & spontaneous play

which is our main motive at BAL BHARATI. So, let us all get fit and don't quit.

Facilitators are requested to carry out some warm up exercises during the virtual circle time.

"There can be no happiness without good health."

## FESTIVALS OF THE MONTH

### <mark>GANDHI JAYANTI</mark>

### "Live as if you were to die tomorrow. Learn as if you were to live Forever"- said Gandhiji

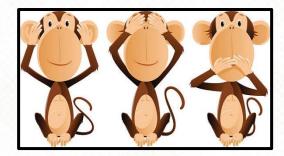
The birthday of Father of the Nation, Mahatma Gandhi is celebrated with much enthusiasm in our country every year on 2<sup>nd</sup> October. On this day, let us inform our children during the virtual circle time about BAPU, his simplicity, laathi, chashma, & his three wise monkeys who are symbol of Gandhiji's life, philosophy and values. They stand for...



#### LEARNING OUTCOMES-

The child will be able to-





- Recognise & identify Gandhiji as Father of the nation.
- Cognize that Gandhiji's birthday falls on 2<sup>nd</sup> October.

### Suggested activity-

### <u> Cleanliness Drive</u>-

This activity can be introduced in the virtual circle time. Cleanliness is an important part of our life and it is very important to teach kids about it at early age. Beside personal hygiene, we can teach them to keep their surroundings clean. Starting from their room, make sure they keep everything in place, books and toys arranged well. Encouraging them to make their bed neatly that should be the first thing that they must do in the morning, keeping their bathroom clean, teaching them how to eat neatly without spilling their food, keeping their surroundings clean and planting more and more plants to make our Mother Earth - Green and Clean.

#### LEARNING OUTCOMES-

The child will be able to-

- Become aware of the cleanliness and its importance in our life.
- Become sensitive towards the environment.





The facilitator may reinforce Gandhiji's teachings through this rhyme sung in the virtual class.

### Rhyme:

सीधा साधा वेश था जिनका, बापू उनका नाम । खादी की एक धोती पहने, न कोई अभिमान । सत्य और अहिंसा को अपनाएं, ये था उनका नारा, सबसे सुंदर सबसे प्यारा भारत देश हमारा



### **DUSSEHRA**



Dussehra or Vijayadashami is one of the most popular Indian festival. Dussehra signifies the victory of good over evil, truth over false and dharma over adharma. The Dussehra festival inspires us to follow the path of dharma (righteousness) and truth. It

reminds us that in the end truth always wins.

Dussehra embarks Lord Rama's victory over ten headed Ravana in a festival spread over ten days

### LEARNING OUTCOMES-

The child will be able to-

- Know about Ram & Sita.
- Know why Ravana was wrong.
- Instill the value of truth.



Discussion related to the festival would be taken up in the 'Virtual Circle Time' where the story behind the festival 'Dussehra' would be told and children would be encouraged to follow the maxim of doing good as good always gets victory over evil.

An extensive range of activities have been given and it is up to the facilitator to choose any one activity.

### Suggested activity: Role play of Dussehra





The facilitator can do the activity of **Role Play** in the virtual class to celebrate the festival of Vijayadashami popularly known as

Dussehra. It is the victory of good forces over the evil.

### LEARNING OUTCOMES-

The child will be able to-

- Inculcate the right values in life.
- Understand that doing wrong is never acceptable.



Children can be motivated to enact their favourite characters from the Ramayana & narrate.

### Suggestive activity: Stick puppet of Ravana

The facilitator may motivate the children to make a stick puppet of Ravana and use it to enact the story of Ramayana during the virtual class.

### LEARNING OUTCOMES-

The child will be able to-

- Develop eye-hand coordination and fine motor skills.
- Identify the character of Ravana and enhance his/her dramatic skill.

### <u>Material required:</u>

- Cut out of circle of diameter 5 cm.
- One Kulfi stick / one cardboard stick.
- Golden sheet- for Ravana mukut (crown).
- Mirrors/ studs.
- Black marker.
- Black Bindi.

### Steps to make the puppet:

- Take the circle & paste the stick at the back of the circle with tape.
- Paste the crown and decorate it with mirrors and studs.



• Draw eyebrows & moustache with black marker and paste black bindi for eyes.

### Suggested activity: Dussehra Clay Art

Dussehra is a festival of rejoicing the victory of truth and good over bad and evil. To help children enjoy the festivities, they can be involved in various hands -on experiences like making their own armoury to celebrate the festival of Dussehra. The facilitator can suggest play dough modelling during the virtual class. Clay /Play dough modelling is a fun art activity which enhances the child's creativity. It gives an opportunity to experience independent and cooperative play. From dramatic play to initiating and creating whatever a child's imagination can come up with, clay modelling is a fantastic outlet of emotions.

### LEARNING OUTCOMES-

The child will be able to-

- Develop his/her fine motor skills and eye-hand coordination.
- Enhance his/her creativity.
- Indulge in play-based learning.

### Material required:

Play dough of different colours.

### <u>Steps for the activity:</u>



• Put the clay/play dough into the hands of the child and see how it stimulates their imagination and creativity. Encourage the child to make the shape of the sword, shield, bow and arrows and the Gada (Mace) visualising them.





### DURGA PUJA

VAVAVAVAVA



The victory of good over evil is widely celebrated as Durga Puja. It is a ten day festival where the celebration fills the air with dance, songs, aarti & prasad.

The facilitators will narrate the story of goddess Durga during the virtual circle time.

### LEARNING OUTCOMES-

The child will be able to-

- Know how to celebrate Durga Puja.
- Associate with the celebrations.



### Suggested activity: Durga Paper Craft



### Material required:

- Any coloured A4 size sheet.
- A white square cut out of 7 cms.
- Golden coloured tape/ ribbon.
- An Orange coloured cut-out in the shape of an oval pointed at both sides.
- A small circle with diameter 2 cms.
- Two yellow-coloured cut-outs of drops.
- An orange-coloured cut-out of small diamond shape.
- A black marker & a small red bindi/stud.
- Fevicol/Fevistik.

#### Steps for the activity:

- Take any coloured A4 size sheet and paste the square on it.
- Now, paste the orange-coloured pointed oval cut out.
- In the centre of the oval, paste the yellow circle cut out.
- Draw a dark circle using a black marker & paste the red stud/bindi on it.
- After this, paste the two yellow coloured drop cut outs & repeat the same step of using black marker & pasting red bindi/stud.
- Lastly, paste the orange-coloured diamond shape cut-out.
- Make the border of the sheet using golden tape/ribbon.



The major focus of National Education Policy 2020 is to attain optimum outcomes in the domains of physical, cognitive, artistic, socio-emotional & ethical development & develop skills for these.

#### SOCIAL SKILL/VALUE/ BASIC COURTESIES & MANNERS

## HAPPINESS

We at Bal Bharati start with "Happiness" ... to usher learning for all academic / non- academic, cognitive / affective domains.

Happiness is the highest form of health.

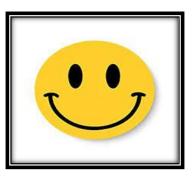


Whoever is happy, will make others happy. Happiness is a pleasant emotional state that is defined as feeling of contentment, joy, gratification and wellbeing. Happiness is not something readymade; rather it comes from our own actions. One of the happiest things that can happen to you in life is to have a happy childhood.

#### LEARNING OUTCOMES-

The child will be able to-

- Know how to remain happy.
- Develop socio-emotional learning.



#### HAPPINESS

I am happy, I can play, Happiness is here to stay. Spread your love, spread you joys, Share your food, share your toys!





happy

very happy

The Facilitator will share a few situations through a PPT where the children would categorize them as what makes them happy.

#### Playing with friends



#### Sharing with others



### Suggested activity:Sharing Happiness

### LEARNING OUTCOMES-

The child will be able to-

- Act out real life situations and experience them.
- Add fun element and stimulate himself/herself to explore life skills.

Happiness is immense when you spread it. Keeping this as core, children will be made to enact different situations as **Role Play** by the Facilitator during the virtual circle time.

- Mother has just returned from the market & she is feeling tired, so her son/daughter gave her a glass of water & even a peeled banana. Mother is so happy & she hugs the little one.
- Grandmother has pain in her legs. She can't even walk. Her grandson brings balm and applies on her legs and now both of them are very happy.
- It's a hot summer day. A delivery boy has come to a house to deliver a package. The little girl serves him a glass of water. It makes the delivery boy so happy.
- A girl is crying as she has lost her toy. Her friend comes and gives her own toy to the little girl & that makes her stop crying. Now they both are playing together with the toy.

For PPT link , kindly refer to the Bibliography.

The best way to make children good is to make them happy. A range of activities have been given and it is up to the facilitator to choose any activity.

### LANGUAGE AND COMMUNICATION

A teacher has a very important role in the child's learning language. It is one of the teachers greatest responsibilities to develop a positive attitude towards correct language learning.

The teacher acts as a facilitator and guides the children accordingly. So , let's all gear up and give our children the environment for learning.

NEWS OF THE DAY-



Everything is a wonder. Childen's enthusiastic curiosity doesn't need to diminish over time. When conditions allow children to satisfy curiosity through safe, self-initiated, and playful exploration, even learning occurs naturally.

#### LEARNING OUTCOMES-

The child will be able to-

- Develop listening skills.
- Express himself/herself freely.
- Use language in a creative manner.

The facilitators are required to help children express their views, opinions, their feelings, & whatever they want to express every WEDNESDAY and make it a participative communication with the co-facilitators also becoming a part of it. This will encourage the child to be more self-sufficient, and would also help build strong student-teacher-parent relationship.

# <u>THINGS WE SEE IN THE SKY</u>

## <u>(DAY & NIGHT SKY)</u>

Children are curious and good observers. They are fascinated by the things they see around them. They will be made aware of the things that we see in the sky during daytime and then what we observe at night.

#### LEARNING OUTCOMES-

The Child will be able to-



- Enhance his/her listening and speaking skills.
- Add new words to the vocabulary.
- Describe differences between day and night sky.

The facilitator may reinforce the topic through various related activities during the virtual classes.

For PPT link, kindly refer to the Bibliography.

<u> Suggested activity- Origami (Hot Air Balloon)</u>

### LEARNING OUTCOMES-

The child will be able to-

- Learn how to visualize various objects.
- Learn how to do sequencing.



The facilitator may suggest this activity to give children an enjoyable experience in making a hot air balloon. This activity will help the child in boosting their creativity.

#### Material Required:

- 5-6 coloured origami sheets.
- 2 small strings/thread.
- 1 small rectangle for making basket.

- Decorative material.
- Glue stick.

#### <u>Steps:</u>

- Cut 5-6 colour origami sheets in a balloon shape.
- Half fold all of them.
- Paste half side of all the balloon shaped sheets back-to-back.
- Make a cylindrical shaped basket with a rectangular piece of a thick sheet.
- Join 3-D Balloon and a cylindrical basket with 2 strings as given in the sample picture.
- Decorate the basket either with colourful small circles or stick-on studs.







Birds are beautiful flying creatures. Some birds are big, and some are small. Their wings help them to fly. Some birds can fly very high in the sky, but there are some who fly only a few distances in the sky. Birds have different kind of beaks depending upon their food habits.

#### LEARNING OUTCOMES-

The child will be able to-

- Name few birds.
- Discriminate between sounds of different birds.
- Enjoy enacting like birds.





Children are fascinated by the carefree flight and the sweet cooing sounds of the birds. They can be encouraged to enact like birds by spreading their arms and making different sounds of different birds.

For PPT link, kindly refer to the bibliography.



**BIRD FEEDER** 

A birdfeeder is used to supply food to birds (bird feeding). This is to be placed outdoors or outside of the house.

#### LEARNING OUTCOMES

The child will be able to-

- Understand his/her surroundings.
- Enhance eye -hand coordination.
- Develop bond with Nature.
- Develop love and care for birds.



The facilitator may encourage the children

to make a bird house using waste cardboard, thermocol and paint. Then children can decorate the simple bird-feeder with waste plastic bottle or juice box. One will be a perch and the other will be a seed dispenser.

#### Material Required:

- Handmade Sheet 1 each (Yellow, Blue, Red).
- Glue.
- Dry leaves.
- Googly Eyes.
- A juice box/ waste plastic bottle.



# VOCABULARY BAG

### (STRUCTURED CONVERSATION)

### Birds, Balloon, Butterfly, Up, High, Kite.

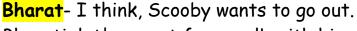
The facilitator can take up the structured conversation between Bharat and Bharati during the virtual circle time.

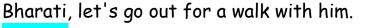
### LEARNING OUTCOMES

The child will be able to-

- Add new words to his/her vocabulary.
- Understand about day & night sky.
- Learn rhymes related to vocabulary words.

One day after getting up from the dinner table, Bharat and Bharati were sitting and reading a book in their room. Suddenly, Scooby (Pet of Bharat and Bharati) started barking.





Bharati - Bharat, we can't go out. Its night time.

Bharat - How do we know it is night time?

Bharati - It's very dark outside and things are not very

clear out there. In night time we can see Stars 🗡 and Moon 🌿 in the sky.

Bharat - Bharati, one day I saw an Owl 繩 and a Bat Arabiaso at night.

Bharati - It's time to sleep. Let's go to our bed now.

In the morning, one **Bird** *came* and sat on the window of their room and started singing in her melodious voice.

Bharat & Bharati woke up. Bharat wanted to catch that bird but she flew away. Bharat got upset.

Bharati- Hey Bharat, I have a bunch of Balloons <del>K</del> for you. Don't feel bad, I'll take you to the garden today.





Bharat got very excited to hear that. They both went to the garden with their pet Scooby. There they saw a seven coloured *Rainbow* 

high up in the sky and so many Butterflies

or

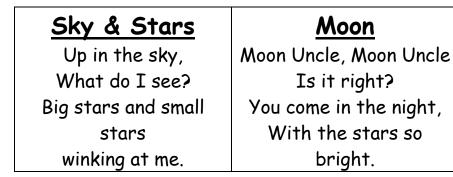
colourful flowers. They enjoyed Kite flying also. It was a wonderful day for both of them.

World is brighter with the happiness of children.

### VOCABULARY BAG-

### (RHYMES)

Sky, Stars, Moon, Aeroplane, Butterfly.





### <u>Aeroplane</u>

Aeroplane, Aeroplane Take me wherever you fly Over the hills and over the clouds, Let me see the rainbow and smile.



### **Butterfly**

I am a butterfly, I look so beautiful. When the Sun shines, My wings look colourful.



The National Education Policy 2020 has laid more stress on life skills, effective communication skills, and more hands-on learning activities.

### <u>LITERACY ENGLISH</u>

Letter recognition along with its sound play a significant role as it enables beginning readers to figure out how printed text is associated with the spoken language. This includes the ability to name each letter and match that letter with its sound, written form, both upper and lower case. Having a mastery of letter recognition can make learning letter sounds easier for young readers.

#### LETTER & SOUND RECOGNITION Ee-

The fifth letter of the English Alphabet can be introduced through

various sensory activities. These include a rhyme to introduce the sound of 'E' and some words beginning with the letter 'E' and a PowerPoint Presentation to enrich their vocabulary of the letter. These can be taken up during the online session. Tracing of the letter in flour and in the air is also recommended for better learning of the

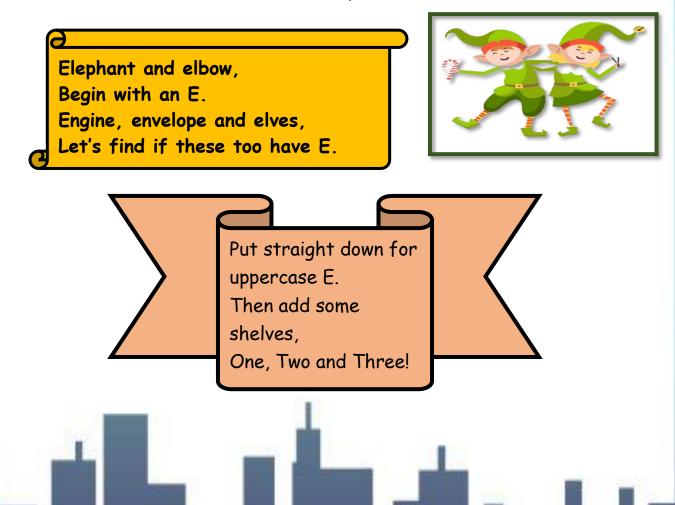


letter structure. They can also be encouraged to make the letter 'Ee' with play dough, and ice-cream spoons.

#### LEARNING OUTCOMES

The child will be able to-

- Recognise uppercase & lowercase letter Ee.
- Associate letter Ee with related pictures.
- Add words to his/her vocabulary.



Further, the facilitator can use flashcards, and real-life objects to reinforce the new vocabulary. To engage the students, a paper craft activity is suggested.

### Suggested activity:Paper Craft Elephant

#### LEARNING OUTCOMES

The child will be able to-

- Develop eye-hand coordination.
- Make an elephant by paper craft.
- Develop creativity and aesthetic skill.



#### Material Required:

- A cut out of uppercase alphabet E- grey color.
- A googly eye.
- A grey colored cut out of elephant's trunk.
- A grey colored cut out of elephant's ear.
- A small pink colored cut out for elephant's ear detailing.
- A grey colored cut out of elephant's tail.
- A black marker.
- Fevicol/fevistick.

#### <u>Steps:</u>

- Take a cut out of uppercase alphabet-E.
- Paste the cut out of the trunk on the first sleeping line at the top right-hand corner.
- Make the detailing with the marker on the cut out of the trunk.
- Now paste the cut out of the grey colored ear on the standing line.
- Paste the pink cut out in the middle of the grey colored ear cut-out.
- Lastly, paste the tail cut-out on the bottom of the standing line.

#### For PPT and Worksheet, kindly refer to the Bibliography.

### LETTER & SOUND RECOGNITION Vv

The letter can be introduced with the help of the given rhymes, followed by a PowerPoint presentation. This will help the students to

recognise the letter along with its sound and related vocabulary.

#### LEARNING OUTCOMES-

The child will be able to-

- Recognize the uppercase & lowercase letter Vv.
- Associate the letter with related pictures.
- Add new words to his/her vocabulary.

An extended learning activity in the form of an activity sheet based on the letter can be given to strengthen the concept.



#### **Rhymes**



<u>V is for Vegetables</u>
 In my garden I will grow,
 Vegetables from row to row.
 Carrots, brinjals, peppers too,
 Planting seeds until I'm through.

#### <u>V is for Violin</u>

Play, play, play a tune, On your violin. Very loud and very soft, Play it once again.



• <u>V is for Volcano</u> Big volcano, big volcano Getting hot, getting hot! Now the lava's coming, Now the lava's coming Out the top! Out the top!

For PPT link and worksheet, kindly refer to the Bibliography.

### SIGHT WORDS: HE, SHE, & WE

Sight words are high-frequency words that appear often in text but can't necessarily be figured out by phonetically sounding. Learning such sight words allows a child to recognize commonly used phonetically irregular words at a glance-on sight-without needing to go letter by letter. Memorizing sight words makes reading and writing more faster and easier. Moreover, it allows to read and understand almost immediately upon seeing them. By easily recognizing these sight words, young readers are more likely to approach a text with confidence which also enhances fluency and their ability to comprehend easily.

#### LEARNING OUTCOMES-

The child will be able to-

- Recognize commonly used words at glance.
- Frame small sentences using these words.
- Build confidence and self-expression for language learning.

#### SIGHT WORDS— "HE" AND "SHE"

The most used high frequency words that are used to denote and identify gender among people are used as" He & She.

Recognition of these sight words as - He and She aid to differentiate between male and female/girl or boy eg: -

"He is used for boys" and "She is used for girls". Using the above sight words as a whole allows the child to easily represent a particular image.



HE <u>He</u> is tall. <u>H</u>e is my friend. <u>He</u> likes to fly kites.



**SHE** <u>She i</u>s my mother. <u>She</u> has two balloons. <u>She</u> loves to dance.

#### <u>SIGHT WORD-"WE"</u>

Memorizing sight word such as 'We" allows the child to represent a group that comprises of more than one person. This also aids to construct a sentence when talking, reading or writing. "WE" can be referred when any action or talk involves more than one person.

The facilitator can encourage the children to associate the word "WE" in context of their family members.

Example- WE are three members in our family- Mom, Dad & Me.



we are flying kites.



we are best friends.



we love our teacher.

For PPT and worksheet, kindly refer to the bibliography.

A major principle of National Education Policy 2020 is promotion of Multilingualism and the Power of Language in learning and teaching. मूर्त और अमूर्त विचारों की अभिव्यक्ति का माध्यम है भाषा । भाषा के ज़रिये हम स्वयं से एवं दूसरों से बातचीत करते हैं । किसी भी भाषा में शब्दों का अत्यधिक महत्व होता है ।

### अक्षर ई की पहचान-

प्रारंभिक रूप मे ध्वनि को प्राथमिकता दी गई है। यह आसान है।इसको कान सुनते है, अतः सर्वप्रथम मौखिक ध्वनि विश्लेषण दी जाती है। मौखिक ध्वनि विश्लेषण के अन्तर्गत बच्चों का परिचय '**ई' स्वर** से करवाया जाएगा। स्वर 'ई' से सम्बन्धित शब्दों को सुनने व बोलने का प्रयास पी.पी.टी,पहेलियों एवं कविताओं द्वारा करवाया जाएगा ।



### <u> सीखने का प्रतिफल</u>

- नए- नए शब्दों को सुनने व उनके विषय में जानकारी प्राप्त करने से बच्चों की शब्दावली विकसित होगी।
- बच्चों की ज्ञानेन्द्रियों का विकास।
- वातावरण में 'ई' स्वर से आए शब्दों को पहचान कर मौखिक भाषा में उन शब्दों का प्रयोग कर सकेगा।

# ई

ईंट से घर है बनाते, उसमें बैठ हम ईख हैं खाते। ईश्वर का है ध्यान लगाते, इसलिए हम अच्छे बच्चे कहलाते।







# ई

ईद पर ईदगाह है जाते, ईश्वर के आगे मंदिर में झुक जाते। ईसामसीह से मिलते चर्च मे, पर सब हम फिर भी एक कहलाते।







### <u>मौखिक ध्वनि विश्लेषण</u>

बच्चों को मौखिक ध्वनि विश्लेषण द्वारा पहली ध्वनि सुनाने का प्रयास करवाया जाएगा कुछ ऐसे शब्द सुनाए जाएगें ,जिन शब्दों की पहली ध्वनि **'ई'** हो।

Т		





बच्चों को मौखिक ध्वनि विश्लेषण द्वारा अंतिम ध्वनि सुनाने का प्रयास कराया जाएगा।कुछ ऐसे शब्द सुनाए जाएगें ,जिन शब्दों की अंतिम ध्वनि **'ई**' हो।

नई, रूई, मलाई, सिलाई, बुनाई, कढ़ाई ।







मौखिक ध्वनि विश्लेषण का अभ्यास वर्चुअल कक्षा में अध्यापिका द्वारा करवाया जाएगा ।

For PPT and worksheet, kindly refer to the Bibliography.

# अक्षर ऐ की पहचान-

प्रारंभिक रूप मे ध्वनि को प्राथमिकता दी गई है। यह आसान है।इसको कान सुनते है ,अतः सर्वप्रथम मौखिक ध्वनि विश्लेषण दी जाती है। मौखिक ध्वनि विश्लेषण के अन्तर्गत बच्चों का परिचय **"ऐ" स्वर** से करवाया जाएगा। स्वर ' ऐ' से सम्बन्धित शब्दों को सुनने व बोलने का प्रयास पी.पी.टी,पहेलियों एवं कविताओं द्वारा करवाया जाएगा।

#### <u>सीखने का प्रतिफल</u>

- नए- नए शब्दों को सुनने व उनके विषय में जानकारी प्राप्त करने से बच्चों की शब्दावली विकसित होगी।
- बच्चों की ज्ञानेन्द्रियों का विकास।
- वातावरण में 'ऐ' स्वर से आए शब्दों को पहचान कर मौखिक भाषा में उन शब्दों का प्रयोग कर सकेगा।

### पहेलियाँ

### बूझो तो जानें

पढ़ने में लिखने में दोनों में आता काम कागज नहीं कलम नहीं बताओ कौन हूँ मैं **ऐनक** 



यह है सफेद हाथी इन्द्र का सच्चा साथी बताओ कौन हूँ मैं <mark>ऐरावत</mark>

### मौखिक ध्वनि विश्लेषण

बच्चों को मौखिक ध्वनि विश्लेषण द्वारा 'ऐ' ध्वनि सुनाने का प्रयास करवाया जाएगा । कुछ ऐसे शब्द सुनाए जाएगें ,जिन शब्दों में 'ऐ' की ध्वनि हो।

# पैर, थैला, बैंगन, मैला, कसैला









मौखिक ध्वनि विश्लेषण का अभ्यास वर्चुअल कक्षा में अध्यापिका द्वारा करवाया जाएगा ।

For PPT and worksheet, kindly refer to the Bibliography.





उड़ान

<mark>भारत</mark> और <mark>भारती</mark> बगीचे मे खेल रहे थे।

<mark>भारत-</mark> भारती देखो कितना घना और छायादार पेड़ है, चलो इस पेड़ के नीचे लगे बैंच पर बैठते हैं।

<mark>भारती-</mark> वह देखो भारत, चिड़िया का <mark>घोंसला</mark> ! तिनका- तिनका जोड़कर कितना सुन्दर घोंसला बनाया है ।

उस घोंसले में चिड़िया और उसका बच्चा भी है। चिडिय़ा अपनी चोंच से मक्की का दाना अपने छोटे बच्चे को खिला रही है और इस चिड़िया के पंख कितने रंगीन हैं।

<mark>भारत-</mark> भारती ,इन्हें दाना लेने के लिए बहुत ऊंची उड़ान भरनी पड़ती होगी।

<mark>भारती-</mark> नहीं भारत, बगीचे के पास ही चबूतरे मे लोग <mark>बाजरा</mark>,और मक्की का दाने डाल देते हैं और पक्षियों के लिए पानी भी रख देते हैं।

<mark>भारत-</mark> चलो, भारती घर चलें , मां इंतज़ार कर रही होगीं ।कल हम भी इन पक्षियों के लिए दाना -पानी लाएगे ।



An extensive range of activities have been given below and it is up to the facilitator to choose any number of activities.

### BLOCKS AND MATHS

### <u>SORTING ACTIVITY</u>

Sorting is a dynamic and foundational skill in early childhood. It teaches children pre mathematical skills to identify, classify and categorize objects or things according to their sizes, shapes and color.

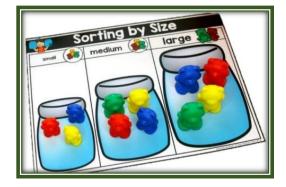


#### LEARNING OUTCOMES

The child will be able to-

- Develop his/her fine motor skills.
- Build his/her visual Discrimination and thinking skills.





### Suggested activity - Let's sort

### LEARNING OUTCOMES

The child will be able to-

- Identify and discriminate between the things we see in day and night sky.
- Develop eye-hand coordination.

The facilitator will encourage the children to do the sorting activity during virtual class to recapitulate the understanding of Day Sky and Night Sky.

<u>Material Required:</u> Cut outs of things we see in the day and night sky, tray/bowl, two A4 size sheets (Blue and Black).

#### <u>Steps:</u>

- Keep all the cut outs in a tray/bowl.
- Ask the child to sort the things we see in the day and night sky and place it accordingly on the respective coloured A4 sheet.

# PAIRING ACTIVITY

Pairing activity and games teaches children to notice similarities thereby enabling them to learn to categorize and develop early literacy and numeracy.

## LEARNING OUTCOMES

The child will be able to-

- Develop his/her observational skills.
- Enhance cognitive skills.

## Suggested activity- Let's pair together

It is suggested that the facilitator may take the activity in the virtual class as a game with the objects available in the immediate environment to clear the concept.

The class will be divided into two groups. One group of children will have things like bottle, flower, pencil, toothbrush etc. and the other group of children will have the pair of those things like glass, flowerpot, eraser, toothpaste etc. The facilitator will call one child from group 1 and ask to show his/her object (for e.g., pencil).





Then the facilitator will call the other child from group 2 who has the pair of that object and ask the child to show it in the class (for e.g. eraser). This way the activity will be repeated until all the objects are covered.





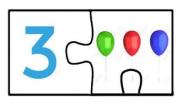
Puzzles will help the children to develop basic skills such as shape recognition, concentration, patience and a sense of achievement. It will also help the children to gain confidence and relate to it.

## LEARNING OUTCOMES

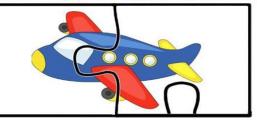
The child will be able to-

- Develop eye-hand coordination.
- Enhance his/her fine motor skills.
- Learn to critically think and solve problems.

The facilitator will suggest the child to explore with 2-4-piece puzzles related to the theme of the month/ numbers/ letters of the alphabet etc.







<u>ODD ONE OUT</u>

A fun activity to understand the concept of Odd one Out can be organised by the facilitator during the virtual circle time.

### LEARNING OUTCOMES

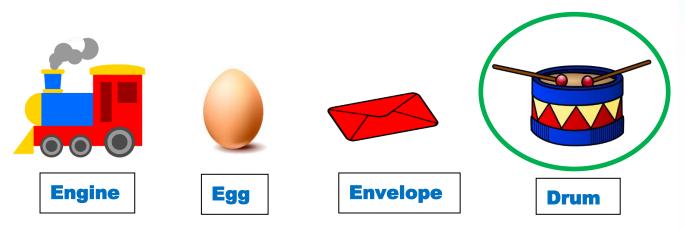
The child will be able to-

- Develop his/her logical thinking.
- Find out the object that does not belong to the group.

Children will be shown few objects, they will be encouraged to find out the object which is different from the rest of the objects in a group.

## Suggested activity-Ring the odd one

In a group of objects lying below child needs to identify which object does not begin with the letter "Ee" and put a ring on it with the understanding that the object is odd one out.



For Worksheet link, kindly refer to the bibliography.

# FAR & NEAR

Children need small steps to climb the ladder of academics. The pre number concepts are also very important for children to comprehend various concepts.

### LEARNING OUTCOMES

The child will be able to-

- Analyse and understand the concept of far and near.
- Classify things according to the distance.



When we talk about concept of far and near, we mean that when the distance between two persons or objects is more, we use far and when the distance between two persons or objects is less then we use near. The facilitator can impart this knowledge during virtual circle time.

## For Worksheet, kindly refer to the Bibliography.

# <u>SHAPE-RECTANGLE</u>

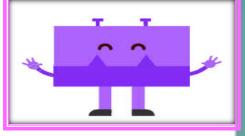
Shapes are all around us. Rectangle is a shape which has four sides and four corners with the opposite sides equal. We can see many things

which look like rectangles around us like pillows, books, door, table top, mobiles, currency notes etc.

### LEARNING OUTCOMES

The child will be able to-

- Identify and name a new shape Rectangle.
- Identify objects of Rectangle shape.



## RECTANGLE

Rocky Rectangle is my name, My four sides are not the same, Two are short and two are long, Count my sides, come right along! 1, 2, 3, 4.

The facilitator may ask the children to identify objects in their immediate environment during the virtual circle time.

# <mark>Suggested activity-Gippy Giraffe Paper</mark> <mark>Craft</mark>

## LEARNING OUTCOMES

The child will be able to-

- Develop his/her eye-hand coordination.
- Enhance his/her fine motor skills.

The facilitator will encourage the children to make a Giraffe with rectangular pieces of yellow paper as shown in the picture.

The child can paste small brown rectangles on it and use a marker to draw the eyes and the mouth.

For Worksheet, kindly refer to the Bibliography.

RECOGNITION OF NUMBER 9

We all should stay fit and fine And sing a new rhyme When I draw a line You make a loop. Is it fine?

This is how together "WE" form number "NINE".



### LEARNING OUTCOMES

The child will be able to-

- Recognize the symbol.
- Count the numbers till 9.
- Co-relate numbers with the quantity.



The Facilitator will introduce the number 9 as the last biggest single number. This will be done in a fun way during the virtual class by reciting a rhyme along which she will show 9 fingers and flash card of number 9. Facilitator will also show a cut out of the number along with concrete objects to relate the quantity with the symbol. For eg- ice-cream sticks, Spoons, balloons, etc.

## CO-RELATION OF QUANTITY WITH OBJECTS



For better understanding, it is suggested to allow the child to touch and show real objects and count numbers till 9. This will enable him/her to learn a new number with co-relation of quantity.

This will also enhance their ability to count numbers in sequence.



## Suggested activity-Pom Pom Craft

#### LEARNING OUTCOMES

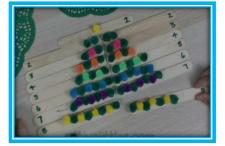
The child will be able to-

- Recognize numbers till 9.
- Develop fine muscular co-ordination.
- Enhance eye and hand co-ordination
- Co-relate numbers with quantity.

#### Material required:

- 9 ice-cream sticks (with numbers written on one side from 1-9).
- Slips of number 1-9.
- Bowl of pom-poms.
- Double tape (to be pasted on ice cream sticks).
- Glue.
- Pom-poms.





Facilitator will provide the child with a bowl of colourful pom-poms and few ice-cream sticks (with some numbers written on one side from 1-9). Then a bowl of slips/chits with numbers 1-9 shall be given to the child. Now, children will be motivated to take one slip/paper chit from the bowl, recognize the number and search the ice-cream stick that has the same number written on it. Thereafter children will count and paste number of pompoms as quantity on that ice -cream stick accordingly.

(a line of double tape can be pasted prior on the stick, to ease the effort of the child to paste glue)

For PPT link kindly refer to the Bibliography.

## **RECOGNITION & CORELATION OF NUMBERS 1-9**

The number recognition and related skills have a vital role to play in the childhood years. The number recognition skills build upon the initially developing number sense in a child. It allows the child to create a relationship with numbers.

#### LEARNING OUTCOMES

The child will be able to-

- Recognize numbers 1-9.
- Co-relate numbers with the guantity.
- Count at least 9 objects.

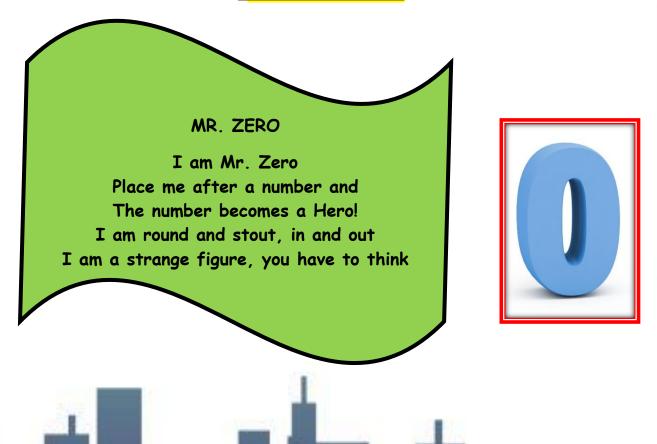
#### Connecting numerals to quantities



When a child sees a numeral, states its name and can find an according number of objects, the child has connected a numeral to its quantity. A range of opportunities to develop number skills can be provided by the facilitator.

For PPT & Worksheet link, kindly refer to the Bibliography.

ZERO LESSON



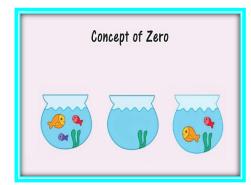
Zero is a number which quantifies a count or an amount of null size.

It is a numerical digit used to represent in numerals. It is the first whole number in our number system. Children can be given first hand experiences of counting objects and introduce Zero simultaneously focussing on having 'nothing' to count means zero.

### LEARNING OUTCOMES

The child will be able to -

- Define and identify uses for 0.
- Identify the symbol for zero.
- Represent zero as none and zero means nothing.



• Associate the corresponding quantities with the numerals.



The facilitator will facilitate the children with a structured conversation between Bharat & Bharati to reinforce the concept of Zero.

It was Bharati's birthday. Bharat bought Number Blocks for Bharati. He was very happy to gift it to her.

Bharat: Happy Birthday dear Bharati. See I have a very interesting gift for you.

Bharati: Awww...Thankyou Bharat for the gift.

Bharat: I hope you like it.

Bharati opened the gift and found it very interesting. But she was little confused. She went to Bharat and asked...

Bharati: Bharat I really liked the gift. I can recognise all the numbers from 1-9 but I don't know this number... (by showing the block of zero)

What is this?

Bharat: Oh dear! Bharati let me tell you about this number. This is zero.

Let's go to the park and have fun with this number. Reaching there, Bharat recited a rhyme to explain her about this new number.

### RHYME-

Five little apples hanging on the tree. One little parrot was very hungry He ate an apple and flew happily Four little apples hanging on the tree. One little pigeon was very hungry He ate an apple and flew happily Three little apples hanging on the tree. One little crow was very hungry He ate an apple and flew happily Two little apples hanging on the tree. One little owl was very hungry He ate an apple and flew happily One little apple hanging on the tree. One little sparrow was very hungry She ate an apple and flew happily.

Now, no more apples hanging on the tree

One hungry Eagle became very angry ....

Bharat: Have you seen Bharati, when all the apples were eaten by the birds, the tree was left with no apples. This means zero....i.e when there is nothing we call it zero.

Bharati: Yes Bharat! now I understand, what does Zero mean. It means when we do not have anything it is *zero*.

For PPT link & worksheet, kindly refer to the Bibliography.

# ORAL COUNTING 1-10 (RECAPITULATION)

Numeracy is the ability to recognise and apply maths concepts in all areas of life. Everyday activities like counting, looking at shapes and talking about sizes can help children develop early numeracy and maths skills.

### LEARNING OUTCOMES

The child will be able to -

- Count and speak numbers in seriation.
- Build memory and articulation.
- Relate the numbers with quantity (1 to 10).

The facilitator can help the children recite the rhyme-'1,2...buckle my shoe' as recapitulation activity.

# SPINDLE BOX (IMPROVISED)

The spindle box designed in the Montessori apparatus develops early counting skills and provides practice in associating quantity and symbol for the numbers 0-9.

## LEARNING OUTCOMES

The child will be able to -

- Understand that the symbols represent a certain quantity of separate objects.
- Understand the concept of zero and its symbol.
- See the numerals 0 to 9 in sequence.
- Associate the corresponding quantities with the numerals.





The facilitator may suggest an improvised Spindle box which can be prepared with the material from the immediate environment. For example: 10 Glasses, 45 Straws.





For video link, kindly refer to the Bibliography.

As per NEP 2020, activity-based learning ensures that the learner is actively engaged in learning with concepts and instructional materials.

Start your day with Happiness & Gratitude.

A range of activities have been given and it is up to the facilitator to choose any activity.

# WRITING READINESS ACTIVITIES

Colouring is important in childhood education for a lot of reasons. Pre-schoolers, are just beginning to develop hand strength. Hand strength is important for all hand related fine muscle skills, especially handwriting. Writing takes strength and dexterity and colouring helps exercise these



muscles. Hand strength will also support your child's proper pencil grip.

### LEARNING OUTCOMES

The child will be able to-

- Develop Hand Strength.
- Practice for Pencil Grip.
- Stimulate Creativity.
- Encourage Self Expression.
- Improve fine motor coordination.



A crayon is likely to be one of the first writing instruments child will hold. By practicing with crayons, fine tuning is done for their proper pencil grip. Most improper hand grips are caused when a child develops poor grip habits before their hands are strong enough to support the proper grip. Pencil grip is a part of hand strength and part practice. Colouring allows for both.

For the worksheet, kindly refer to the Bibliography.

# DRESSING UP USING PRESS STUDS & ZIPS-

The exercises of practical life activities like dressing up using zips, buttons, press studs etc. encourages the beginners to practice dressing skills and develop finger dexterity. Developing self-help skills not only make the children independent but also provide them 'a sense of achievement' which in turn boosts their confidence. It helps them to learn how to engage in life's most basic activities in a purposeful way.

### LEARNING OUTCOMES-

The child will be able to-

- Develop his/her fine motor skills and eye hand coordination.
- Develop sense of pride & independence by completing a task which would boost his/her confidence.
- Prepare himself/herself for pincer grip activities like colouring and writing.
- Practice the skill of dressing.

## Suggested activity: Zipping

#### Material Required:

Jacket/trouser/pencil pouch/ school bag with broad zips.



Children can be given the hands-on activity to practice the zipping by providing any shirt/jacket/shorts with a broad zip and encourage them to follow the steps to zip up and down in a given manner. The activity can also be practiced with the objects available in the immediate environment like pencil pouches/school bag/wallets etc.

## Suggested activity: Press studs

#### <u>Material Required:</u>

Jacket or shirt/ folder/ any wallet/specs



case with big press studs.

Children can be given practice for opening and closing the press studs on any shirt/jacket etc. by following the steps.

The activity can be repeated with the other



objects like folders/wallets/specs case to gain proficiency and confidence.

### For the video link, kindly refer to the Bibliography.



# <u>GROSS MOTOR SKILLS</u>

### HOPSCOTCH ON NUMBERS

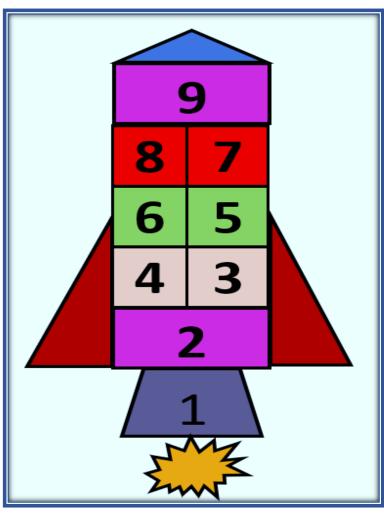
When children combine gross motor activity with learning, the benefits are amazing. Gross motor activity engages the whole body, as they are developing skills such as balance and hand-eye coordination to hop, run, skip, throw, or kick. Young children especially need lots of opportunities to move and strengthen gross motor skills. It also helps in getting some of that endless energy out.

### LEARNING OUTCOMES

The child will be able to-

- Become familiar with the numbers and will learn them in play way method.
- Develop skills and ability to do more complex activities in simple form with fun.

We suggest some activities for kids to make learning more enjoyable. Children can be encouraged to jump or hop on the numbers.



A range of activities have been given and it is up to the facilitator to choose any one activity.

# CREATIVE EXPRESSION

### WEAVING ACTIVITY

**Paper Weaving** is a Fun - No - Mess Craft for children. Weaving teaches children many developmental skills while offering a creative and challenging learning experience. The results of paper weaving are so pretty to look at and lots of fun can be had trying to come up with some weaving patterns to create new and interesting designs.

Paper weaving is a craft in which thin strips or sheets of paper are woven together to create textured, durable and colourful new creations.

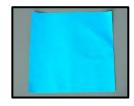
#### LEARNING OUTCOMES

The child will be able to-

- Develop dexterity and co- ordination and enhance his/her fine motor skill.
- Understand and apply various weaving patterns.

#### Material Required:

- Two pieces of paper in contrasting colours and one black paper for the frame.
- A Pair of Scissors.
- Ruler and Pencil.
- Fevistick.



## Steps for making Paper Weaving Craft:

• Create a square from the paper.

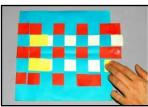
- Fold the paper into half. Cut evenly spaced slits (about one inch wide) starting from the folded edge and stopping about one inch from the opposite edge.
- Unfold the paper.
- Cut colour paper strips (One inch wide and ten inches long). The strips must be longer than the length of your square side.
- Take one paper strip and weave it across these slits, going over and under this slit.
- Weave the rest of the strips in alternate pattern.
- When you have finished weaving, fold the ends of the strips to the back and glue them down with the fevistick.
- Place your paper weave at the centre of the black frame. Your Paper Weave is ready. Decorate the frame if you like.



## PAPER PLATE CRAFT

A day and night craft made with paper plates is an interactive craft for Pre-schoolers as they get an opportunity to foster creativity in the theme.













The concept of the objects seen during daytime and night time will be reinforced through the paper plate craft activity.

### LEARNING OUTCOMES

The child will be able to-

- Improve eye -hand coordination.
- Enhance his/her creativity
- Distinguish and discriminate between night and daytime.

#### Material required:

- Two paper plates.
- Water colours -black, light blue and silver glitter.
- Paintbrush, scissors, pencil and glue.
- Cut outs of sun ⊕ moon → and clouds △

#### Steps:

- Start by tracing a line in the middle of a paper plate. Paint half of the paper plate black.
- Add silver glitter on half of the paper plate. Cover that other half with light blue paint.
- Set the night sky paper plate aside to dry completely. Glue the Sun and white cloud onto the blue half and the Moon sleeping on the cloud onto the back half. The Sun and Moon need to face each other.
- Trace a line in the middle of the second paper plate. Use the scissors to cut out a window in one half of the paper plate above the middle one.
- Place the second paper plate on top of the painted paper plate and use a pencil to mark through the hole of the middle of the painted paper plate. Also make a hole in the middle of the second paper plate along the middle line.





• Connect the two paper plates together with a paper fastener.





• Day and Night Sky Paper Plate Craft is ready.





# MILESTONES ACHIEVED

The activity that I enjoyed doing the most SOCIAL MILESTONES	
<ul> <li>I have understood how to remain happy.</li> <li>I can identify between of Day/Night sky.</li> <li>I can name the things we see in the sky.</li> <li>I can discriminate between sounds of birds.</li> </ul>	Yes/No Yes/No Yes/No Yes/No
LANGUAGE MILESTONES	
<ul> <li>I can use vocabulary words in small sentences.</li> <li>I am aware of the sight words He, She, We.</li> </ul>	Yes/No Yes/No
LITERACY MILESTONES	
<ul> <li>I can recognise letters Ee, Vv.</li> </ul>	Yes/No
COGNITION AND UNDERSTANDING RELATED MIL	ESTONES
<ul> <li>I can recognise and correlate numbers from 1to 9.</li> <li>I can do oral counting 1to 10.</li> <li>I can make smiley faces with zero.</li> <li>I can recognise rectangle shape.</li> <li>I know the concept of zero.</li> <li>I have understood the concept of far and near.</li> </ul>	Yes/No Yes/No Yes/No Yes/No Yes/No Yes/No
LEARNING MY MOTHER TONGUE	
<ul> <li>मैं अक्षर ई और ऐ की पहचान कर सकता हूं/ कर सकती हूं।</li> <li>मैं अक्षर ई और ऐ से संबंधित शब्दों को जानता/ जानती हूं।</li> </ul>	हाँ/नहीं हाँ/नहीं
MOTOR SKILLS RELATED MILESTONES	
<ul> <li>I can colour in an enclosed figure.</li> <li>I know how to dress up myself.</li> <li>I can do weaving activity.</li> </ul>	Yes/No Yes/No





## Preschool (Session 2021-2022) FACILITATION MODULE (Guidelines to Nurture Early Learning) 1<sup>st</sup> October 2021 to 31<sup>st</sup> October 2021 THEME OF THE MONTH- THINGS WE SEE IN THE SKY

### BIBLIOGRAPHY

#### Weekly Connect

1<sup>ST</sup> October to 10<sup>th</sup> October 11<sup>th</sup> October to 24<sup>th</sup> October 25<sup>th</sup> October to 31<sup>st</sup> October

#### **Facilitation Module**

**PS Ancillary Sheet** 

Worksheets

- अक्षर ई
- अक्षर ऐ
- Letter Ee
- Letter Vv
- Sight words
- Odd one out
- Pre no. concept- Far/Near
- Shape-Rectangle
- Co-relation of numbers 1-9
- Colouring in an enclosed figure
- Smiley face with Zero

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#### PPT/Video/Audio

- Happiness
- Things in the sky
- Sounds of birds
- अक्षर ई
- अक्षर ऐ
- Letter Ee
- Letter Vv
- Sight words
- Dressing up-Video
- Recognition of Number 9
- Recognition & Co-relation of Numbers 1-9 :Click here to view
- Zero Lesson
- Spindle Box (Improvised)-Video
- Paper Weaving-Video

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